

CENTRAL NOVA AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS
For August 30th Area (2026)

	Attendance: Home Groups – GSRs, Alternates, & Representatives			
	Group	Representative	Present?	Vote?
1	90 in 90	No Rep	No	No
2	Amherst Hope	Jeremy M	No	No
3	Beacon of Hope	Clay N	Yes	Yes
4	Breaking Free	Craig M	No	No
5	Candlelight	Fred M	Yes	Yes
6	Clean and Strait	Phillip B	Yes	Yes
7	Foundation		No	No
8	Gateway to Freedom		No	No
9	Guiding Principles		No	No
10	Reclaim to Freedom		No	No
11	Hope for Today	Joe A	No	No
12	I Can't We Can	Bill H	Yes	Yes
13	Just for Today		No	Yes
14	Last Chance	Brian M/Elizabeth	No	No
15	Liberation	Thi	Yes	Yes
16	Love Life	John A	Yes	Yes
17	NA Lengths	Lindsay M	No	No
18	Nature of Recovery	Darrell P	No	Yes
19	New Vision	Em D	Yes	Yes
20	Nothing to Fear	Vadim	No	No
21	Orchard Valley	Joel Y	Yes	Yes
22	Phoenix Group (Sydney)	Amy G	Yes	Yes
23	Phoenix Group (Valley)	Willy W	No	No
24	Pride in Our Recovery	Patty W Rep	No	No
25	Progress Not Perfection	Karen S	No	No
26	Recovery Crew		No	No
27	Serenity Seekers	Joe B	Yes	Yes
28	Sharing the Message	Maryann K	Yes	Yes
29	Shelter from the Storm	Em R	Yes	Yes
30	Starting Point	Robert	No	No
31	Strength in Numbers	Darrell A	No	No
32	Survivors	Tyler F	Yes	Yes
33	Taking Care of Business	JB	No	No
34	Talking Circle		No	No
35	We Do Recover	Ray K	Yes	Yes
36	You Have a Choice Today	Chrissy	Yes	Yes
37	You're Not Alone	Ernie C	No	No
38				
39				

Area Service Committee Executive		
Chair	Jennifer M	Present
Vice Chair	Vacant	Vacant
Secretary	Vacant -JuleeAnn Acting	Present
Alternate Secretary	Vacant	Vacant
Treasurer	Vacant	Vacant
Alternate Treasurer	Kathleen M	Present
RCM	Paula R	Present
Alternate RCM	Vacant	Vacant

Area Subcommittees		
Activities Committee Chair	Dolores F	Present
Archives Committee Chair	Dave B	Present
Literature Committee Chair	Vacant - David C, Acting	Absent
PR Committee Chair	Aubrey L	Present

CNA website: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened at 1:30 pm with the readings: 12 Traditions, 12 Concepts, A Vision for NA Service, and Service Prayer. Amendments: 1) errors – fix subcommittee chairs and add in web servant report in

Attendance was taken with 15 groups present today out of 17 voting groups = quorum. 4 executive members are present. Every group present has a vote today which means we can make decisions today.

Any Observers:

New Groups to be seated:

GROUP REPORTS:

90 & 90

GSR: Alt. GSR:

Amherst Hope

GSR: Jeremy

Beacon of Hope

GSR: Joanne N Alt. GSR:

Nothing to report

Question: how is meeting going? Approx. 7 members and is going good

Breaking Free

GSR: Danny Alt. GSR:

Candlelight (Membertou)

GSR: Fred M

Last meeting was June 23/26. Meeting is doing well. 4 members were in attendance at group business meeting. Average attendance is 10 – 15. Had Angie take the key to open the meeting & to Chair twice. She did a great job. We will not be ordering any literature this month. We do not have any group concerns.

