

CENTRAL NOVA AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS
May 30, 2026

Attendance: Home Groups – GSRs, Alternates, & Representatives				
	Group	Representative	Present?	Vote?
1	90 in 90	No Rep	No	No
2	Amherst Hope	Jeremy M	No	No
3	Beacon of Hope	Clay N	No	Yes
4	Breaking Free	Craig M	No	No
5	Candlelight	Fred M	Yes	Yes
6	Clean and Strait	Kyle M	No	No
7	Foundation		No	No
8	Gateway to Freedom		No	No
9	Guiding Principles		No	No
10	Her Claim to Freedom		No	No
11	Hope for Today	Joe A	No	Yes
12	Hope Not Dope	Steve S	Yes	Yes
13	I Can't We Can	Bill H	Yes	Yes
14	Just for Today		Yes	Yes
15	Last Chance	Brian M/Elizabeth	No	No
16	Liberation	Thi	Yes	Yes
17	Living Clean	Cindy S	No	No
18	Love Life	Ryan M/John A	No	Yes
19	NA Lengths	Lindsay M	No	Yes
20	Nature of Recovery	Darrell P	Yes	Yes
21	New Vision	Em D	Yes	Yes
22	Nothing to Fear	Vadim	No	No
23	Orchard Valley	Jonah W	No	No
24	Phoenix Group (Sydney)	Steve S	Yes	Yes
25	Phoenix Group (Valley)	Willy W	No	No
26	Pride in Our Recovery	Patty W Rep	No	No
27	Progress Not Perfection	Karen S	No	No
28	Serenity Seekers	Joe B	Yes	Yes
29	Sharing the Message	Maryann	No	Yes
30	Shelter from the Storm	Em R	Yes	Yes
31	Starting Point	Robert	No	No
32	Strength in Numbers	Darrell A	No	No
33	Survivors	Tyler	No	Yes
34	Taking Care of Business	JB	No	No
35	We Do Recover	Ray K	Yes	Yes
36	You Have a Choice Today	Chrissy	Yes	Yes
37	You're Not Alone	Ernie C	No	No

Area Service Committee Executive		
Chair	Jennifer M	Present
Vice Chair	Vacant	Vacant
Secretary	Acting: JuleeAnn A	Present
Alternate Secretary	Vacant	Vacant
Treasurer	Vacant	Vacant
Alternate Treasurer	Kathleen M	Present
RCM	Paula R	Present
Alternate RCM	Vacant	Vacant

Area Subcommittees		
Activities Committee Chair	Vacant	Vacant
Archives Committee Chair	Dave B	Present
Literature Committee Chair	Dolores F	Present
PR Committee Chair	Aubrey L	Present

CNA website: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened at 1:30pm with the readings: 12 Traditions, 12 Concepts, A Vision for NA Service, and Service Prayer. Amendments: 1)

Attendance was taken with 12 groups present today out of 18 voting groups = quorum. 4 executive members are present. Every group present has a vote today which means we can make decisions today.

Any Observers:

New Groups to be seated:

GROUP REPORTS:

90 & 90

GSR: Alt. GSR:

Amherst Hope

GSR: Jeremy

Beacon of Hope

GSR: Joanne N Alt. GSR:

Breaking Free

GSR: Danny Alt. GSR:

GSR: Danny

Alt GSR:

Group members: 8 at Business mtg: 4 Avg attendance: 17 # of newcomers:

Beginning Bal: \$ 122.90 7th Trad: \$140.90 Lit sold: \$17 Other: \$ Total Income: \$280.80

Rent: \$90 Lit order: \$67 Other: \$ Regional Assembly Fund: \$

ASC Contribution: \$120 Total Expenses: \$273

Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$7.80

Group concerns: Wondering where April minutes are

Group info:

Announcements:

Candlelight (Membertou)

GSR: Fred M

At the last business meeting we did not receive any minutes pre our meeting. Candlelight is doing well. We had 2 celebrations: Jen R 2 years, and Angie S 1 year. Both celebrations were well attended. Candlelight is noticing a small shift in attendance with the better weather. With around 9 people on average, we have 5 home group members. We have finances in order now. I am depositing the 7th into the bank account on a weekly deposit. We have put our first literature order in today: \$55.90. So, we are holding our own. Yours in Service, Fred M

