

CENTRAL NOVA AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS
For August 30th Area (2026)

	Attendance: Home Groups – GSRs, Alternates, & Representatives			
	Group	Representative	Present?	Vote?
1	90 in 90	No Rep	No	No
2	Amherst Hope	Jeremy M	No	No
3	Beacon of Hope	Clay N	Yes	Yes
4	Breaking Free	Danny	Yes	Yes
5	Candlelight	Angie S	Yes	Yes
6	Clean and Strait	Phillip B	No	No
7	Foundation		No	No
8	Gateway to Freedom		No	No
9	Guiding Principles		No	No
10	Her Reclaim to Freedom		No	No
11	Hope for Today	Tracy	Yes	Yes
12	I Can't We Can	Bill H	Yes	Yes
13	Just for Today		No	No
14	Last Chance	Morgan	Yes	Yes
15	Liberation	Thi	Yes	Yes
16	Love Life	John A	Yes	Yes
17	NA Lengths	Lindsay M	No	No
18	Nature of Recovery	Darrell P	No	No
19	New Vision	Em D	Yes (V)	Yes
20	Nothing to Fear	Vadim	No	No
21	Orchard Valley	Joel Y	Yes	Yes
22	Phoenix Group (Kingston)	Willy W	Yes	Yes
23	Phoenix Group (Sydney)	Amy G	No	No
24	Pride in Our Recovery	Patty W Rep	No	No
25	Progress Not Perfection	Jeff S	Yes	Yes
26	Recovery Crew		No	No
27	Serenity Seekers	Deven	Yes	Yes
28	Sharing the Message	Maryann K	Yes	Yes
29	Shelter from the Storm	Em R	Yes	Yes
30	Starting Point	Sherry G	Yes	Yes
31	Strength in Numbers	Darrell A	No	No
32	Survivors	Tyler F	Yes	Yes
33	Taking Care of Business	JB	No	No
34	Talking Circle		No	No
35	We Do Recover	Ray K	Yes	Yes
36	You Have a Choice Today	Chrissy	No	No
37	You're Not Alone	Ernie C	No	No

Area Service Committee Executive		
Chair	Jennifer M	Present
Vice Chair	Vacant	Vacant
Secretary	Vacant -JuleeAnn Acting	Present
Alternate Secretary	Vacant	Vacant
Treasurer	Vacant	Vacant
Alternate Treasurer	Kathleen M	Present (V)
RCM	Paula R	Present
Alternate RCM	Vacant	Vacant

Area Subcommittees		
Activities Committee Chair	Dolores F	Absent
Archives Committee Chair	Dave B	Present
Literature Committee Chair	Vacant	Absent
PR Committee Chair	Aubrey L	Present

CNA website: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened at 1:10pm with the readings: 12 Traditions, 12 Concepts, A Vision for NA Service, and Service Prayer. Minutes Accepted (add in “no new business”)

Attendance was taken with 18 groups present today out of 18 voting groups = quorum. 6 executive members are present. Every group present has a vote today which means we can make decisions today.

“(V)” = attended virtually

Any Observers: Ryan M (joined), and Jeff S (observing)

New Groups to be seated: Changes (Dawn B & Kristin D)

GROUP REPORTS:

90 & 90

GSR: Alt. GSR:

Amherst Hope

GSR: Jeremy

Beacon of Hope

GSR: Joanne N Alt. GSR:

Breaking Free

GSR: Danny Alt. GSR:

Candlelight (Membertou)

GSR: Angie S

We had our last business meeting on August 11, 2026. 3 in attendance. We elected Angie S as our new GSR. We now have a second meeting on Thursdays at 7:30pm – 8:30pm. Same group, same format, and same time. This meeting was to replace Hope not Dope on Monday night when it closed but we could not get a Monday night. We have 10 – 15 average attendance on Tuesday night. Thursday night attendance is 5 – 10. Average to soon to say where we just started. We have 3 keys for the 2 meetings to make sure the doors are always looking. I am looking forward to serving my as GSR and very excited to be here. Yours in Service, Angie

Clean and Strait

GSR: Philip B Alt GSR: Thomas W

Foundation:

GSR: Alt GSR:

Gateway to Freedom

GSR: Alt GSR:

Guiding Principles

GSR: Alt GSR:

