

## CENTRAL NOVA AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS

October 26, 2025

<b>Attendance: Home Groups – GSRs, Alternates, &amp; Representatives</b>				
	Group	Representative	Present?	Vote?
1	90 in 90	No Rep	No	No
2	Amherst Hope	Jeremy M	No	No
3	Beacon of Hope	Joanne	Yes	Yes
4	Breaking Free	Craig M	No	No
5	Clean and Strait	Kyle M	No	No
6	Hope for Today	Leigh K/Tracy W	Yes	Yes
7	I Can't We Can	Bill H	No	Yes
8	Just for Today	No Rep	No	No
9	Last Chance	Brian M/Elizabeth	No	No
10	Liberation	No Rep	No	No
11	Living Clean	Cindy S	No	No
12	Love Life	Ryan M	No	Yes
13	NA Lengths	Lindsay M	Yes	Yes
14	Nature of Recovery	Darrell P	Yes	Yes
15	New Vision	Em D	Yes	Yes
16	Nothing to Fear	No Rep	No	No
17	Orchard Valley	Jonah W	No	No
18	Phoenix Group (Sydney)	Kathleen M	Yes	Yes
19	Phoenix Group (Valley)	Willy W	No	No
20	Pride in Our Recovery	Patty W Rep	Yes	Yes
21	Progress Not Perfection	Karen S	No	No
22	Serenity Seekers	Joe B	Yes	Yes
23	Sharing the Message	Maryann	No	No
24	Shelter from the Storm	Chad/Mariam	No	No
25	Starting Point	Robert	No	No
26	Strength in Numbers	Darrell A	No	No
27	Survivors	Scott/Tyler	No	Yes
28	Taking Care of Business	JB	No	No
29	We Do Recover	Ray K	Yes	Yes
30	You Have a Choice Today	Chrissy	Yes	Yes
31	You're Not Alone	Ernie C	No	No

<b>Area Service Committee Executive</b>		
Chair	Vadim M	Present
Vice Chair	Vacant	Vacant
Secretary	JuleeAnn A	Present
Alternate Secretary	Vacant	Vacant
Treasurer	Jennifer M	Present
Alternate Treasurer	Vacant	Vacant
RCM	Vacant	Vacant
Alternate RCM	Vacant	Vacant

Area Subcommittees		
Activities Committee Chair	Vacant	Vacant
Archives Committee Chair	Dave B	Present
Literature Committee Chair	Dolores F	Present
PR Committee Chair	Aubrey L	Present

CNA website: [www.centralnovaarea.ca](http://www.centralnovaarea.ca) CNA e-mail address: [centralnovaarea@gmail.com](mailto:centralnovaarea@gmail.com)

**The meeting opened** at 1:35pm with the readings: 12 Traditions, 12 Concepts, A Vision for NA Service, and Service Prayer. September minutes

**Attendance** was taken with 10 groups present today out of 13 voting groups = quorum. 3 executive members are present. Every group present has a vote today which means we can make decisions today.

Any Observers: Clay, Sherry, Noelle, Paula, Nelson, Steve

New Groups to be seated: Noelle, North Sydney, Monday nights, 7:30pm "Hope not Dope". Literature has meeting info to add to meeting list. Secretary gave Noelle a hardcopy GSR Orientation kit

### GROUP REPORTS:

#### **90 & 90**

GSR: Alt. GSR:

#### **Amherst Hope**

GSR: Jeremy

#### **Beacon of Hope**

GSR: Joanne N Alt. GSR:

#### **Breaking Free**

GSR: Alt. GSR:

Group Name: BREAKING FREE

GSR: Ø Alt GSR: Ø

Date of Report: OCT /22/2025.