Clean and Strait

GSR: Kyle D Alt GSR: Thomas W

Foundation:

GSR: Alt GSR:

Gateway to Freedom

GSR: Alt GSR:

Guiding Principles

GSR: Alt GSR:

Beginning Balance: \$ 7th Tradition: \$95.75 Literature Sold: \$
 Other: \$ Total Income: \$ 95.75 Rent: \$ Literature Order: \$68 Other: \$
 GSR Fund: \$ 0 ASC Contribution: \$ 27.75 Total Expenses: \$
 Prudent Reserve: \$ 100 Total GSR Fund: \$ 0 Ending Balance: \$ 0
 Home Group Members: 3 Members at Business Meeting: 5 Average Attendance: 10
 Group Concerns:
 Other Group Information:
 Announcements:
 Nelson S — 29 years — July 18th

Her Claim to Freedom

GSR: Alt GSR:

Hope for Today

GSR: Leigh K Alt. GSR: Tracy W

Hope Not Dope

GSR: Steve S Alt GSR:

Group members: 12 at Business mtg: Avg attendance: 5 - 12 # of newcomers:
 Beginning Bal: \$ 7th Trad: \$ Lit sold: \$ Other: \$ Total Income: \$
 Rent: \$ Lit order: \$ Other: \$ Regional Assembly Fund: \$
 ASC Contribution: \$ 0 Total Expenses: \$
 Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$
 Group concerns: Not getting to proposals when they are proposed
 Group info: Still at Our Lady Fatima in Sydney River on Mondays at 7:30pm for a step meeting
 Announcements: Noelle S Monday July 20th

I Can't We Can

GSR: Bill H ALT GSR:

Just for Today

GSR: Kristen C Alt. GSR

Last Chance

GSR: Morgan K Alt GSR:

Beginning Balance: \$0 7 th Tradition: \$163.00 Literature Sold: \$20 Other: \$0
 Total Income: \$183.00 Rent: \$0 Literature Order: \$27.00 Other: \$
 GSR Fund: \$0 ASC Contribution: \$150.00 Total Expenses: \$177.00
 Prudent Reserve: \$75.00 Total GSR Fund: \$0 Ending Balance: \$6.00 + May
 30 th 7 th incoming
 Home Group Members: 6 Members at Business Meeting: 0 Average Attendance:20
 Group Concerns: No concerns for the group

Liberation

GSR: Alt GSR:

Group members: 13 at Business mtg: 4 Avg attendance: 12 # of newcomers: unknown
 Beginning Bal: \$77.55 7th Trad: \$85.45 Lit sold: \$0 Total Income: \$85.45 Rent: \$75.00 (paid to end of August) Lit order: \$0 Regional Assembly Fund: \$ 0 ASC Contribution: \$0 Total Expenses: \$79.00
 Prudent Reserve: \$100 (reduced) End Balance: \$-16 Other: \$4 Bank Fee
 Group concerns: Keeping naloxone kits at meetings
 Group info: voted no to men with men and women with women
 Announcements (please add this to the May ASC announcements):
 Brittany C - 8 years - June 29, 2026

Living Clean

GSR: Alt GSR:

Love Life

GSR: John A Alt. GSR: Brie Y

Group members: 4 at Business mtg: Avg attendance: 10- 15 # of newcomers: 1
 Beginning Bal: \$615.00 7th Trad: \$128.00 Lit sold: \$0 Other: Total Income: \$128.00
 Rent: \$50.00 Lit order: \$ 0 Other: \$ \$30.00 per diem for GSR travel 30.00 Regional
 Assembly Fund: \$100 ASC Contribution: \$ 0.00 Total Expenses: \$99.00
 Prudent Reserve: \$ 300 Total Regional Assembly Fund: \$100 End Balance: \$594.00
 Group concerns: We are about 6 months behind in rent so we have to pay \$300.00
 Group info:
 Announcements:

NA Lengths

GSR: Natasha Alt GSR: Lindsay

Group members: 9 at Business mtg: 5 Avg attendance: 12 # of newcomers: 2
 Beginning Bal: \$37.60 7 th Trad: \$174.70 Lit sold: \$ Other: \$ Total Income: \$174.70
 Rent: \$ Member food contribution Lit order: \$ Other: \$ Regional Assembly Fund: \$0
 ASC Contribution: \$200 Total Expenses: \$
 Prudent Reserve: \$100 Total Regional Assembly Fund/event fund: \$300 End Balance: \$-5.00
 Group concerns:
 Group info:
 Announcements: NA Lengths will have their second anniversary on July 2nd Fun, fellowship, snacks, speaker and surprises!