Beginning Balance: \$ 0 7 th Tradition: \$ 134.85 Literature Sold: \$ Other: \$ Total Income: \$ 134.85 Rent: \$ 50 Literature Order: \$ 15 Other: \$ GSR Fund: \$ ASC Contribution: \$ 69.85 Total Expenses: \$ Prudent Reserve: \$ 100 Total GSR Fund: \$ Ending Balance: \$ Home Group Members: 3 Members at Business Meeting: 4 Average Attendance: 8-9

Her Reclaim to Freedom

GSR: Alt GSR:

Hope for Today

GSR: Tracy W

Group members: 1 at Business mtg: 0 Avg attendance: 2.5 # of newcomers: 1
Beginning Bal: \$544.70 7th Trad: \$ 25 Lit sold: \$ 0 Other: \$ 0 Total Income: \$25 Rent: \$ Lit order: \$ Other: \$ Regional Assembly Fund: \$ ASC Contribution: \$ 200 Total Expenses: \$0 Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$369.70
Group concerns: It appears the “Hope For Today” group has reached the end of it’s life cycle. After attending an event yesterday, ironically named Unity Day it is clear that the members who helped form the group have no concern for keeping it open. NA will however continue in the same location at the same time for now. After discussions with elder members and my sponsor the direction I received was to keep it open until the last addict finds recovery. Thankfully, some members have been making the long journey from the city to Windsor, I am grateful for their dedication. We have 1 new attendee due for a 60 day keychain. I will ask our secretary to change the name to “Windsor NA” for the purpose of clarity. This decision comes from a conversation with a newcomer who was unsure if we were similar to Open Arms. Today the group will be contributing \$200 to area. This is the first contribution since March. The remaining cash on hand is \$369.70. We do not pay rent to the hospital we meet in. To meet our 7th tradition principle, I will be donating \$100 to one of the auxiliary funds at Hants Community Hospital in lieu of rent. The balance will be used to replenish the pamphlets that were left at Crosbie House and potentially to move to a new location? Members have cited the hospital as their reason to not attend, and the Thursday timeslot is flanked by two AA meetings. The meeting remains.

Tracy W. GSR, secretary, treasurer.

Group info: Meetings of Windsor NA group are held at 7:00 pm every Thursday in room 2A at Hants Community Hospital, 89 Payzant Dr., Windsor

I Can’t We Can

GSR: Bill H ALT GSR:

All is pretty good. Attendance has been down. But an average of 10 – 12 members attendance. We are in need of home group members. I Can’t We Can does not have a GSR

Just for Today

GSR: Kristen C Alt. GSR

Last Chance

GSR: Morgan K Alt GSR:

Beginning Balance: \$45.87 7 th Tradition: \$33.15 Literature Sold: \$25.00 Other: \$0
Total Income: \$ Rent: \$0 Literature Order: \$36.00 Other: \$0 GSR Fund: \$0 ASC Contribution: \$ Total Expenses: \$0 Prudent Reserve: \$75.00 Total GSR Fund: \$0 Ending Balance: \$143.02
Home Group Members: 7 Members at Business Meeting: 0 Average Attendance: 12

Liberation

GSR: Thi N Alt GSR:

Living Clean

GSR: Alt GSR:

Love Life

GSR: John A Alt. GSR: Brie Y

NA Lengths

GSR: Natasha Alt GSR: Lindsay

Group members: 9 at Business mtg: 9 - Chat Avg attendance: 12 # of newcomers: 2

Beginning Bal: \$12.31 7th Trad: \$250 Lit sold: \$0 Other: \$ Total Income: \$250

Rent: \$50 food contribution Lit order: \$18 Other: \$ Regional Assembly Fund: \$0

ASC Contribution: \$150 Total Expenses: \$ Prudent Reserve: \$100 Total Regional Assembly Fund/event fund: \$240 End Balance: \$44.31

Nature of Recovery

GSR: Darrell P Alt GSR:

New Vision

GSR: Em D Alt GSR:

Group members: 11 at Business mtg: 8 Avg attendance: 13 # of newcomers: 2

Beginning Bal: \$0.00 7th Trad: \$304.77 Lit sold: \$64.00 Total Income: \$368.77 Rent: \$150.00 Lit order: \$40.50. Other: \$78.20 (2 months bank fees, coffee, cream, etc) Regional Assembly Fund: \$0 ASC

Contribution: \$34.00 Total Expenses: \$267.70 Prudent Reserve: \$225 Total Regional Assembly Fund: \$0 End Balance: \$0