Beginning Balance: \$ 28.50 7<sup>th</sup> Tradition: \$ 149.85 Literature Sold: \$ Other: \$ 68.76

Total Income: \$ 179.35 Rent: \$ Literature Order: \$ Ø Other: \$ ←

GSR Fund: \$ Ø ASC Contribution: \$ Ø Total Expenses: \$ 68.76

Prudent Reserve: \$ Ø Total GSR Fund: \$ Ø Ending Balance: \$ 110.59

Home Group Members: 10 Members at Business Meeting: 4 Average Attendance: 18

Group Concerns:

Other Group Information:

Announcements:

#### **Clean and Strait**

GSR: Kyle D Alt GSR: Thomas W

### **Hope for Today**

GSR: Leigh K Alt. GSR: Tracy W

Group members: 5 at Business mtg: 4 Avg attendance: 6 # of newcomers: 4  
 Beginning Bal: \$40.40 7<sup>th</sup> Trad: \$110.80 Lit sold: \$0 Other: \$0 Total Income: \$110.80  
 Rent: \$100.00 Lit order: \$0 Other: \$0 Regional Assembly Fund: \$0  
 ASC Contribution: \$0 Total Expenses: \$100.00  
 Prudent Reserve: \$150.00 Total Regional Assembly Fund: \$200.00 End Balance: \$51.20  
 Group concerns: We would like area meetings to actually start at 1:30pm!  
 Group info:  
 Announcements: Nov 20 will be a double anniversary - Leigh K. celebrating 2 years, and Joe A. celebrating 3 years!

### **I Can't We Can**

GSR: Bill H ALT GSR:

Hello Area, All is good with I Can't We Can. We had 5/5 home group members at the business meeting. Our average attendance is 15 – 18. All bills are paid. We noted the following: Yes – Vadim M, Chair; Yes – Leigh K, Vice Chair; Yes – Dave B, Archives Committee Chair; Yes – Aubrey L, PR Chair. No waving clean time. No support for election. YIS, Bill H

### **Just for Today**

GSR: Kristen C Alt. GSR

### **Last Chance**

GSR: Joey B Alt GSR:

### **Liberation**

GSR: Alt GSR:

### **Living Clean**

GSR: Alt GSR:

### **Love Life**

GSR: John A Alt. GSR: Brie Y

### NA Lengths

GSR: Natasha Alt GSR: Lindsay

Beginning Balance: \$267.86		7 <sup>th</sup> Tradition: \$189.90		Literature Sold: \$21			
Other: \$		Total Income: \$210.09		\$478.76 before expenses			
Rent: Food contribution by members.		Literature Order: \$74.50		Other: \$			
GSR Fund:\$90		ASC Contribution: \$200		Total expenses: \$364.00			
Prudent Reserve: \$50.00		Total GSR Fund: \$210		Ending Balance: \$114.76			
Number of Group Members:13		Number at Business Meeting:7		Number of Average Attendance:12		Number of Newcomers:4	
Group Concerns:							
Other Group Information:							
Anniversaries and Group Announcements: Natasha Nov 13							

### Nature of Recovery

GSR: Darrell P Alt GSR:

### New Vision

GSR: Em D Alt GSR:

Group: New Vision	Report date: October 26 <sup>th</sup> , 2025
GSR: Em. D	Alt GSR: None
Group members: 6	at Business mtg: 3
Avg attendance: 14	# of newcomers: 0
Beginning Bal: \$495.64	7 <sup>th</sup> Trad: \$61.80
Lit sold: \$17.00	Other: Total Income: \$78.80
Rent: \$ 50.00	Lit order: \$45.00
Other: \$4.62	Regional Assembly Fund: \$0
ASC Contribution: \$374.82	Total Expenses: \$99.62
Prudent Reserve: \$100	Total Regional Assembly Fund: \$ 0
End Balance: \$100	
Group concerns: none	
Group info:	
voted Yes to waive Tyler's clean time	
Alt. Secretary: Yes for Tyler. F	
For Area Chair: Yes for Jennifer	
Alt Treasurer: Yes for Kathleen	
Vice Chair: Yes for Leigh. K	
Archives – Yes for Dave. B	
PR – Yes for Aubrey. L	
Announcements:	
None	

### Nothing to Fear

GSR: Ashley Alt. GSR: Kary H

### **Orchard Valley**

GSR: Jonah W Alt GSR:

### **Phoenix Group (Sydney)**

GSR: Kathleen M Alt GSR:

Group members: 8 # at Business mtg: 6 Avg attendance: 20 # of newcomers: 4  
 Beginning Bal: \$762.63 7<sup>th</sup> Trad: \$298.16 Lit sold: \$135.00 Other: \$ Total Income: \$1195.79  
 Rent: \$149.00 Lit order: \$307.50 Other: \$ Regional Assembly Fund: \$  
 ASC Contribution: \$ Total Expenses: \$456.50  
 Prudent Reserve: \$ Total Regional Assembly Fund: \$ End Balance: \$739.29  
 Group concerns: none  
 Group info:  
 Announcements: Jack is celebrating 1 year on November 28th

### **Phoenix Group (Valley)**

GSR: Alt GSR: Willy W

### **Pride In Our Recovery**

GSR: Alt GSR:

We had a business meeting with 4 members in attendance. We continue to be a zoom only meeting, and have been having members attend from across Canada, the USA and Europe. Our average attendance is 10. We discussed the current nominations, and are prepared to vote on them today. All of our financial obligations are met. We do not currently have a GSR. Group members will be submitting reports and representing the group in the absence of a GSR. Yours in service, Pride In Our Recovery Members

### **Progress Not Perfection**

GSR: Karen S Alt GSR: Lisa H

### **Serenity Seekers**

GSR: Joe B Alt GSR:

Group members: 7 at Business mtg: 4 Avg attendance: 17 # of newcomers: 0  
 Beginning Bal: \$100.00 7<sup>th</sup> Trad: \$222.30 Lit sold: \$21.00 Other: \$ Total Income: \$243.30  
 Rent: \$40.00 Lit order: \$ Other: \$1.95 BSC Sept Regional Assembly Fund: \$  
 ASC Contribution: \$201.35 Total Expenses: \$243.30  
 Prudent Reserve: \$ 100.00 Total Regional Assembly Fund: \$ End Balance: \$100.00  
 Group concerns:  
 Group info:  
 Announcements:

## Sharing the Message

GSR:      Alt GSR:

GSR: open.      Alt GSR: open

Secretary: active group members: 8      at Business mtg: 3      Avg attendance: 13      Newcomers: 2

Beginning Bal: \$0.00      7<sup>th</sup> Trad: \$138.30      Lit Sold: \$0.00      Other: \$0.00      Total Income: \$138.30

Rent: \$34.00      Literature Order: \$8.50      Other: \$0.00      Regional Assembly Fund: \$0.00

ASC Contribution: \$95.80      Total Expenses: \$138.30

Prudent Reserve (Rent fund): \$0.00      Total Regional Assembly Fund: \$0.00      End Balance: \$0.00

Group concerns:

Proposal to buy a printer for Area use. We discussed existing obstacles to putting this into practice:

1. Taxes & Eco fees apply to printer and to any ink or toner purchases.
2. What type of printer Laser or inkjet? Colour or B&W? Can it automatically double-side? Would it do paper only or can it print cardstock?
3. Who pays for & ensures there's enough ink or toner & paper on hand? How do we track ink & paper usage.
4. Where will it be stored? What is the ease of access to that storage for anyone wanting to use the printer? Security of the printer & storage facility needs to be considered. How would we track the printer's whereabouts? Is there a signing out & return policy?
5. What about reimbursement to Area for damage or replacement?
6. What if more than one committee needs to use it at the same time? This would happen more so as we near the weekend of Area.
7. There are other costs not associated with the purchase, such as gas, travel time, and extra coordination & planning required for equitable use by six committees.

Our consensus on buying a printer for Area use is that more info is required before an informed decision could be made. We ask that, as written, the proposal be withdrawn until such time as the requisite info is provided. If not withdrawn, our consensus is not to support the purchase.

Group info: We discussed and came to a consensus regarding the members standing for election.

Announcements: Sharing the Message group needs addict support. Sherry B. celebrates 13 years on Monday, 17 Nov. Will E. celebrates 18 years on Monday, 01 Dec.