Nature of Recovery

GSR: Darrell P Alt GSR:

Group: Nature of Recovery

Report date:

GSR: Darrell P

Alt GSR:

Group members: 6-7 at Business mtg: 4 Avg attendance: 7 # of newcomers:
 Beginning Bal: \$0 7th Trad: \$170.60 Lit sold: \$ Other: \$ Total Income: \$170.60
 Rent: \$ 50 Lit order: \$10 Other: \$ Regional Assembly Fund: \$
 ASC Contribution: \$ 110.60 Total Expenses: \$
 Prudent Reserve: \$25 Total Regional Assembly Fund: \$ End Balance: \$110.60
 Group concerns: Low attendance & home group members
 Group info: Literature order = 10 white tags & group is talking about having coffee
 Announcements: Group is looking for support

New Vision

GSR: Em D Alt GSR:

Group members: 11 at Business mtg: 10 Avg attendance: 13 # of newcomers: 3
 Beginning Bal: \$0 7 th Trad: \$127.75 Lit sold: \$0 Total Income: \$146.75 Rent: \$50 Lit order:
 \$70.75 Other: \$4.78 (bank fees) \$20.00 (supplies) Regional Assembly Fund: \$0
 ASC Contribution:\$0 Total Expenses:\$145.53 Prudent Reserve: \$150.00 Total Regional Assembly: \$0
 End Balance: \$1.22

Group concerns: none

Group info:

Announcements: Starting June 14 th , New Vision's meeting on Sundays will be at 7:00pm instead of 8:00pm. And starting June 18 th , we will be opening a second night for New Vision from 7:00pm-8:00pm, every Thursday. It will be located in the same building but it will be in the basement on Thursday nights which is NOT wheelchair accessible. The one on Sundays is upstairs and IS wheelchair accessible.

Adam F. will be celebrating 18 years on June 7 th at New Vision

Nothing to Fear

GSR: Ashley Alt. GSR: Kary H

Orchard Valley

GSR: Jonah W Alt GSR:

Phoenix Group (Sydney)

GSR: Steve S Alt GSR:

Group members: 8 at Business mtg: 5 Avg attendance: 20-25 # of newcomers:
 Beginning Bal: \$937.51 7th Trad: \$558.35 Lit sold: \$ 127 Other: \$ Total Income: \$1622.86
 Rent: \$279 Lit order: \$150 Other: \$ Regional Assembly Fund: \$ ASC Contribution: \$
 Total Expenses: \$ Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$1193.86
 Group info: Everything is going well. We had a 4 year anniversary celebration on Friday, May 29th. It was beautiful & celebrated with fellowship and a potluck afterwards

Phoenix Group (Valley)

GSR: Alt GSR: Willy W

Pride In Our Recovery

GSR: Alt GSR:

Progress Not Perfection

GSR: Karen S Alt GSR: Lisa H

Serenity Seekers

GSR: Joe B Alt GSR:

Beginning Balance: \$100.00 7 th Tradition: \$127.50 Literature Sold: 0.00 Other: \$
 Total Income: \$127.50 Rent: \$50.00 Literature Order: \$15.00 Other: \$1.95 (BSC March)
 GSR Fund: \$0.00 ASC Contribution: \$60.55 Total Expenses: \$127.50
 Prudent Reserve: \$100.00 Total GSR Fund: \$0.00 Ending Balance: \$100.00
 Home Group Members: 7 Members at Business Meeting: 6 Average Attendance: 15
 Group Concerns: Lack of minutes
 Other Group Information: Serenity Seekers is pleased to see the recent support and hope it continues.