Announcements: Our Thursday night meeting could use some support. We are getting anywhere between 4 members, to 10 members but often we have only a few. Its Thursdays at 7:00pm in Truro, down the basement. This is NOT wheelchair accessible

Nothing to Fear

GSR: Ashley Alt. GSR: Kary H

Group members: 2 at Business mtg: 2 Avg attendance: 15 # of newcomers: 4

Beginning Bal: \$54.25 7th Trad: \$370.90 Lit sold: \$0 Other: \$66.55 Total Income: \$425.15

Rent: \$150.00 Lit order: \$9.50 Other: Regional Assembly Fund: \$65.00 ASC Contribution: \$99.10

Total Expenses: \$326.05 Prudent Reserve: \$100.00 Total Regional Assembly Fund: \$65.00

End Balance: \$0

Orchard Valley

GSR: Joel Y Alt GSR: Wayne P

Group members: 21 at Business mtg: 9 Avg attendance: 21 # of newcomers: 6

Beginning Bal: \$ 7th Trad: \$ Lit sold: \$ Other: \$ Total Income: \$

Rent: \$ Lit order: \$ Other: \$ Regional Assembly Fund: \$

ASC Contribution: \$ Total Expenses: \$

Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$

Group info: We voted in Wayne P as the Alternate GSR at last business meeting.

We are doing well financially. We have rent covered for the next 12 months. Our financials will be updated at a future date between the July and August events we have not had a chance to update the books.

Yesterday we held Unity Day for the Valley (August 29th). Also, the 2 year celebration of Orchard Valley. We had roughly 50 attendees for the day and the meeting at night had 32 attendees.

We are looking at adding another meeting on Wednesdays at 8pm. Average attendance is based on all meetings in the summer there were 3 separate birthdays which pumped up the average attendance. But, on an average, it is 10 – 15 for regular meeting

Phoenix Group (Sydney)

GSR: Amy G Alt GSR:

Phoenix Group (Valley)

GSR: Alt GSR: Willy W

Beginning Balance:\$370 7 th Tradition: \$ 70 Literature Sold: \$ Other: \$ Total Income: \$70

Rent: \$ 500 Literature Order: \$ Other: \$ GSR Fund: \$ ASC Contribution: \$ Total Expenses: \$

Prudent Reserve: \$ 500 Total GSR Fund: \$ Ending Balance: \$ 370

Home Group Members: 4 Members at Business Meeting: 3 Average Attendance: 2-7

Group Concerns: Attendance has been very low.

Other Group Information: We are considering shutting down at the end of September. We don't seem to be attracting attendance required to be fiscally viable

Announcements: Peter G will celebrate 29 years on the 24th of September.

Pride In Our Recovery

GSR: Alt GSR:

Progress Not Perfection

GSR: Alt GSR: Jeff S

Group members: 7 at Business mtg: 4 Avg attendance: 7 # of newcomers: 4

Beginning Bal: \$0 7th Trad: \$156.35 Lit sold: \$44.00 Other: \$0 Total Income: \$200.35 Rent: \$130 Lit order:

\$0 Other: \$30.35 Regional Assembly Fund: \$0 ASC Contribution: \$40.00 Total Expenses: \$200.35

Prudent Reserve: \$390 Total Regional Assembly Fund: \$300 End Balance: \$0

Serenity Seekers

GSR: Joe B Alt GSR: Deven D

Group members: 7 at Business mtg: 5 Avg attendance: 20 # of newcomers:

Beginning Bal: \$100.00 7 th Trad: \$ 202.85 Lit sold: \$62.00 Other: \$0 Total Income: \$264.85 Rent: \$100.00

(2 mos) Lit order: \$84.00 Other: \$3.90 (BSC) Regional Assembly Fund: \$0.00 ASC Contribution: \$76.95

Total Expenses: \$264.85 Prudent Reserve: \$100.00 Total Regional Assembly Fund: \$0 End Balance: \$100.00

Group info: Joe B GSR and Deven D Alt GSR

Sharing the Message

GSR: Vacant Alt GSR: Vacant

Secretary: Active group members: 7 at Business mtg: 3 Avg attendance: 10 Newcomers: 2

Beginning Bal: \$0.00 7 th Trad: \$275.10 Lit Sold: \$0.00 Other: \$0.00 Total Income: \$275.10

Rent: \$67.00 Literature Order: \$25.00 Other: \$0.00 Regional Assy Fund: \$0.00 ASC Contribution: \$183.10

Total Expenses: \$275.10 Prudent Reserve (Rent fund): \$33.00 Total Regional Assembly Fund: \$0.00 End Balance: \$0.00

Group concerns: CNA needs members to fill positions.