Clean and Strait

GSR: Philip B Alt GSR: Thomas W

From Port Hawkesbury

Foundation:

GSR: Alt GSR:

Gateway to Freedom

GSR: Alt GSR:

Guiding Principles

GSR: Alt GSR:

Beginning Balance: \$ 0 7th Tradition: \$ 68.60 Literature Sold: \$22 Other: \$ Total Income: \$ 90.60
 Rent: \$ 25 Literature Order: \$ 44 Other: \$ GSR Fund: \$ ASC Contribution: \$ 21.60
 Total Expenses: \$ Prudent Reserve: \$ 100 Total GSR Fund: \$ Ending Balance: \$ 0
 Home Group Members: 3 Members at Business Meeting: 5 Average Attendance: 8
 Group Concerns: none
 Other Group Information:
 Announcements: Jenni P celebrates 22 years on August 29th

Reclaim to Freedom

GSR: Alt GSR:

Hope for Today

GSR: Leigh K Alt. GSR: Tracy W

Hope Not Dope

GSR: Steve S Alt GSR:

I Can't We Can

GSR: Bill H ALT GSR:

Just for Today

GSR: Kristen C Alt. GSR

Last Chance

GSR: Morgan K Alt GSR:

Beginning Balance: \$ 7 th Tradition: \$45.85 Literature Sold: \$0 Other: \$0 Total Income: \$46.65 Rent: \$0
 Literature Order: \$11.00 Other: \$0 GSR Fund: \$0 ASC Contribution: \$ Total Expenses: \$0
 Prudent Reserve: \$75.00 Total GSR Fund: \$0 Ending Balance: \$45.85
 Home Group Members: 6 Members at Business Meeting: 16

Liberation

GSR: Thi N Alt GSR:

Group members: 14 at Business mtg: n/a Avg attendance: 13
 Beginning Bal: \$TBD 7th Trad: \$TBD Lit sold: \$TBD Total Income: \$TBD Rent: \$75.00 (paid to
 end of August) Lit order: \$0 Regional Assembly Fund: \$ 0 ASC Contribution: \$0
 Total Expenses: \$TBD Prudent Reserve: \$100 (reduced) End Balance: \$TBD Other: \$
 Group concerns:

Living Clean

GSR: Alt GSR:

Love Life

GSR: John A Alt. GSR: Brie Y

NA Lengths

GSR: Natasha Alt GSR: Lindsay

Nature of Recovery

GSR: Darrell P Alt GSR:

New Vision

GSR: Em D Alt GSR:

Group members: 11 at Business mtg: 8 Avg attendance: 13 # of newcomers: 1
 Beginning Bal: \$1.22 7th Trad: \$208.75 Lit sold: \$69.00 Total Income: \$277.75
 Rent: \$50 Lit order: \$150.00 Other: \$4.92 (bank fees) Regional Assembly Fund: \$0
 ASC Contribution: \$0 Total Expenses: \$220.67 Prudent Reserve: \$208.45
 Total Regional Assembly Fund: \$0 End Balance: \$0

Group concerns: none

Group info: Starting in July, we will be increasing our rent from \$50.00 to \$75.00 to cover our Thursday night meeting as well.

Announcements:

Em D. will be celebrating 3 years on August 23rd at New Vision in Truro

Bria M. will be celebrating 1 year on July 26th at New Vision in Truro

Starting June 14 th New Vision's meeting on Sundays will be at 7:00pm instead of 8:00pm. And starting June 18 th , we will be opening a second night for New Vision from 7:00pm-8:00pm, every Thursday. It will be in the same building, but it will be in the basement on Thursday nights which is NOT wheelchair accessible. The one on Sundays is upstairs and IS wheelchair accessible.

Nothing to Fear

GSR: Ashley Alt. GSR: Kary H

Orchard Valley

GSR: Joel Y Alt GSR:

Group members: 12 at Business mtg: 7 Avg attendance: 15 - 20
 Beginning Bal: \$ 1320.13 7th Trad: \$ 154.75 Lit sold: \$25 Other: \$ Toal Income: \$179.75
 Rent: \$60 Lit order: \$432.80 Other: \$ Regional Assembly Fund: \$200
 ASC Contribution: \$200 Total Expenses: \$
 Prudent Reserve: \$600 Total Regional Assembly Fund: \$200 End Balance: \$807.08

Group concerns:

Group info: June 10th last business meeting. June 17th voted Joel in as new GSR

Announcements:

Phoenix Group (Sydney)

GSR: Amy G Alt GSR:

Group members: at Business mtg: Avg attendance: # of newcomers:
 Beginning Bal: \$ 937.51 7th Trad: \$ 558.35 Lit sold: \$ 127.00 Other: \$ Total Income: \$1622.86
 Rent: \$279.20 Lit order: \$ Other: \$ Regional Assembly Fund: \$
 ASC Contribution: \$ Total Expenses: \$
 Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$1193.66

Group concerns:

Group info:

Announcements: 21 years Kathleen M August 5th

Phoenix Group (Valley)

GSR: Alt GSR: Willy W

Pride In Our Recovery

GSR: Alt GSR:

Progress Not Perfection

GSR: Karen S Alt GSR: Lisa H

Group members: 5 at Business mtg: 5 Avg attendance: 10 # of newcomers: 5 Beginning

Bal: 119.70 7thTrad: \$244.20 Lit sold: \$ 0 Other: \$ Total Income: 363.90

Rent: \$ 260.00 Lit order: \$ Other: \$ Regional Assembly Fund: \$0 ASC Contribution: \$ 103.90

Total Expenses: \$ 260 Prudent Reserve: \$390.00 Total Regional Assembly Fund: \$ 300.00

End Balance: \$ 0

Group info: E-transfer sent for area contribution \$103.90

Announcements: Matt W 4 years July 7th

Serenity Seekers

GSR: Joe B Alt GSR:

Beginning Balance: \$100.00 7 th Tradition: \$70.75 Literature Sold: \$50.00 Other: \$

Total Income: \$120.75 Rent: \$50.00 Literature Order: \$65.00.00 Other: \$1.95 (BSC May)

GSR Fund: \$0.00 ASC Contribution: \$3.80 Total Expenses: \$120.75

Prudent Reserve: \$100.00 Total GSR Fund: \$0.00 Ending Balance: \$100.00

Home Group Members: 6 Members at Business Meeting: 3 Average Attendance: 15

Group Concerns: none

Other Group Information: Serenity Seekers is pleased to see the recent support and ask for continued support

Announcements: Kristen T - 21 years August 19, Dolores F – 31 years July 29

Sharing the Message

GSR: Maryann K Alt GSR:

Active group members: 6 at Business mtg: 2 Avg attendance: 9

Newcomers: 0

Beginning Bal: \$0.00 7 th Trad: \$110.85 Lit Sold: \$25.00 Other: \$0.00 Total Income: \$135.85

Rent: \$33.00 Literature Order: \$25.00 Other: \$0.00 Regional Assembly Fund: \$0.00

ASC Contribution: \$77.85 Total Expenses: \$135.85 Prudent Reserve (Rent fund): \$66.00 Total Regional Assembly Fund: \$0.00 End Balance: \$0.00

Group concerns: 1. Are we pushing Area to change too quickly? The RCM needs time to research and plan changes. 2. Some group representatives seem to have a misunderstanding of the consensus-based decision-making process. The Area Secretary should send our CBDM Guide to all groups when sending out the June Area minutes.

Group info: We discussed the changes to the Area agenda. Suggest keeping an eyeball on how well it works.

Announcements: Sharing the Message group needs addict support.

Area Secretary to send out CBDM form and explanation

Shelter from the Storm

Group members: 19 # at Business mtg: 5 Avg attendance: 12 # of newcomers: 2

Beginning Bal: \$4.61 7th Trad: \$95.35 Lit sold: \$31.00 Total Income: \$126.35

Opening Prudent Reserve: \$100 Literature Order: \$0 Other: \$3.00 (Bank Fees)

Regional Assembly Fund: \$0 ASC Contribution: \$50.00 Total Expenses: \$53.00

Total Regional Assembly Fund: \$0 Closing Prudent Reserve: \$100 End Balance: \$77.96

New Business:

Group Concerns:

Shelter from the Storm Continued:

Group Info: Shelter's Annual Barbeque will be on August 10 th 6pm-7pm before the meeting at 7:30pm
Barbeque Classics, snacks and beverages. ALL ARE WELCOME

Location: St. George's Round Church, 2222 Brunswick St, parking lot access through Brunswick Street or Nora
Bernard Street, gathering will be held in the church's courtyard