Sharing the Message

GSR: Alt GSR:

Sharing the Message group report: 25 May 2026

GSR: open. Alt GSR: open

Secretary: Active group members: 7 at Business mtg: 5 Avg attendance: 9 Newcomers: 0

Beginning Bal: \$0.00 7 th Trad: \$145.10 Lit Sold: \$0.00 Other: \$0.00 Total Income: \$145.10

Rent: \$33.00 Literature Order: \$0.00 Other: \$0.00 Regional Assembly Fund: \$0.00

ASC Contribution: \$121.10 Total Expenses: \$145.10

Prudent Reserve (Rent fund): \$33.00 Total Regional Assembly Fund: \$0.00 End Balance: \$0.00

Group concerns: None.

Group info: We discussed PR's H&I problem regarding "women with women & men with men" and our consensus was: if the facility is okay with it, PR should be. As with any service action, reports and feedback on those actions will determine whether or not it is a helpful action.

Announcements: Sharing the Message group needs addict support.

Shelter from the Storm

GSR: Em R Alt. GSR:

GSR: Emily R Alt GSR: Mariam C. Group members: 19 # at Business mtg: 9

Avg attendance: 13 # of newcomers: 3 Beginning Bal: \$158.60 7th Trad: \$133.01

Lit sold: \$22.00 Total Income: \$155.01 Opening Prudent Reserve: \$240 Literature Order: \$55.00

Other: \$9.00 (Bank Fees) + \$95.00 (Supplies) + \$240.00 (Rent fr. Prudent Reserve)= \$344.00

Regional Assembly Fund: \$0 ASC Contribution: \$50.00 Total Expenses: \$399.00

Total Regional Assembly Fund: \$0

Closing Prudent Reserve: \$100

End Balance: \$4.61

New Business

Group Concerns

Meeting to be held upstairs when ground level room is in use but it's still an accessible meeting through the back parking lot, this entrance goes right into the Gym on 2 nd level.

Group Info

Shelter's Annual Barbeque will be on August 10 th 6pm-7pm before the meeting at 7:30pm

o Barbeque Classics, snacks and beverages

o ALL ARE WELCOME

o Location: St. George's Round Church, 2222 Brunswick St, parking lot access through Brunswick Street or Nora Bernard Street, gathering will be held in the church's courtyard

Old Business (Open Service Positions--Brought to Group)

Open Positions brought to group, asked group members to be of service

Announcements & Anniversaries

Monday June 15, Noah B 3 Years

Monday July 13, Johnston F 11 Years

Starting Point

GSR: Steve T Alt GSR: None

Strength in Numbers

GSR: Alt GSR:

Survivors

GSR: Scott M Alt GSR: Jimmy H

Beginning Balance: \$48.56 7 th Tradition: \$618.36 Literature Sold: \$0 Other: \$0

Total Income: \$618.36 Rent: \$240.00 Literature Order: \$162.00 Other: \$0

GSR Fund: \$0 ASC Contribution: \$200.00 Total Expenses: \$647.31

Prudent Reserve: \$300 Total GSR Fund: \$0 Ending Balance: \$19.61

Home Group Members: 70 Members at Business Meeting: 12 Average Attendance: 29

Group Concerns:

Other Group Information:

Announcements:

Mike E - 20 years - June 11

Callie P - 2 years - June 23

Cody S - 18 months - July 19

Taking Care of Business

GSR: Alt GSR:

We Do Recover

GSR: Dawn B Alt. GSR:

Beginning Balance: \$ 0 7 th Tradition: \$ 159.80 Literature Sold: \$ 0 Other: \$ 0

Total Income: \$ 159.80 Rent: \$ 80 Literature Order: \$ 25.40 Other: \$ 2.50

GSR Fund: \$ 0 ASC Contribution: \$ 51.90 Total Expenses: \$ 107.90

Prudent Reserve: \$ 160 Total GSR Fund: \$ 0 Ending Balance: \$ 0

Home Group Members: 6 Members at Business Meeting: 4 Average Attendance: 13

Group Concerns: May need a bigger space.

Other Group Information: Discussions were had on who would hold each position within the home group and who would chair each meeting. We are also going to purchase or acquire books on running a business meeting and a home group meeting effectively.