## Shelter from the Storm

GSR: Em R      Alt. GSR:

Email GSR orientation kit to Em

## Starting Point

GSR: Steve T      Alt GSR: None

## Strength in Numbers

GSR:              Alt GSR:

## Survivors

GSR: Scott M      Alt GSR: Jimmy H

## Taking Care of Business

GSR:      Alt GSR:

### We Do Recover

GSR: Ray K Alt. GSR:

Group members: 4 at Business mtg: 3 Avg attendance: 11 # of newcomers: 2  
 Beginning Bal: \$0.50 7<sup>th</sup> Trad: \$144.00 Lit sold: \$ 21.00 Other: \$ Total Income: \$165.50  
 Rent: \$80.00 Lit order: \$24.00 Other: \$2.50 bank fee Regional Assembly Fund:  
 \$0

ASC Contribution: \$59.00 Total Expenses: \$165.50  
 Prudent Reserve: \$160.00 Total Regional Assembly Fund: \$0 End Balance: \$0

Group concerns: We would like to bring up about a hybrid meeting for area and any other committees that don't already have it.

Group info: We are still pursuing to use the bigger music room and have some difficulties getting that secured. Within the next months, if we can't get a decision we may change the meeting spot, we do have other options.

Announcements:

### You Have a Choice Today

GSR: Chrissy B Alt GSR: Dominic

### You're Not Alone

GSR: Ernie C Alt GSR:

**ACTIVITIES COMMITTEE:** Vacant - Vadim read report

#### October Meeting

- October 25, 2025; 10:00 AM – 1:00 PM; Zoom
- Attendance: 7 (6 members, 1 new member)

#### Membership

- Currently have 12 members
- Changes
  - Judi M stepped down after the September meeting
  - Kathleen joined at the October meeting
  - John F elected to Secretary position during the September meeting
  - Dolores F stepped down from Vice Chair, Hospitality Coordinator, and Acting Chair positions
- Open Positions
  - Chair
  - Vice Chair
  - Hospitality Coordinator
  - Treasurer
  - Assistant Registration Coordinator
  - Assistant Hospitality Coordinator
- Issue
  - Key executive positions are open
  - Hampers the Committee's ability to function effectively
  - ***Request that Area Service Committee appoint someone to the position of Chair, effective immediately and continuing until the position is filled***

#### Summary of October Meeting

- Reports
  - No report from Chair and Vice Chair
  - Canteen Coordinator
    - Honour system used at the Fall into Recovery event did not work well

- Will revert to staffing canteen for future events
- Hospitality Coordinator
  - Chili, Caesar Salad, Apple Crisp and Pies
  - 65 people served
- Registration Coordinator
  - 65 people registered
  - 10 hardship fund
- Treasurer
  - See attached report
- Program Coordinator
  - Event went very well
  - Speakers were amazing
  - Food was delicious
  - A big thank you to Activities members who helped put on the event
  - Future events: In out of the Cold and New Years Eve dance – more to be revealed
- Activities Committee Policy & Procedures Guidelines
  - Proposed amendments dependent on Convention Committee Policy & Procedures Guidelines
  - ***Request that Area Service Committee move forward with Convention Committee Policy & Procedures Guidelines***
- In out of the Cold
  - Looking for contributions from groups and members who want to contribute their time to help put on the event
  - Contact Tyler F or Natasha N if you want to volunteer
  - A flyer will be out soon
- Games Day
  - Looking for one or more groups to host a games day
    - Weekend afternoon (preferred) or an evening through the week
    - Every second week
- Winter Activities
  - Looking for groups to host other activities throughout the winter, such as bowling night, skating, skiing, and tobogganing
  - Other ideas welcome
- Fall into Recovery and Spring into Recovery
  - Recommendation to increase registration fee to \$20
  - The fee has been set at \$15 for a long time and the cost of groceries and other supplies has increased significantly
  - Recommendation approved
- Next Meeting
  - Saturday, November 29, 2025
  - 10:00 AM
  - Zoom (849 0150 9248, password: cnana)

