

# Central Nova Area's Annual **Family Beach Day**

Saturday, July 26<sup>th</sup> – 11:00 am to 3:00 pm

-- *Weather permitting* --

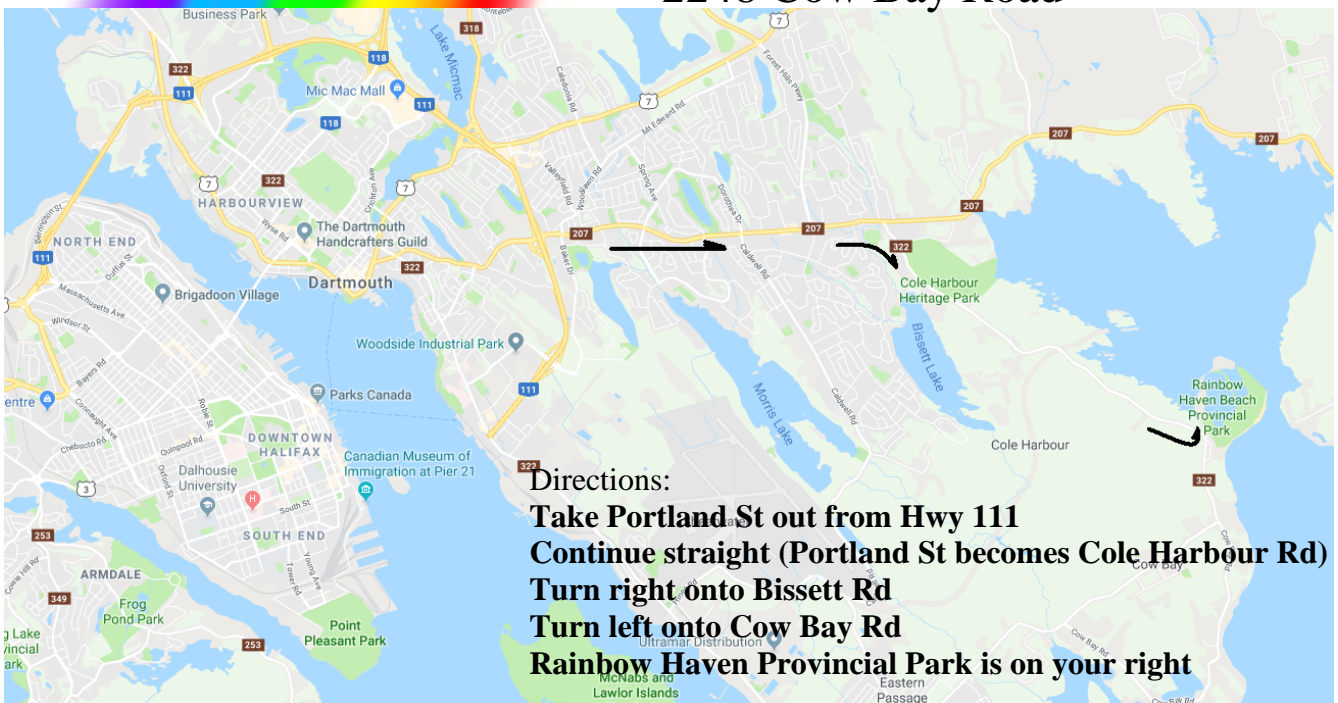
at

## **Rainbow Haven beach**

Cole Harbour

2248 Cow Bay Road

**free event**



**Directions:**

**Take Portland St out from Hwy 111**

**Continue straight (Portland St becomes Cole Harbour Rd)**

**Turn right onto Bissett Rd**

**Turn left onto Cow Bay Rd**

**Rainbow Haven Provincial Park is on your right**

BBQ and Hot dogs are provided. Canteen available.  
Bring your own steak, chops, chicken, brontoburgers, etc.