Announcements: None

You Have a Choice Today

GSR: Chrissy B Alt GSR: Dominic

Group members: 15 at Business mtg: 4 Avg attendance: 18 # of newcomers:

Beginning Bal: \$445 7th Trad: \$275.10 Lit sold: \$ Other: \$ 20 Total Income: \$275.10

Rent: \$ 75 Lit order: \$ 70 Other: \$ 20 Regional Assembly Fund: \$

ASC Contribution: \$100 Total Expenses: \$

Prudent Reserve: \$ 175 Total Regional Assembly Fund: \$ End Balance: \$3

Group concerns:

Group info:

Announcements:

You're Not Alone

GSR: Ernie C Alt GSR:

ACTIVITIES COMMITTEE: Vacant (Dolores acting)

Good afternoon Area, all is well. We opened our meeting at 10:05 am with 8 of 12 voting members present on the zoom platform. We had a moment of silence followed by the serenity prayer.

Walks and hikes are going well flyer is out. baseball is going well and the field is all paid for flyer is also out

July 25 beach day 12:00 noon till 3:00 pm Crystal Crescent Beach Old. Sambro Creek Rd

bbque hot dogs 7 th always welcome flyer to follow. Aug 1 beach day in Cape Breton flyer is out

Open Positions: All positions are open the end of June at our meeting except for the chair.

Come be apart of.

Our next meeting is June 27 2026 10:00 am on the zoom platform.

We closed with the 3 rd Step Prayer.

YILS Chair Dolores F.

Questions: Ray, Crystal Crescent Beach. Anyway that the Activities Meeting could be changed to Sunday mornings? Not able to as PR and Area both are on Sunday.

Asked if the activities can be updated

ACTIVITIES TREASURER REPORT:

Not submitted at time of sending out minutes

ARCHIVES COMMITTEE: Dave B, Chair

We met on 14 May with 2 of 4 members.

Like last month, there was no business to discuss, so we had a work party: sorting and scanning files.

We scanned 50 files, which was a total of 352 pages. A back-up was made immediately afterwards. To replace the USB drive that went on a permanent vacation, a 128GB drive has been donated to Archives by a member.

Our Vice-Chairperson position is open.

Our next meeting will be at 1:00 pm on Thursday, 18 June, at 16 Arklow Dr., Cole Harbour.

YIS, Dave B., Archives Chairperson

archivesnana@gmail.com

LITERATURE COMMITTEE: Chairperson. Vacant (David C, Acting Literature Committee Chair)

3/5 voting members present. Between NAWS order is why below prudent reserve \$479.93

Inventory is low

June 27th at 9am is the next meeting.

Opened and closed 10:10am

YIS, David C, Acting Literature Chair

Literature Treasurer's Report

Date: 24 May 2026

We're \$479.93 below our prudent reserve. We're between NAWS orders, which makes our inventory level low. We have no contribution to Area this month.

Bank and Cash

Opening bank (Apr 18)	\$3,612.02	Opening cash	\$65.00 (petty cash)
Cheque #0254 (Apr 23)	-\$728.60	Sales: Cash	\$206.95 5 orders
Cheque #0256 (Apr 23)	-\$1,561.48	Cheque	\$463.00 5 orders
Marguerite Centre DD (Apr 24)	\$20.00	E-transfer	\$385.05 12 orders
Cheque #0258 (Apr 27)	-\$300.00	Dir Dep/Square	\$20.00 1 order
Bank charge (Apr 30)	-\$1.95	Total sales	\$1,075.00 23 total orders
Service charge (Apr 30)	-\$1.25		-\$1,075.00 Already deposited
Cash deposit charge (Apr 30)	-\$1.41		\$0.00 To be deposited
Deposit (May 01)	\$371.35		
Cheque #0256 (May 01)	-\$1,182.16		
Deposit (May 19)	\$566.00		
End bank (May 23)	\$792.52	End cash	\$65.00
Bank and Cash total	\$857.52		

Accounts Receivable None**Expenses**

<u>Item</u>	<u>Provider</u>	<u>Date</u>	<u>Amount</u>	<u>Notes</u>
NAWS orders 204640/41, ch 0259	NAWS	05-May-26	\$103.40	received these orders

Asset Summary

Bank and Cash total	\$857.52	(current value of bank funds & petty cash)
Inventory	\$10,355.95	(current value of physical stock)
Expenses	-\$103.40	(funds owed by Literature Committee)
Prudent Reserve	-\$11,500.00	(approximately 3 months' operations)
Accounts receivable reserve	\$0.00	(funds owed to Literature Committee)
Petty cash reserve	-\$65.00	(petty cash allows timely completion of cash transactions)
Bank account reserve	-\$25.00	(ensures unforeseen charges don't leave a negative balance)
Available Balance	-\$479.93	

PUBLIC RELATIONS COMMITTEE: Aubrey L

Public Relations Subcommittee Report Date:/Month: May 2026

Hi friends,

This report is prepared as a Chairperson of today's PR meeting.