Respectfully submitted by Activities Committee Secretary  
October 26, 2025



**ACTIVITIES TREASURER REPORT:**

Activities Treasurers Report  
Oct 25, 2025

Item	Date	Check #	Amount
Opening Balance	Sept 27		\$4982.40
Bank Fee	Oct 1	PAD	\$8.75
Corn Boil income	Sept 28	Etrans	10.00
FIR – Hospitality	Oct 1	305	510.00
FIR – Programming	Oct 1	306	100.00
FIR – Rent	Oct 18	307	150.00
FIR – Cash income	Oct 18	Cash	560.00
FIR – Square income	Oct 18	Etrans	292.60
FIR – Square fees	Oct 18	Square	3.83
FIR – Lit – Clean time count down	Oct 18	308	56.00
Baseball Income	Sept	Etrans	300.00
Baseball fees	Oct		444.60
Closing Balance	Oct 25, 2025		\$4871.82

Amount before reserves	\$4871.82
Convention Reserve	\$3486.00
Activities Reserve	\$1000.00
Total reserves	\$4486.00
Amount after reserves	\$385.82

The baseball cost is not final, it may decrease. At the September Activities meeting we agreed to increase our reserve to \$1000.

Fall Into Recovery accounting is not final as we are waiting on Merchandise income.

As of today, we have a \$385.82 surplus which we can pass on to Area, check #309.

Etrans = E transfer.

PAD = Preauthorized Debit.

Internal = Accounting done on the Spreadsheet

**ARCHIVES COMMITTEE: Dave B, Chair**

We've continued to work on the archives throughout the month, doing more sorting and scanning. So far, no more mouldy files.

Regarding our home group photo project: We ask our online groups to send us a screenshot of their opening welcome-to-the-meeting page. Ideally, it would also identify the group.

Our Vice-Chairperson position is open.

Our next meeting will be at 1:00 pm on Tuesday, 18 Nov. If you'd like to help, please let us know.

YIS, Dave B., Archives Chairperson  
archivescnana@gmail.com

**LITERATURE COMMITTEE: Dolores F, Chair**

Opened at 9:30am with 2 of 3 voting members

No contribution this month. Making a NAWs order before prices go up

Price of Survival Kit will be the same

Updated price list will be available at November Area

We are submitting a proposal for clarity on absentee/applicability

Next meeting is November 23<sup>rd</sup> 9:30am on Zoom

This is my last Area as Literature Chair

Dolores F

## Treasurer's Report, Dolores Chair

### Literature Treasurer's Report

Date: 26 Oct 2025

We have no Area contribution this month, as we're \$1,276.23 below prudent reserve. We don't need a top-up from Area as this -\$1,276.23 will be taken care of by our deposit after Area.

#### Bank and Cash

Opening bank (Sep 22)	\$2,336.48	Opening cash	\$65.00 (petty cash)
Deposit (Sep 23)	\$1,573.20	Sales: Cash	\$140.00 4 orders
Cheque #0242 (Sep 23)	-\$1,500.00	Cheque	\$553.50 11 orders
Cheque #0239 (Sep 24)	-\$22.03	E-transfer	\$1,075.50 4 orders
Cheque #0241 (Sep 24)	-\$1,949.06	Total sales	\$1,769.00 19 total orders
Bank charge (Sep 29)	-\$1.95		-\$1,588.50 Already deposited
Over limit charge (Sep 29)	-\$2.50		\$180.50 Total to be deposited
Over deposit charge (Sep 29)	-\$2.81		
Over limit correction (Oct 22)	\$1.25		
Deposit (Oct 22)	\$851.50		
End bank (Sep 21)	\$1,284.08	End cash	\$65.00
Bank and Cash total	\$1,529.58		

#### Accounts Receivable

Facility	Date	Invoice	Amount
Survivors	27-Aug-25	320190	\$340.65
Total Accounts Receivable			\$340.65

#### Expenses

Item	Provider	Date	Amount	Notes
Lit order 202663	NAWS	30-Sep-25	\$2,157.96	received this order
Lit order 203691	NAWS	07-Oct-25	\$916.26	received this order
Expenses total			\$3,074.22	

#### Assets

Bank and Cash total	\$1,529.58	
Inventory	\$9,992.76	
Expenses	-\$3,074.22	
Prudent Reserve	-\$10,000.00	
Accounts receivable reserve	\$340.65	
Petty cash reserve	-\$65.00	Petty cash allows timely cash transactions to be completed
<b>Available Balance</b>	<b>-\$1,276.23</b>	

## PUBLIC RELATIONS COMMITTEE: Aubrey L

Hello Family,

This report is prepared for today's PR meeting.