Old Business (Open Service Positions--Brought to Group)

Open Positions brought to group, asked group members to be of service

Announcements & Anniversaries

Monday July 20, Johnston F 11 Years

Monday August 31, Aubrey L 11 Years

Question: how many do you usually get for the BBQ. Aubrey – 96 in 2024 and 72 people in 2025

Starting Point

GSR: Steve T Alt GSR: None

Strength in Numbers

GSR: Alt GSR:

Survivors

GSR: Tyler F Alt GSR: Vacant

Beginning Balance: \$19.00	7 th Tradition: \$411.45	Literature Sold: \$0	Other: \$0
Total Income: \$411.45	Rent: \$0	Literature Order: \$212.70	Other: \$9.00
GSR Fund: \$0	ASC Contribution: \$208.00	Total Expenses: \$429.70	
Prudent Reserve: \$300	Total GSR Fund: \$0	Ending Balance: \$0.75	
Home Group Members: 77	Members at Business Meeting: 7	Average Attendance: 25	

Group Concerns:

Survivors members have become concerned about disruptive dogs being brought to meetings and are wondering what other groups have done about this. Our GSR will be bringing this up at Area.

Other Group Information:

Announcements:

Amy S -	1 year -	Jul 12
Derek K -	9 years -	Jul 28
Joey C -	1 year -	Aug 2
Rick E -	28 years -	Aug 16
Glen H -	1 year -	Aug 18
Garrett C -	3 years -	Aug 27

Taking Care of Business

GSR: Alt GSR:

We Do Recover

GSR: Dawn B Alt. GSR:

Group members: 5 at Business mtg: 5 Avg attendance: 11 # of newcomers: 0
Beginning Bal: \$0 7th Trad: \$139.55 Lit sold: \$40 Other: \$0 Total Income: \$179.55
Rent: \$80 Lit order: \$40 Other: Bank fee - \$2.50 \$ Regional Assembly Fund: \$0
ASC Contribution: \$57.05 Total Expenses: \$122.50 Prudent Reserve: \$160
Total Regional Assembly Fund: \$0 End Balance: \$0
Group concerns: No group concerns at this time.
Group info: The group is doing well. All members are contributing positively to the group and tasks are being distributed evenly.

You Have a Choice Today

GSR: Chrissy B Alt GSR: Dominic

Group members: 15 at Business mtg: 5 Avg attendance: 17
 Beginning Bal: \$ 341.90 7th Trad: \$ 66.10 Lit sold: \$ Other: \$ Total Income: \$66.10
 Rent: \$75 Lit order: \$ 51.50 Other: \$2.50 Regional Assembly Fund: \$
 ASC Contribution: \$35 Total Expenses: \$
 Prudent Reserve: \$175 Total Regional Assembly Fund: \$ End Balance: \$3.40
 Group concerns: Need more spacing on GSR Report Form

You're Not Alone

GSR: Ernie C Alt GSR:

ACTIVITIES COMMITTEE: Dolores F

Read report at Area and is sending by email

Question: What is date for October Fall into Recovery? October 31st. Venue to be announced

Question: could we change PR date in October? Aubrey will check

ACTIVITIES TREASURER REPORT:

Activities Financial Report for Feb 21, 2026 to June 26, 2026

Prudent reserve..... \$1,000.00
Opening balance - **\$351.27**

Income:

Crib 7th..... \$66.80
 Area contribution to Activities..... 1,000.00
 Treasurer online transfer 147.60
 Spring in Recovery (SIR) registration..... 840.00
 SIR Hospitality 224.45
 SIR cash 100.00
 SIR merchandise sales..... 116.70
 SIR speaker tapes 12.00
 Baseball 7th 177.55
 Sept 28th games day (2019)..... 5.00
 Fathers Day Campout registration 160.00
Income..... **\$2,850.10** **2,850.10**

Expenses:

Crib tournament Prizes (#317) \$64.00
 Egg Hunt expense (#351) 250.00
 Spring in Recovery (SIR) Hospitality (#326) 700.00
 Spring in Recovery Programming (#327) 75.00
 CNANA Weekend Campout (#328) 119.00
 Spring in Recovery Hall Rental (#329) 150.00
 Void cheque (#331) 0.00
 Baseball field rental (#318) 279.07
 Bank fee (PAD) March -June 35.00
Total expenses **\$1,805.75** - **1,805.75**

Opening balance +Total income - Total expenses = **Closing balance** **\$826.76**

Yours in Loving Service, Jennifer M.