The subcommittee met in-person today from 11:00 am and we had a quorum of 12/16 voting members present.

Here are today's highlights in point form:

0 H&I we are continuing with our biweekly WM meeting, attendance has been low.

0 PI we have heard from professionals and communities and have responded in kind

0 Outreach our coordinator has stepped down due to life circumstances changing.

0 Phone 20 calls this month. A lot of calls are coming from the Cape Breton region

0 web site coordinator there has been a lack of communication between the ASC and our

web coordinator. The web coordinator is doing everything they can to keep the website up to date and will make changes ASAP when given the latest info.

The chair will be working with the Area and Literature chairs to finalize a budget for H&I commitment Literature. As well as working with the Archives committee to make sure our guidelines are the most up to date as we can.

The committee reviewed the remainder of our vacant positions - please GSRs- take this information back to your homegroups for information purposes:

Please make sure your group's meeting info is up to date.

Open Positions are secretary, although secretary, Margueritte panel, h&i panel coord, Outreach Coordinator

We continue to welcome new members and/observers to participate in our next meeting

Yours in continuing to share the gifts of service,

Chairperson

Aubrey

Aubrey read report. Questions? Corrections used to pay for their literature but now they are not so the budget cost may go up. You had mentioned that there were a lot of calls from CB. Are you able to connect them with members who have clean time? Yes

Don't you have something to report about your dealings with PR? Members of groups in CB are working close with PR. Things are happening in CB? Yes. Mentioned that CB sent in a report, but you didn't mention anything that was in their report. I could do that with everyone's report, but I try to do point form. Aubrey will be including the details in the PR report for the minutes. Member mentioned that "we" should be Mainland and CB together, not "we" and "them". PR responded that "they" has been reporting.

EXECUTIVE REPORTS

RCM: Paula R

The RSC met on Sunday May 24. All ASC's were present – NANB, NNB, PEI, NFLD and CNA.

NANB – doing well.

NL – Reminder, Convention June 5-7. Doing well

PEI – Unity Days went so well will be 3-day event going forward. PEI Campout June 12 -19. Doing well

NNB – doing well, only 2 groups, struggling with literature costs. Suggestions offered to combine with NANB.

Note – please check CARNA website for new event calendar – updated and visible.

There were no observers at Region. As a Region, we would really like to see some observers attend.

There are a few unfilled positions, and it would be great to see some interest from outside the regular committee members. Our next RSC meeting will be August 9 on zoom, you can access through the CARNA website.

One concern to be brought back to CNA was announcements/events on the CARNA website. It's great that we are now putting them there, but the web coordinator has asked to only put events that may interest people outside our Area. Local events, such as games days, baseball games, hikes, etc can just be put on our ASC website.

I raised two concerns from our ASC to the Regional body. One was the proposal and discussion around treatment facilities and gender of panel people. Several other ASC's also go with the facility rules, ie both men and women share at any facility that allows both genders. Discussion centered around panel leaders using discretion. The World H&I handbook is outdated and does not take into consideration the gender neutral issues of today.

The other concern was the time allotted for ASC and our difficulty in conducting business. Most other ASC's also have an allotted time frame of 3-4 hours but have less than 1/2 of the groups we have. The only suggestion offered was to extend our ASC time.

I was mistaken in that we did not need to prepare for the Regional Assembly until 2027. The RSC body has asked me to prepare a proposal to the guidelines. I will be working on this over the next month, and will share the proposal with this ASC prior to August RSC (as we do not meet in July). I will be reaching

out to Activities and other groups to check on location possibilities.

WSC was held May 3-9 and all motions except Motion 5 (AI to replace human interpreters) passed.

Motion 5 failed. The Regional delegate showed us some videos of the event, and provided feedback on the meetings. There were estimated total of 272 participants at the Conference, with 148 of these voting members. The RD submitted an 8-page report, I can provide more info if anyone wants to request.