The subcommittee met in-person today from 11:00-1:00 and we had a quorum of out of 13 voting members present.

### Here are today's highlights in point form:

- **Withdrawal Management** – Our panel leader for Withdrawal Management 1 has stepped down and we are looking for interested members to step up for this position.
- **Public Information** – We have a National Substance abuse and addiction conference coming to town Nov17-19th. We are looking for NA members to help be at the booth and talk with conference attendees. We are also looking at running some local magazine ads,
- **H&I-** Detox and MArguriete are going well, the prison had one meeting not go this month due to last minute speaker cancellations
- **Outreach Coordinator** – This position is open with an eager mentor ready to help the incoming member learn the role

- **Phone line** - We held our Phone line training at Fall into Recovery, Thank you to the activities committee for putting on another fantastic event and asking us to do a workshop. Our phone line coordinator, John B stepped down and Eddie D stepped up
- **Webservernt**- If there are changes to your member information, please info both the literature committee and the webservernt - [centralnovaarea@gmail.com](mailto:centralnovaarea@gmail.com)  
I advise all groups to look at the meeting list and see if the tags associated with your meeting are still relevant, and if not contact us.
- **PR News** - We are looking to make Public Relations a Hybrid meeting, meaning that you will be able to join via zoom. We hope that this will ease any barriers members may have to joining the PR committee or taking on a service position. We also have NA Help line Posters to hand out if you'd like any, please see myself after the meeting
- **Open Positions** - please GSR's – take this information back to your homegroups for information purposes: Men's Corrections Panel Leader, Outreach Coordinator, H&I Coordinator ● **We continue to welcome new members and/observers to participate in our next in-person meeting on**  
Printer own by area  
Paying for posters  
Announcements about open positions.
- **Nov 30th or whenever Area agrees to meet**

Yours in service,  
Aubrey L,  
PR Chair

## **EXECUTIVE REPORTS**

**RCM:** Vacant

**VICE-CHAIR:** Vacant

**CHAIR:** Vadim M  
No report

**TREASURER:** Jennifer M**Treasurer's Financial Report for Sept 20, 2025 to October 24, 2025**

Prudent reserve.....	\$1,250.00
Insurance deductible reserve .....	1,000.00
Insurance Premium reserve .....	<u>1,155.00</u>
Total reserve.....	<b>\$3,405.00</b>

Opening balance ..... - \$358.17

**Income:**

Adjustment (# reversal of cheque 723) .....	\$33.14
Breaking Free (#003) .....	200.00
Progress Not Perfection (et) .....	100.00
Serenity Seekers (057) .....	344.05
Sharing the Message (cash).....	23.50
Survivors (#79).....	325.35
Survivors (#81).....	166.38
Strength in Numbers ().....	150.00
You have a choice Today .....	<u>300.00</u>
Total income .....	<b>\$1,642.42</b>
	<b>+ 1,642.42</b>
Sub total .....	<b>\$1,284.25</b>

**Expenses:**

U Store it locker Fee (Oct 14) (#729) .....	162.80
Canada Post Corporation (#730).....	285.00
Replacement cheque for #723 (#732) .....	33.14
Secretary printing expense (#733) .....	15.72
PR Printing expense (August)(734) .....	16.30
Phoenix Group CB travel expense (#735) .....	81.26
Void cheque (#736).....	00.00
Rent (October) (#737).....	100.00
PR Printing expense (Sept)(738).....	10.80
ASC Printing expense (Sept)(738).....	6.10
Transfer to Premium Insurance fund.....	165.00
PR poster printing expense (739).....	41.50
Eastlink (cell phone) (PAD).....	56.61
Bank fee (PAD).....	<u>4.95</u>
Total expenses .....	<b>\$1,012.32</b>
	<b>- 1,012.32</b>
Opening balance + Total income - Total expenses = Closing balance .....	<b>\$271.93</b>