Event #7	Egg Hunt – Free event to attend
Originally scheduled for March 21 but held 28 March due to rain	
Income	\$0.00
Expenses	- 250.00
Total income - Total expenses = Closing balance	
	\$250.00
Event #8	Crib tournament March 28
Income:	
Crib 7th.....	\$66.80
* Member e-transferred directly to Church re payment for Church Hall	75.00
Total income.....	\$141.80
	\$141.80
Expenses:	
Crib tournament Prizes (#317)	\$64.00
*Church Hall Rental.....	75.00
Total expenses.....	\$139.00
	- 139.00
Total income - Total expenses = Closing balance	
	\$2.80
Event #9	Spring into Recovery (SIR) April 4, 2026
Income	
Registration	\$840.00
Hospitality	224.45
Cash received at SIR	100.00
Merchandise sales	116.70
Speaker tapes.....	12.00
Total Revenue.....	\$1,293.15
	\$1,293.15
Expenses	
Hospitality: (326)	\$700.00
Programming (#327)	75.00
Hall Rental: (329).....	150.00
Total Expenses:	\$925.00
	- 925.00
Total income - Total expenses = Closing balance	
	\$368.15
Event #10	Event Hikes /Walks: Ongoing
Event #11	Baseball at the commons: Ongoing
Event #12	Gather and Gratitude Brunch (Lady Hammons Grill) – No cost to Activities Committee as each member was to pay for their own meal.
Event #13	CNANA Weekend Campout:
Income	
Registration taken at camp (cash)	\$200.00
7th.....	40.00
Total Revenue.....	\$240.00
	\$240.00
Expenses	
Campground initial fee (329).....	\$119.00*
Campground additional fee (cash)	80.00
Total Expenses:	\$199.00
	- 199.00
Total income - Total expenses = Closing balance	
	\$41.00

ARCHIVES COMMITTEE: Dave B, Chair

We met 18 June with 2 of 4 members.

We had no business to discuss, so we had a work party to sort physical and digital files.

Reminder to groups that if you change your facility, room, or your layout to please take a photo and email it to us for our photo history project.

Our Vice-Chairperson position is open.

Our next meeting will be at 1:00 pm on Tuesday, 21 July, at 16 Arklow Dr., Cole Harbour.

YIS, Dave B., Archives Chairperson

archivescnana@gmail.com

LITERATURE COMMITTEE: Chairperson (David C, Acting Literature Committee Chair)

The Literature Committee has the following open positions: Chair and Vice Chair. GSRs please take this back to your home groups.

Literature has a contribution this month of \$78.30

Our next business meeting will be held in person on August 23, 2026, at 10:30 am at 16 Arklow Drive Cole Harbour. Following the business meeting an inventory of the stock will be accomplished followed by a potluck lunch, All are invited to attend. This will give an excellent opportunity to gain insight into how the literature committee functions, be a part of, and enjoy the fellowship of this committee.

YIS Acting Literature Chair Dave C.

Literature Treasurer's Report

Date: 27 Jun 2026

We're \$78.30 above our prudent reserve, which we'll be contributing to Area this month. We'll be making a NAWS order immediately after Area.