Highlights - 9188 members responded to the CAR surveys. From those the following are top projects

- New Recovery literature (Disruptive & Predatory Behavior)
- Revisions to recovery literature – Gender Neutral Language (this will begin with IP#1)
- New Service material – Mentorship in Service, Virtual Service, Fellowship Development
- Revised service material – The Group Booklet, Guide to Local Services

WCNA will shift to every 5 years starting in 2028. WCNA 39 (75th anniversary) will be held in Dublin, Ireland in July 2028.

Canadian Assembly is still looking for input on the Vision Statement. I still have some copies here if anyone would like to review and provide any input.

Reminder CCNA is being held in Moncton, ending with the Canadian Convention. I have flyers here as well, and please continue to announce.

Yours in service,

Paula R – RCM

VICE-CHAIR: Vacant

CHAIR: Jennifer M

TREASURER: Vacant

ALT TREASURER: Kathleen M, Alt Treasurer

Treasurer's Financial Report for April 25, 2026 to May 29, 2026

Prudent reserve.....	\$1,250.00	
Insurance deductible reserve	1,000.00	
Insurance Premium reserve	<u>350.00</u>	
Total reserve.....	\$2,600.00	
Opening balance	\$4,324.42	Income:
Literature (#792)	300.00	
Guiding Principles (cash)	12.05	
Liberation (#89)	200.00	
NA Lengths (et)	100.00	
New Vision (et)	17.61	
Serenity Seekers (et)	72.45	
Sharing the Message (cash)	73.80	
Shelter from the Storm (#225)	250.00	
Survivors (#096)	102.70	
We Do Recover (et)	54.00	
Total income	\$1,182.61	
.....	Sub total	\$5,507.03 Expenses:
U Store it locker Fee (#788)	325.60	
Cheque Reorder Expense (#796)	176.68	
Secretary Printing Expense (#791)	18.84	
Treasurer Supplies (#799)	34.66	
Candlelight Travel Expense (#793)	146.00	
Hope not Dope Travel Expense (#795)	156.00	

Literature re PR Orders (#792)	127.50	
Love Life Travel Expense (#794)	57.01	
Void Cheques (#790)	0.00	
Insurance Premium Reserve Transfer	175.00	
Contribution to CARNA (#798)	3,413.58	
WebPower (#789)	402.50	
Rent for May (#797)	100.00	
Eastlink (cell phone) (PAD).....	56.61	
Bank fee (PAD).....	4.95	
Total expenses	\$5,194.93 <u>-\$5,194.93</u> Opening balance
+Total income - Total expenses = Closing balance		\$312.10

Our reserves now stand at:

Prudent reserve.....	\$1,250.00
Insurance deductible reserve	1,000.00
Insurance premium reserve	525.00
Total reserve.....	\$2,775.00

YIS, Kathleen M

BREAK – 10 minutes
Attendance after break – numbers didn’t change

OLD BUSINESS:

- Open Positions:
- Vice Chair -
- Secretary –

PROPOSALS:

PROPOSAL #1

Committee: Central Nova Area ASC	Money proposal? Yes: <input checked="" type="checkbox"/> No: <input type="checkbox"/>
Proposer: Steve S GSR Hope Not Dope	Date: 26/April/2026
First name, initial, position (eg: Jimmy K., GSR, Group) / Subcommittee	(day – month – year)
<p>Proposal: To purchase /rent a portable Internet box for our ASC so as we can go hybrid for our meetings</p>	

Intent: - To try and entice more GSR's to attend
Financial impact: These portable Wi-Fi boxes are available for \$60.00/ month and up. To use prudent funds responsibly. Gas is expensive.

This part is completed by the committee secretary

Committee Decision proposal withdrew by Hope Not Dope after discussion		Consensus total:	
Assent:	Assent with reservation:	Stand aside:	Block:
Reasons for Reservation/Stand aside (optional):			
Reasons for Block (mandatory):			
Person responsible for incorporating this proposal:			
This proposal is to be incorporated on or before the date of:			
Signature: Secretary/Chairperson		Proposal #:	

PROPOSAL #2

Committee: Central Nova Area	Money proposal? Yes: <input type="checkbox"/> No: <input checked="" type="checkbox"/>
Proposer: Steve S GSR Hope Not Dope <small>First name, initial, position (eg: Jimmy K., GSR, Group) / Subcommittee</small>	Date: 26/April/2026 <small>(day – month – year)</small>