Our reserves now stand at:

Prudent reserve.....	\$1,250.00
Insurance deductible reserve .....	1,000.00
Insurance premium reserve .....	<u>1,320.00</u>
Total reserve.....	<b>\$3,570.00</b>

**BREAK – 10 minutes****Attendance after break – numbers don't change****OLD BUSINESS:****Open Positions:**

**Area Chair** – Vadim & Jennifer. Majority vote: in favor of Jennifer M. Jennifer is voted in by ballot for the position of Chair

**Area Vice Chair** – Leigh stepped down at October Area. No more nominations or volunteers

**Activities Chair** – No nominations or volunteers

**Archives Chair** – Dave B voted in

**Literature Chair** – No nominations or volunteers

PR Chair – Aubrey voted in

Alternate Secretary – Tyler F volunteered. Not a majority for clean time waiving. As there will not be anyone in the Secretary position, Tyler is not comfortable with being voted in as Alternate. In favor of waiving clean time 6 groups. We do not have 2/3rds so Tyler will not be voted in

Secretary – JuleeAnn stepped down by email during the month of October from election for another term as Secretary. JuleeAnn was appointed to fill the role of Secretary for the November Area meeting. Noelle volunteered and qualified. Take back to home groups.

Regional Committee Member (RCM) – Paula R nominated. Paula accepted and qualified. Paula has had the position of RCM in the past (approx. 10 years). Region is online on November 9<sup>th</sup> and Paula will be there. Up to Chair to appoint Paula for next month. Paul appointed. Take back to home groups.

Alternate RCM – No nominations or volunteers

Alternate Treasurer – Kathleen M. 11 groups voted in favor. Current outgoing Treasurer (Jennifer), as Area Chair will mentor Kathleen

Treasurer – No nominations or volunteers

### **OPEN FORUM:**

Dolores F – spoke on her personal feelings about previous months Area meeting

Ray K – hybrid meetings, feel they are really important. More people involved and doesn't take much to do it. Perhaps look for a different place as there is no wifi. Feels hybrid meetings are worth a try.

Darrell P – keeping the meeting list updated. They went to a meeting that said on the list that it was wheelchair accessible, and it was not

Dave B – GSRs, when you are writing in anniversaries please add meeting date not clean date

Paula – how does this Area hold people accountable for their service positions? One of the reasons she came was that the RCM has not been involved since prior to the GSR Assembly. One thing that we used to ask at this table was “have you fulfilled your previous positions”.

Jennifer – he has not fulfilled this part of his commitment but has fulfilled the Region portion of his commitment. The RCM did not receive mentorship.

Joanne – GSR position is super important. This is the group's voice and that is what the GSR does. If we don't have the GSRs carrying the voice of the groups, we are missing the point and not getting the voice of the fellowship. Perhaps hybrid is a good idea so more people could see what goes on at Area.

Bryne – I'm against having to have a year clean time to fill a position. We don't know how many years that person may have had in the past. We bring back to home groups that we want people to volunteer for positions, but we turn them away because of not meeting a clean time requirement.

Em – supported Bryne. Feels we should consider less clean time for certain positions.

Chrissy – RCM may have gone to Region but he should be reporting this back to Area.

Clay – we have the Service pamphlet “Guide to Local Groups”. Being as we are all involved in business meetings, perhaps I can send out the link to the Secretary to send out. Also provided the link.

Steve – clean time is “suggested”

Steve – prudent with NA funds and cost of printing opposed to the printer.

### **GROUP CONCERNS:**

Leigh – to be more prompt with our starting time of 1:30pm Area meeting

Sharing the Message – the details of the printer to keep in mind for the future. See group report.