Bank and Cash

Opening bank (May 24)	\$792.52	Opening cash	\$65.00 (petty cash)
Bank charge (May 29)	-\$1.95	Sales: Cash	\$569.40 6 orders
Deposit (Jun 02)	\$2,498.25	Cheque	\$401.70 5 orders
Cheque #0259 (Jun 04)	-\$103.40	E-transfer	\$3,322.55 16 orders
		Dir Dep/Square	\$0.00 0 orders
		Total sales	\$4,293.65 27 total orders
			-\$2,498.25 Already deposited
			\$1,795.40 To be deposited
End bank (Jun 26)	\$3,185.42	End cash	\$65.00
Bank and Cash total	\$5,045.82		

Accounts Receivable

None

Expenses

Item	Provider	Date	Amount	Notes
NAWS orders 204791, ch 0260	NAWS	09-Jun-26	\$2,526.33	received this order

Asset Summary

Bank and Cash total	\$5,045.82 (current value of bank funds & petty cash)
Inventory	\$9,148.81 (current value of physical stock)
Expenses	-\$2,526.33 (funds owed by Literature Committee)
Prudent Reserve	-\$11,500.00 (approximately 3 months' operations)
Accounts receivable reserve	\$0.00 (funds owed to Literature Committee)
Petty cash reserve	-\$65.00 (petty cash allows timely completion of cash transactions)
Bank account reserve	-\$25.00 (ensures unforeseen charges don't leave a negative balance)
Available Balance	\$78.30

Question: How does the literature committee make a contribution? They can make through the sales and have some stock from pre-january and any extra goes to area treasurer

PUBLIC RELATIONS COMMITTEE: Aubrey L

Public Relations Subcommittee Report Date/Month: June 2026

Hi friends,

This report is prepared as a Chairperson of today's PR meeting. The subcommittee met in-person today from 11:00 am and we had a quorum of 12/16 voting members present. Here are today's highlights in point form: 0 H&I we are continuing with our bi weekly WM meeting, attendance has been low. The correction presentations are going extremely well. Lots of engagement 0 PI hope for mental health in spryfield reaches out Social Services was asking about a specific member and we told them we cannot give out member information and mentioned about anonymity Cape Breton corrections reached out with volunteer forms and we will support Cape Breton on that process.

- Outreach Ray is our new Outreach coordinator
- Phone no report
- Web Site no report
- Cape Breton we have heard back from the correction facility and are looking to do a poster drive in the near future
- The chair finalizing the budget, would like clarification if we are doing Calendar year or Service committee term? (Oct - Sept)
- The committee reviewed the remainder of our vacant positions - please GSRs- take this information back to your homegroups for information purposes: Please make sure your group's meeting info is up to date. Open Positions are secretary, alt secretary, Marguerite panel, H&I panel coordinator. We continue to welcome new members and observers to participate in our next meeting

Yours in continuing to share the gifts of service, Chairperson Aubrey

Question: the last ASC we talked about the proposal about hybrid meetings? Aubrey – we are not hybrid.

EXECUTIVE REPORTS**RCM:** Paula R

Good day. A couple issues to address. Regarding ASC time and work arounds. First, PR will be holding their meeting from 11am to 12:30pm now. ASC will start at 1:00pm beginning in August, and we have a finish time of 5:00pm. This allows an extra hour from our previous time, and should be time to address all ASC Business. Second, regarding hybrid, we have the capability to have hybrid meeting, therefore, executive has made the decision to hold August ASC meeting as a hybrid meeting. We will share the link via the announcements. We have the equipment, and will learn what more is required as we go.

Third, regarding CBDM workshop, I will hold one via Zoom on August 29, 1-3pm, link to be provided. All are welcome, and it will be in announcements.

Please note, my apologies, alternate service system consisting of Group Support Forums, Local Support Boards, etc etc – I will need more time to prepare what this would look like. Early reading would suggest breaking up ASC groups into several “local” groups, which could meet once a month, then a Local Support Board meet quarterly. However, the logistics of this in terms of our ASC subcommittees and guidelines would require extensive adjustments. I will actually bring this to our RD to ask at the CANA meeting in September if there are any other areas who use the alternative service system in order to get some feedback and guidance.

We have a final call for suggestions or revisions to CANA/ACNA Vision Statement. Please let me know if you have any feedback prior to July 31, 2026.

The newest NAWs bulletin is out, you can check it out at na.org, and anyone can ask to be put on the mailing list.

Again, the RSC body would like to reiterate that we would really like to see more participation at the RSC meeting. The next RSC meeting is August 9 at 9am, zoom 937 9880 0030 pw NAservice.

