

Central Nova Area Anniversaries and Announcements

November 2025 (updated November 3rd)

Date	Name	Years	Where
November 3 rd	Danielle P	2 years	Shelter from the Storm
November 9 th	Dave E	33 years	Survivors
November 11 th	Darrell P	28 years	Nature of Recovery
November 13 th	Melanie M	1 year	Survivors
November 13 th	Natasha N	5 years	NA Lengths
November 17 th	Sherry B	13 years	Sharing the Message
November 20 th	Leigh K	2 years	Hope for Today
November 20 th	Joe A	3 years	Hope for Today
November 27 th	Shannon F	14 years	Phoenix (Valley)
November 28 th	Jack	1 year	Phoenix (Sydney)
November 29 th	Gerard F	33 years	Orchard Valley
December 1 st	Will E	18 years	Sharing the Message
December 7 th	Maureen E	16 years	Survivors

Announcements for November 2025

- *Guiding Principles* — a new Traditions Study Group — meets Saturdays from 10–11am at 2096 Windsor Street. Join us in exploring the spiritual principles that guide our fellowship. No book needed; all are welcome!
- Interested in sharing recovery with those still suffering? Help us carry the NA message into our local detox! We're looking for observers, speakers, and panel leaders. Clean time requirement: 3 months to observe, 6 months to share, 1 year to lead. Reach out to Vadim M at 778-886-1515 to learn more
- All committees have vacant positions that need to be filled to carry our primary purpose; *that no addict seeking recovery need every die*. Activities, Archives, Public Relations, and Literature all have open positions. Please attend the next committee meetings. No clean time required to attend the meetings. Please just show up!
 - Archives Committee meeting is: November 18th at 1pm. Location: 16 Arklow Drive, Cole Harbour. Please email archivescnana@gmail.com for more information
 - Activities meeting is October 25th at 10am on Zoom ID: 849 0150 9248 Password: cnana
 - Literature Committee meets on November 23rd at 9:30am on Zoom ID: 830 5446 3712 Password: cnana
 - Public Relations meeting is November 30th in person at 11am at 322 Herring Cove Road
 - Area meeting is November 30th at 1:30pm at 322 Herring Cove Road