

What is Narcotics Anonymous?

NA is a non profit fellowship of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.

Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

Meeting List Codes	
O	Open (to addicts and public)
C	Closed (to addicts & those who may be questioning)
TD	Topic discussion
W	Wheel chair accessible

Sunday

Phoenix Group
Bishop Mountain Rd
M.A.C.S Centre, Kingston
8PM- 9PM **C/TD/W**

Monday

Boomerang Group
Kentville Recreation Centre
345 Main St., Kentville
8PM- 9PM **C**

Tuesday

NA Lengths Group
Valley Search & Rescue
177 Middle Dyke Rd, Kentville
8PM- 9PM **O/T**

Friday

Women's Resilience Group
49 Cornwallis St, Kentville
6:30 PM- 7:30 PM **C**

Boomerang Group

Kentville Recreation Centre
345 Main St., Kentville
8PM- 9PM **C**

Saturday

Freedom Group
St James Anglican Church
289 Granville St E., Bridgetown
7PM- 8PM **C/W**