Announcements: Pay Y. had 24 years on Thursday, 27 Aug. Patty C. celebrates 37 years on her clean date of 21 Sep. Jennifer M. celebrates 29 years on 28 Sep.

Shelter from the Storm

GSR: Emily R Alt GSR: Mariam C

Group members: 19 # at Business mtg: 7

Avg attendance: ~14 # of newcomers: 3 Beginning Bal: \$ 130.96 7th Trad: \$148.85

Lit sold: \$65.00 Total Income: \$213.85 Opening Prudent Reserve: \$100.00

Literature Order: \$14.00 Other: \$7.00 Regional Assembly Fund: \$0 ASC Contribution: \$0 Total Expenses: \$275.00 Total Regional Assembly Fund: \$0 Closing Prudent Reserve: \$0 End Balance: \$48.81

New Business

☐ Discussed the following:

o Language change for pamphlets and open readings

o QR code and e-transfers instead of cash for 7th tradition and literature purchases at our meetings

o Voted on and passed both changes, will be looking into e-transfer & QR Code for 7th /Literature purchases and gender-neutral language for opening readings using suggestions from NAWS.org & WSC 2026 plan.

Announcements & Anniversaries

☐ Aubrey L 11 Years, Monday August 31, 2026

☐ Alicia M 9 Years, Monday September 2, 2026

Starting Point

GSR: Sherry G, Acting Alt GSR: None

Report date: August 30th

Group members: at Business mtg: Avg attendance: # of newcomers:

Beginning Bal: \$ 7th Trad: \$ Lit sold: \$ Other: \$ Total Income: \$

Rent: \$ Lit order: \$ Other: \$ Regional Assembly Fund: \$

ASC Contribution: \$200 Total Expenses: \$

Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$

Announcements: Sherry G will be celebrating 1 year on September 25th

Strength in Numbers

GSR: Alt GSR:

Survivors

GSR: Tyler F Alt GSR: Vacant

Beginning Balance: \$43.00 7th Tradition: \$1049.06 Literature Sold: \$0 Other: \$0

Total Income: \$1049.06 Rent: \$480.00 Literature Order: \$403.00 Other: \$108.00

GSR Fund: \$0 ASC Contribution: \$101.06 Total Expenses: \$1092.06

Prudent Reserve: \$300 Total GSR Fund: \$0 Ending Balance: \$0

Home Group Members: 80 Members at Business Meeting: 13 Average Attendance: 27

Group Concerns:

Other Group Information:

Announcements:

Brian C - 3 years - Oct 4

Chris S - 1 year - Oct 11

Andrew S - 1 year - Oct 18

Taking Care of Business

GSR: Alt GSR:

We Do Recover

GSR: Dawn B Alt. GSR:

Report date: June 29th – July 27th

Beginning Bal: \$0 7th Trad: \$171.6 Lit sold: \$19 Other: \$0 Total Income: \$190.65
 Rent: \$80 Lit order: \$49 Other: \$2.50 (bank fee) Regional Assembly Fund: \$
 ASC Contribution: \$59.15 Total Expenses: \$190.65
 Prudent Reserve: \$160 Total Regional Assembly Fund: \$ End Balance: \$0

Report date: July 27th – August 12th

Beginning Bal: \$0 7th Trad: \$90.50 Lit sold: \$0 Other: \$0 Total Income: \$90.50
 Rent: \$80 Lit order: \$ Other: \$2.50 (bank fee) Regional Assembly Fund: \$
 ASC Contribution: \$160 Total Expenses: \$82.50
 Prudent Reserve: passed on to Area Total Regional Assembly Fund: \$ End Balance: \$8

Group info: Hi Family, things are changing at We Do Recover. It is closed as We Do Recover. The meetings are still going same times different group. We Do Recover is not responsible for anything after August 10/26 and we have signed off all responsibility at the Church. All literature was donated to the Changes Group along with the rent for September. Attendance for July average was 11 people. For part of August, 10 people. Wishing the Changes Group peace and love. All the best for them.

