

What is Narcotics anonymous?

NA is a non profit fellowship of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

Meeting List Codes

O	Open (to addicts and public)
C	Closed (to addicts and those who may be questioning)
TD	Topic discussion
W	Wheel chair accessible

Bridgetown

Saturday

Freedom Group
St James Anglican Church
289 Granville St. E.
7:00 PM C/TD

Kentville

Monday

Boomerang Group
354 Main St
8:00 PM C/ TD
Candlelight meeting

Tuesday

N.A. Lengths Group
Valley Search and Rescue
Building
177 Middle Dyke Rd.
8:00 PM C/TD

Friday

Boomerang Group
354 Main St
8:00 PM C/TD

Kingston

Sunday

Phoenix Group
Kingston M.A.C.S. Center
2080 Bishop Mountain Rd
8:00 PM C/TD/W

Middleton

Thursday

Serenity Group
Soldiers Memorial Hospital Multi
– Purpose Room Addictions
Services Floor
8:00 PM C/TD