Yours in service, Paula R, RCM

RCM report continued:

At Area meeting, spoke of report and will email in. The next Area in August will begin at 1pm – 5pm and it will be hybrid. The website will show which login to use. Going to try for a few areas prior to looking at purchasing equipment. If you are a GSR, whether you attend in person or hybrid, you keep your vote. August 29th 1pm – 3pm will have a workshop about CBDM. Secretary to send out appendix to each group of what the acronyms mean.

Proposal for May 2027 Regional Assembly

Currently looking at two venues – our regular Area meeting space in Spryfield and the meeting space for Survivor's in Sackville. Both will accommodate the Assembly and the Regional meeting. We will also have hybrid capability. There are several motels/hotels within a 15-20 minute drive of each meeting space, relatively priced. Our Activities committee is willing to assist with the meal preps. We are considering several options. Soup & sandwiches for lunch, and either pizza or a BBQ for the evening meal.

Estimated costs:

Meeting space x 2 days \$300.00

Meal x 2 = \$500.00

Total \$800.00

Some suggestions for Saturday evening – games (NA Trivia), kitchen party

TREASURER: vacant

Treasurer report on following page of minutes

Treasurer Financial Report:**ALT TREASURER:** Kathleen M, Alt Treasurer

Treasurer's Financial Report for May 30, 2026 to Jun 26, 2026

Prudent reserve \$1,250.00

Insurance deductible reserve 1,000.00

Insurance Premium reserve 525.00

Total reserve \$2,775.00

Opening balance \$312.10

Income:

Adjustments (Lost cheque #789) 402.50

Breaking Free (#016) 120.00

Guiding Principles (et) 27.75

Last Chance (cash) 225.00

Nature of Recovery (et) 110.63

Serenity Seekers (et) 60.55

Sharing the Message (cash) 112.10

Survivors ((#001) 200.00

We Do Recover (et) 52.00

You Have A Choice Today (#059) 100.00

Total income \$1,410.53

Sub total \$1,722.63

Expenses:

Candlelight Travel Expense (#801) 199.10

Hope not Dope Travel Expense (#802) 138.06

Treasurer/Phoenix Group Travel Expense (#800) 128.00

Insurance Premium Reserve Transfer 175.00

WebPower (#803) 402.50

Rent for June (#804) 100.00

Eastlink (cell phone) (PAD) 56.61

Bank fee (PAD) 4.95

Total expenses \$1,204.22 - \$1,204.22 Opening balance + Total income - Total expenses = Closing balance \$518.41

Our reserves now stand at:

Prudent reserve \$1,250.00

Insurance deductible reserve 1,000.00

Insurance premium reserve 700.00

Total reserve \$2,950.00

YIS, Kathleen M

VICE-CHAIR: Vacant**CHAIR:** Jennifer M*BREAK – 10 minutes**Attendance after break – 13 rather than 16*

OLD BUSINESS:**Open Positions:**Vice Chair -Secretary -Alt Secretary -Alt RCM -Treasurer -Alt Treasurer -**PROPOSALS:****Proposal #1**

On the back of the agenda

Group would still like to put this forward

3 – for; Ray, Fred, Steve, Clay

3 – against; Joe, Em, Thi

Paula confirmed the pamphlet H&I basics which includes this. Page 14 under treatment, of H&I basics should be reviewed.

Steve confirmed that this information is still in NAWS approved literature? Paula yes

Maker of proposal still would like proposal to go forward.

5 for

7 against

MOTION HAS FAILED

Copy for minutes to follow

OPEN FORUM:

Joe – talked about going hybrid next month. Challenges from picking up noise from the room.

Lindy - suggests that people stay seated as a hybrid meeting picks up background noises.

Em – is this a trial?

Paula – we did the Assembly the same way and in this room. Someone would be helping with letting people speak. Asked Joe if he would be interested in this role to ensure less chit chat.

GROUP CONCERNS:

Sharing the Message – Secretary to send acronyms

Survivors – disruptive dog concern. Facility can be asked to see what their guidelines are.

Meeting closed at 4 PM. The next Area will be August 30th, 2026 - 322 Herring Cove Road

In loving service, JuleeAnn, Acting Area Secretary

Email: secretarycnana@gmail.com