We Do Recover, Rep. Ray K

You Have a Choice Today

GSR: Chrissy B Alt GSR:

Group members: 15 at Business mtg: 5 Avg attendance: 20 # of newcomers: 6
 Beginning Bal: \$29.95 7th Trad: \$ Lit sold: \$ Other: \$45.50 Total Income: \$284.05
 Rent: \$75 Lit order: \$45 Other: \$ Regional Assembly Fund: \$
 ASC Contribution: \$150 Total Expenses: \$
 Prudent Reserve: \$75 Total Regional Assembly Fund: \$ End Balance: \$10.65

Group info: Bank account is frozen. We have an appointment to have new signing authorities
 Announcements: Dominic T will be celebrating 4 years on October 9th and Tom M will be celebrating 1 year on October 2nd

You're Not Alone

GSR: Ernie C Alt GSR:

ACTIVITIES COMMITTEE: Dolores F

****The Activities report could not be given at Area as the Activities Committee meeting had to be rescheduled to a later date, but reports resulting from that meeting were submitted and are located at the end of the minutes****

ACTIVITIES TREASURER REPORT: Please see end of minutes, following Area Secretary email.

ARCHIVES COMMITTEE: Dave B, Chair

We met 21 July and 18 August, both times with 2 of 4 members.

We had no business to discuss, so we had a work party to sort physical and digital files, scanning what needed scanning, and downloading & filing several years of Area minutes.

Reminder to groups that if you change your facility, room, or your layout to please take a photo and email it to us for our photo history project.

Vice-Chairperson and Secretary positions will be open for election at our September meeting. The Chairperson position is elected at the October Area meeting.

Our next meeting will be at 1:00 pm on Tuesday, 15 September, at 16 Arklow Dr., Cole Harbour.
 YIS, Dave B., Archives Chairperson at archivescnana@gmail.com

LITERATURE COMMITTEE: Vacant

The Literature Committee held an informal business meeting, did a full inventory and held a potluck lunch on August 23 rd . Three members of the Literature committee took part as well as an additional member from the fellowship. The numbers were small but there but much talk and laughter occurred. We thank Duane.

We have no person to recommend as a possible candidate for the position of Literature Chairperson, as all Literature committee members have other commitments that prevent them from being able to. We ask the fellowship to consider this and the vital role that literature plays in fulfilling our primary purpose in this area. We need your support. The position of Vice Chair is also open. Literature has no area contribution this month.

As you may know IP no. 21, The Loner - Staying Clean in Isolation has been replaced by IP no.21 Staying Clean in Isolation. Our committee has decided to distribute our remaining supply of The Loner-Staying Clean in Isolation to the PR committee as well as to any groups that would like them for free. They will be at the literature table today. Be sure to get some for your home group. Treasurers financial report will be read by the Literature Treasurer, Dave B, and any questions concerning the financial report can be addressed by him. Our next business meeting is tentatively September 20th, 2026, at 7 PM Zoom id: 835 6431 9622. PW: cnana. The change from our normal time of 9:30 is due to the CANA Convention taking place at our normal time with a large amount of our Literature committee planning on attending the convention.

YIS Jennifer M. (Acting Literature Chair for July and August)

Literature Treasurer's Report

Date: 23 Aug 2026

This report covers July & August. We'll be making a NAWS order after Area. We're **\$150.89** below our prudent reserve, so have no Area contribution this month.

Bank and Cash

Opening bank (Jun 27)	\$3,185.42	Opening cash	\$65.00 (petty cash)
Cheque #0260 (Jun 30)	-\$2,526.33	Sales: Cash	\$357.10 14 orders
Bank charge (Jun 30)	-\$1.95	Cheque	\$679.50 8 orders
Cheque #0261 (Jul 02)	-\$78.30	E-transfer	\$1,023.80 20 orders
Deposit (Jul 13)	\$2,499.75	Dir Dep/Square	\$0.00 0 order
Bank charge (Jul 31)	-\$1.95	Total sales	\$2,060.40 42 total orders
Deposit (Aug 19)	\$1,356.05		-\$2,060.40 Already deposited
			\$0.00 To be deposited
End bank (May 23)	\$4,432.69	End cash	\$65.00
Bank and Cash total	\$4,497.69		

Accounts Receivable None**Expenses**

<u>Item</u>	<u>Provider</u>	<u>Date</u>	<u>Amount</u>	<u>Notes</u>
Cardstock	Staples	22-Sep-25	\$60.81	for anniversary cards
NAWS orders 204922, ch 0262	NAWS	02-Jul-26	\$1,705.40	received this order
Total expenses			\$1,766.21	