<p>Proposal: Distribution of GSR executive reports to area secretary prior to sending out area minutes for advanced reporting</p>
<p>Intent: to save time at the table for our report so we can give ourselves more time to conduct new business</p>
<p>Financial impact:</p>
<p>Background info / Proposal rationale / Contact persons outside the committee, etc. (if required, use other side) Nil</p>

This part is completed by the committee secretary

<p>Committee Decision This proposal was first tabled at the April 26 ASC as GSRs wanted the RCM to investigate and present a range of ideas to consider at the June ASC. After further discussion at the May 31 ASC, Hope Not Dope withdrew this proposal.</p>	<p>Consensus total: n/a</p>				
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%; border-right: 1px solid black; padding: 5px;">Assent:</td> <td style="width: 25%; border-right: 1px solid black; padding: 5px;">Assent with reservation:</td> <td style="width: 25%; border-right: 1px solid black; padding: 5px;">Stand aside:</td> <td style="width: 25%; padding: 5px;">Block:</td> </tr> </table>	Assent:	Assent with reservation:	Stand aside:	Block:	
Assent:	Assent with reservation:	Stand aside:	Block:		
<p>Reasons for Reservation/Stand aside (optional):</p>					
<p>Reasons for Block (mandatory):</p>					
<p>Person responsible for incorporating this proposal:</p>					
<p>This proposal is to be incorporated on or before the date of:</p>					
<p>Signature: Secretary/Chairperson</p>	<p>Proposal #:</p>				

OPEN FORUM:

Dave – H&I panel speaker. Is not a member of PR but is approved by PR. Must qualify and be signed from the PR committee. Also must be cleared by the facility. Ie: If Marguerite says its ok, PR must confirm that assigning members to go to he committee. If they aren’t suitable, it is PRs responsibility to go in.
 David C – heard earlier about Naloxone in meetings. Don’t think there is anything says that meetings should carry them. Epi pens and inhalers are suggested to the Activities Committee as there are outdoor events.
 MISSED WHAT HE SAID HERE – SORRY.

Steve – the Naloxone issue; we are not doctors. Home Group just decided to keep it in their car. Spoke on how people go into withdrawal from Naloxone and the person can get very confronting once Naloxone has been administered.

Em – confused by the “leave the naloxone kit in your car”. Em confirmed that not everyone has the training. Also doesn’t understand why meetings can’t have a Naloxone kit. The church where her meeting is, the Church has one.

Miriam – Naloxone kit – included in Shelter’s group report

Thi – was going to submit a proposal. She discussed with her group, but she was told to bring this to Area and that they don’t think it would be a liability issue. Everyone can get direction/training on how to Naloxone.

Paula – Naloxone is in Group Concerns and will be brought up then.

Ray – We Do Recover has a Naloxone kit

Darrell P – would our insurance cover us? Would having a Naloxone kit be a liability?

GROUP CONCERNS:

NEW BUSINESS:

PROPOSALS:

PROPOSAL #1

Committee: Central Nova Area	Money proposal? Yes: <input type="checkbox"/> No: <input checked="" type="checkbox"/>
Proposer: Steve S GSR Hope Not Dope <small>First name, initial, position (eg: Jimmy K., GSR, Group) / Subcommittee</small>	Date: 31 May 2026 <small>(day – month – year)</small>
Proposal: That we (The central Nova ASC re arrange our agenda so new business and meet come immediately after old business so if anything gets cut short it is after business is handled	
Intent: To conduct business for the better of NA	
Financial impact:	
Background info / Proposal rationale / Contact persons outside the committee, etc. (if required, use other side)	

This part is completed by the committee secretary

Committee Decision This proposal passed. .		Consensus total:	
Assent:	Assent with reservation:	Stand aside:	Block:
Reasons for Reservation/Stand aside (optional):			
Reasons for Block (mandatory):			
Person responsible for incorporating this proposal:			
This proposal is to be incorporated on or before the date of:			
Signature: Secretary/Chairperson		Proposal #:	

Meeting closed at 4:15PM. The next Area will be June 28th, 2026 - 322 Herring Cove Road

In loving service, JuleeAnn, Acting Area Secretary
 Email: secretarycnana@gmail.com