**NEW BUSINESS:**

Elections and Regional Assembly – November 9<sup>th</sup> Regional Assembly will be online. Paula R spoke: The CAR (Conference Agenda Report) will be up and coming. The questions will not be known until November for the next Regional Assembly. Do we want to do these questions as an Area in person (questions for February Regional Assembly) and make it fun? Perhaps renting a room? Perhaps ordering pizza for example. If we could talk a bit about it today – it will need to go back to groups but for today, would like an idea of if we would like to do this or not?

Explanation of groups votes for motions to be carried through to region. Feels it is a necessity to find a place to get together for the assembly and to discuss.

**PROPOSALS:****Proposal #1 PR - \$288.50 for poster**

**CNA Proposal Form** *Please print legibly. Hand to Secretary when complete.*

*This part is completed by the proposer*

Committee: <b>PR</b>		Money proposal? Yes: <input checked="" type="checkbox"/> No: <input type="checkbox"/>
Proposer: <b>Aubrey L</b> <small>First name &amp; initial, position (eg: Jimmy K., GSR, NA Group)</small>		Date: <b>26 - 10 - 2025</b> <small>(day - month - year)</small>
<b>Proposal:</b> <b>PR Posters for groups &amp; Poster Drives</b>		<b>Public Information Infographic</b>
<b>Intent:</b> <b>To canvas areas with meeting info and the help line #</b>		<b>This is a pull up poster that stands on its own for events and Public Info</b>
Financial impact: <b>\$41.50</b>		<b>\$288.50</b>
Background info / Proposal rationale / Contact persons outside the committee, etc. (if required, use other side)		

*Include this side*

Question about if CB could book to use this also. Yes

If we are making one now, please use the most up-to-date information

Could CB put in a proposal to get their own? Yes

Could we use projectors instead of paying to update the information every time? PR Chair confirmed this information comes from NAWs. PR Chair also confirmed that we may not always be able to set up a projector where we need the image and it is convenient to have this one stop shop poster.

The cost to replace (which would be every 3 years). This type of poster is a valuable tool and would be used for professional types of commitments.

Julie to share the "banner" with the minutes

TAKE THIS BACK TO HOME GROUPS

## Proposal #2 Area: Convention Committee Guidelines

CNA Proposal Form		<i>Please print legibly. Hand to Secretary when complete.</i>	
<i>This part is completed by the proposer</i>			
Committee: Area	Money proposal? Yes: <input type="checkbox"/> No: <input checked="" type="checkbox"/>		
Proposer: AREA <small>First name &amp; initial, position (eg: Jimmy K., GSR, NA Group)</small>	Date: 26 October 2025 <small>(day – month – year)</small>		
<b>Proposal:</b> To approve the attached Convention Committee guidelines.			
<b>Intent:</b> 1. To ensure Convention Committee guidelines define the processes and responsibilities for arranging and coordinating conventions and their associated fundraising events in Central Nova Area of NA. 2. To ensure the guidelines are produced to our common standard, similar to Area & other subcommittee guidelines.			
Financial impact: none.			
Background info / Proposal rationale / Contact persons outside the committee, etc. (if required, use other side) <b>The newly-formed Convention Committee</b> requires guidelines that accurately describe the duties & responsibilities of the committee. The attached guidelines contain the processes successfully used by the Activities Committee, and have their full support.			
<i>This part is completed by the committee secretary</i>			
<b>Committee Decision</b>		Consensus total:	
Assent: , Assent with reservation: , Stand aside: , Block:			
<b>Reasons for Reservation/Stand aside (optional):</b>			
<b>Reasons for Block (mandatory):</b>			
<b>Person responsible</b> for incorporating this proposal:			
<b>This proposal</b> is to be incorporated on or before the date of:			
Signature:  <small>Secretary/Chairperson</small>		Proposal #: 2025-	

Meeting closed at 4:30pm. The next Area will November 30<sup>th</sup> 1:30pm, 322 Herring Cove Road

In loving service, JuleeAnn, Area Secretary

Email: [secretarycnana@gmail.com](mailto:secretarycnana@gmail.com)