Asset Summary

Bank and Cash total	\$4,497.69 (current value of bank funds & petty cash)
Inventory	\$8,707.63 (current value of physical stock)
Expenses	-\$1,766.21 (funds owed by Literature Committee)
Prudent Reserve	-\$11,500.00 (approximately 3 months' operations)
Accounts receivable reserve	\$0.00 (funds owed to Literature Committee)
Petty cash reserve	-\$65.00 (petty cash allows timely completion of cash transactions)
Bank account reserve	-\$25.00 (ensures unforeseen charges don't leave a negative balance)
Available Balance	-\$150.89

PUBLIC RELATIONS COMMITTEE: Aubrey L

Public Relations Subcommittee Report Date/Month: Aug 2026

Hi friends,

This report is prepared as a Chairperson of today's PR meeting.

The subcommittee met in-person today from 11:00 am and we had a quorum of 10/14 voting members present.

Here are today's highlights in point form:

0 H&I we are continuing with our bi weekly WM meeting, attendance has been low. The correction presentations are going extremely well. Lots of engagement

Our panel leaders are up for election, Aubrey L will be mentored into Men's Corrections

Ashley C is going to be mentored in as Margueritte Center

We are still looking for a withdrawal management panel leader.

0 PI corresponding with Cape Breton to help direct them.

0 Outreach is going well, we are visiting groups expressing a need for support

0 Phone no report

0 web site we are asking the activities committee to send us their event fliers sooner, we are doing our best to post the info but having a flyer helps a lot

0 Cape Breton we have heard back from the correction facility and are looking to do a poster drive in the near future

I am still finalizing our proposed budget, working with our Panel Leaders about their literature demands

Please GSRs- take this information back to your home groups for information purposes:

Please make sure your group's meeting info is up to date. This includes accessibility information.

Open Positions are secretary, altsecretary, Margueritte panel, h&i panel coord

Our web coordinator is also up; Rick E is interested in continuing severing. He has served the maximum term of 2 years and we are asking to change our guidelines for the Web Coordinator to allow longer terms than 2 years.

Committee Chairs are up in October, and I would like to put my name forward for another term. I have served 1 full term and 1 partial.

We continue to welcome new members and/observers to participate in our next meeting

Yours in continuing to share the gifts of service,

Chairperson, Aubrey L

EXECUTIVE REPORTS

RCM: Paula R

TREASURER: vacant

ALT TREASURER: Kathleen M, Alt Treasurer**Treasurer's Financial Report for June 27, 2026 to August 28, 2026**

Prudent reserve	\$1,250.00	
Insurance deductible reserve	1,000.00	
Insurance Premium reserve	<u>700.00</u>	
Total reserve	\$2,950.00	
Opening balance		\$518.41
Income:		
Literature (#0261).....	\$78.30	
Guiding Principles (et).....	21.60	
I Can't We Can (#091)	200.00	
Love Life (#008).....	200.00	
Nature of Recovery.....	32.00	
Orchard Valley (cash).....	200.00	
Progress Not Perfection (et)	103.90	
Serenity Seekers (et).....	3.80	
Sharing The Message (cash).....	77.85	
Survivors (#005).....	208.00	
You Have A Choice Today (#063).....	<u>35.00</u>	
Total income	\$1,160.45	
	Sub total	\$1,678.86
Expenses:		
Storage Locker Fee (U-Store It) (#805)	\$325.60	
Secretary Printing Expense (#811).....	24.96	
Candlelight Travel Expense (#806).....	146.04	
Hope not Dope Travel Expense (#809)	145.00	
Literature re: PR Purchases (#812).....	231.30	
Love Life Travel Expense (#808).....	111.02	
Orchard Valley travel expense (#807).....	25.40	
Treasurer/Phoenix Group Travel Expense (#810).....	116.48	
Void Cheque (#813)	0.00	
Insurance Premium Reserve Transfer.....	350.00	
Rent for August (#814).....	100.00	
Eastlink (cell phone) (PAD)	56.61	
Bank fee (PAD)	<u>9.90</u>	
Total expenses.....	\$1,642.31	<u>\$1,642.31</u>
Opening balance +Total income - Total expenses = Closing balance.....		\$36.55

Our reserves now stand at:

Prudent reserve.....	\$1,250.00
Insurance deductible reserve	1,000.00
Insurance premium reserve	<u>1,050.00</u>
Total reserve	\$3,300.00

