

# Central Nova Area's Annual **Family Beach Day**

Saturday, July 27<sup>th</sup> – 11:00 am to 3:00 pm

-- *Weather permitting* --

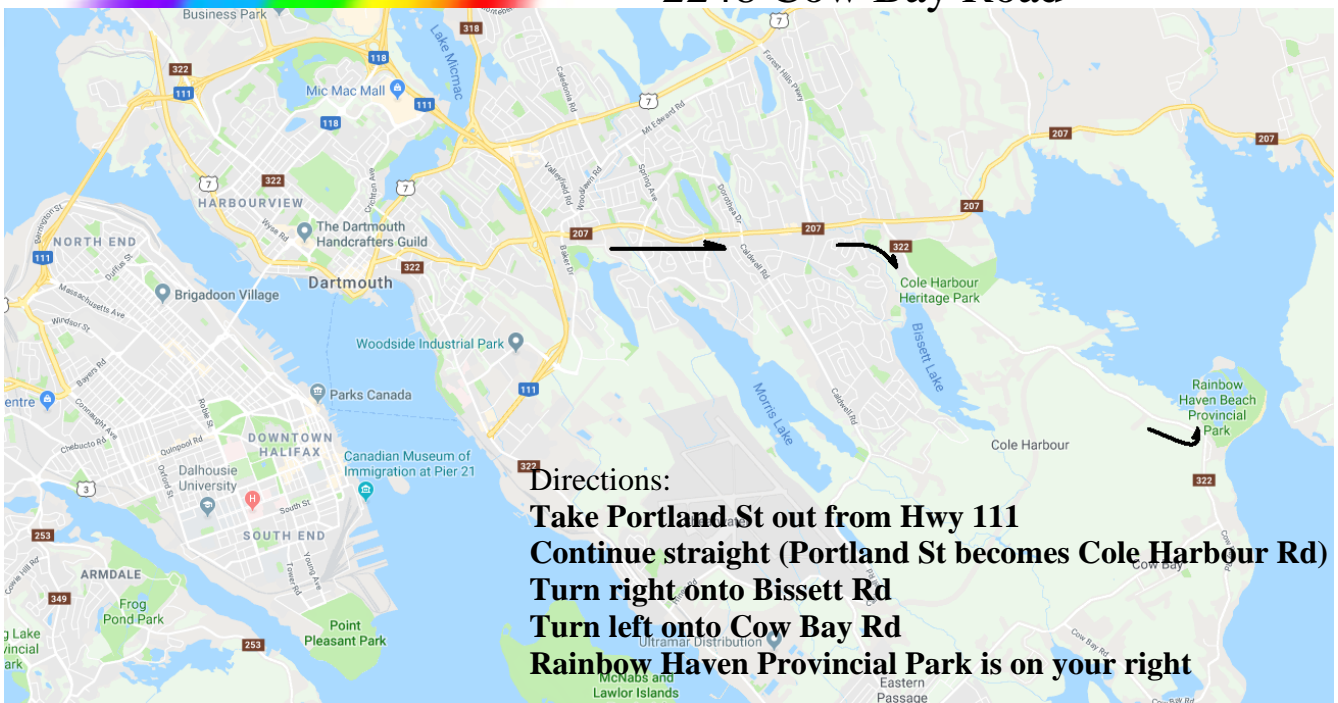
at *Rain date: Sunday, July 28<sup>th</sup>*

## **Rainbow Haven beach**

Cole Harbour

2248 Cow Bay Road

**free event**



**Directions:**  
**Take Portland St out from Hwy 111**  
**Continue straight (Portland St becomes Cole Harbour Rd)**  
**Turn right onto Bissett Rd**  
**Turn left onto Cow Bay Rd**  
**Rainbow Haven Provincial Park is on your right**

BBQ and Hot dogs are provided. Canteen available.  
Bring your own steak, chops, chicken, brontoburgers, etc.