YIS, Kathleen M

VICE-CHAIR: Vacant

CHAIR: Jennifer M

BREAK – 15 minutes

Attendance after break – 17/18 rather than

OLD BUSINESS:**Open Positions:**Vice Chair -Secretary -Alt Secretary -Alt RCM -Treasurer -Alt Treasurer -

(Any nominations will be in New Business)

NEW BUSINESS: ELECTIONS (PLEASE TAKE BACK TO YOUR GROUPS TO VOTE ON)**Open Positions:**Area Chair – JuleeAnn nominated Jennifer. Jennifer accepted & qualifiedVice Chair – no nominations or volunteersSecretary – Chair nominated JuleeAnn. JuleeAnn accepted & qualifiedAlt Secretary – Ryan M volunteered & qualifiedAlt RCM – no nominations or volunteersRCM – Jennifer nominated Paula R. Paula did not accept, at this timeTreasurer – no nominations or volunteersAlt Treasurer –Activities Chair –Archives Chair –Literature Chair -Public Relations Chair – Aubrey volunteered & qualified**PROPOSALS:****Proposal #1**

Committee: Public Relations	Money proposal? Yes: ☐ No: X
Proposer: Chair, Aubrey L First name & initial, position (eg: Jimmy K., GSR, NA Group)	Date: 30 – August - 2026 (day – month – year)
Proposal: Change line 9.6 of our guidelines to read “Executive positions except Web Coordinator. Web Coordinator may be held for a maximum of 2 consecutive terms”	
Intent: To allow the non-executive positions to serve more terms due to the importance of this position. To allow accountability and continuity of these positions and their services	
Financial impact: none	
Background info / Proposal rationale / Contact persons outside the committee, etc. (if required, use other side) N/A	

This part is completed by the committee secretary

Committee Decision: GSRs to take back to their groups	Consensus total:
Assent: _____, Assent with reservation: _____, Stand aside: _____, Block: _____	
Reasons for Reservation/Stand aside (optional):	
Reasons for Block (mandatory):	
Person responsible for incorporating this proposal:	
This proposal is to be incorporated on or before the date of:	
Signature: Secretary/Chairperson	Proposal #:

OPEN FORUM:

Danielle – if we talk about guidelines, we treat these as rules. Do we have guidelines or rules?

Maryann – service and how we can make this more attractive. So many empty positions. How can we encourage more members here

Paula – concerned about IP #21 that Dave B is giving out for free. I don't feel these should be on our tables anymore. It has been replaced and literature at group level.

Bill – doesn't feel it attracts people by extending the Area meeting time. Much better way to streamline things that take place at the Area table. We don't need to eliminate anything we just need to streamline

Jennifer – Background on IP. Literature ordered the new IPs, but they were sent the old. World was clearing off inventory of their shelves. Decided at Literature that they would not charge groups. New IPs are now available as they have sold out of the old IP's

Dave – easy to tell the 2 apart. Old has writing new has picture.

Ryan – clarification on Bills comment, 1 – 5 going forward? Yes

Sherry – clarification about the Guiding Principles meeting. Does that group have any members? Members are holding positions at other groups

Ray – Summarize, for me it comes back to the home group, strength of the home group. That is where you get the information to go to Area and Area to go to Region, etc. Concern about members belonging to 2 or 3 groups then holding more than 1 position

GROUP CONCERNS:

None

Meeting closed at 4:10PM.

The next Area will be September 27, 2026, 1pm

In Person: 322 Herring Cove Road

Online: Zoom ID: 835 6431 9622. Password is "cnana"

In loving service, JuleeAnn, Acting Area Secretary

Email: secretarycnana@gmail.com

Activities Treasurer Report:**Activities Financial Report for June 27, 2026 to August 28, 2026**

Prudent reserve	\$1,000.00
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Opening balance	\$826.76
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Income:

Baseball 7 th	74.35
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Baseball 7 th	105.00
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Baseball 7 th	<u>66.80</u>
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Income	\$246.15	\$246.15
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Expenses:

Baseball field rental (#319)	139.54
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Family Day Picnic supplies (#320)	43.00
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Bank fee (PAD) July and August	<u>17.50</u>
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Total expenses	\$200.04	- \$200.04
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Opening balance +Total income - Total expenses = Closing balance	\$872.91
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Yours in Loving Service, Jennifer M.