



CENTRAL NOVA AREA SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS
October 28 2018

Committee Executive, Sub-Committee Chairs, and Region Representatives

Position	Officer	Present
Chair	Mary R	Present
Vice-Chair	Jim F	Absent
Secretary	Open	Open
Alt. Secretary	Open	Open
Treasurer	Supriya D	Absent
Alt. Treasurer	Doug D	Present
Activities Committee Chair	Pete B.	Present
Literature Committee Chair	Open	Present
PR Committee Chair	Danielle P	Present
RCM	John B	Present
Alt. RCM	Stephane C.	Absent

HOME GROUPS – GSR’S, ALTERNATES OR REPS – ATTENDANCE

(If there is an asterisk beside the GSR’s name it means they were present but left before voting and was therefore marked absent.)

Group	Representative	Present	Report	Vote
1. 90 in 90	Phillip M	Yes	Report Submitted	No
2. A New Way to Live		No	-	No
3. Breaking Free	Darren B	Yes	Report Submitted	No
4. Get Honest or Die	Tim I	Yes	Report Submitted	Yes
5. I Can’t We Can	Wade M.	Yes	Report Submitted	Yes
6. Just for Today	Stéphane C.	Yes		Yes
7. Last Chance	Julie C	No	Report Submitted	No
8. Liberation		No	Report Submitted	No
9. Nature of Recovery	Matt W	Yes	Report Submitted	Yes
10. Never Alone	Kelly M	Yes	Report Submitted	Yes
11. Nothing to Fear	Steven G	No		No
12. Open Arms Recovery	Crystal M	No		No
13. Pride in Our Recovery	Patrick M	Yes	Report Submitted	Yes

14. Road to Recovery	Angela B	No	Report Submitted	No
15. Serenity Seekers	Devin W	Yes	Report Submitted	No
16. Sharing the Message		No		No
17. Shelter from the Storm	Joey B	Yes		Yes
18. Starting Point		Yes	Report Submitted	Yes
19. Strength in Numbers	Billy G	Yes	Report Submitted	Yes
20. Survivors	Shelley D.	Yes		Yes
21. You Have a Choice Today		No	Report Submitted	No
22. Young and Free	Rachael T	No	Report Submitted	No
23. Live Clean Or Die	Jamie S.	No		No
24. We Do Recover		Yes	Report Submitted	No

GROUPS OUTSIDE HRM - GSR'S, ALTERNATES OR REPS - ATTENDANCE

Group	Rep.	Present	Report	Vote
Circle of Hope	Joilta L	No	Report Submitted	Yes
Clean if You Want to Be		No		Yes
Love Life	Grant M	No		Yes
New Vision	Emma C	Yes	Report Submitted	Yes
Pathway to Peace	Georges N	No		Yes
Phoenix Group	Jim Y	Yes	Report Submitted	Yes
Talking Circle		No		Yes
Taking Care of Business	Mark S	No		Yes
You're Not Alone	Ernie C	No		Yes
Super Nova	Mary F	No		Yes
NA Hope	Jess	No	Report Submitted	Yes

CNA web-site: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened with the 'we version' of the Serenity Prayer at 2:12 pm

The 12 Traditions, 12 Concepts, shared read and 'A Vision for NA Service' was read.

After corrections to last month's minutes were given: errors or omissions made Jennifer and Danielle motioned the meeting minutes be accepted with changes. Vote Carried

Motion to adopt August minutes with Adjustments: yes.

Quorum

Attendance was taken.

Quorum Criteria	Count
Voting Groups Present	14
Out of Town Groups	11
Total Voting Groups Present	9
Total Voting Groups	14
Quorum	9/14

Quorum was established.

New Groups asking to be seated? No

Group Reports

For the sake of consistency, the end balance will NOT include the group's prudent reserve or the total GSR fund.

90 in 90

Sunday 7:30-8:30 pm, Brunswick United Church, 2107 Brunswick Street, Halifax
Beginning Balance:\$89.85 7th Tradition:\$322.20 Literature Sold: - Total Income: \$322.20
Rent: - Literature Order: \$68.27 Other: - GSR Fund: \$0 ASC Contribution: \$280
Total Expenses: - Prudent Reserve: - Total GSR Fund: - Ending Balance: \$3.80

A New Way to Live

Monday 11:45 am - 12:45 pm, Main Floor, Boardroom Northwood, 2615 Northwood Terrace, Halifax

BREAKING FREE

Wednesday, 7:30-8:30 pm, Emmanuel Church, 322 Herring Cove Rd., Spryfield

Beginning Balance: ? 7th Tradition: ? Literature Sold: ? Other: \$0.00 Total Income: ? Rent: \$?
Literature Order: \$36.50 Other: \$0.00 GSR Fund: \$0.00 ASC Contribution: ? Total Expenses: \$?
Prudent Reserve: \$0.00 Total GSR Fund: \$0.00 Ending Balance: \$72.50
Home Group Members: ? Members at Business Meeting: 3 Average Attendance: 11
GSR: Darren B Alt. GSR: Vacant

GET HONEST OR DIE

Thursday 7:30 – 8:30 p.m., St. Peter's Church Hall, 3 Crichton Avenue, Dartmouth

Date of Report: October 25, 2018

Beginning Balance: \$4.45 **7th Tradition:** \$132.25 **Literature Sold:** \$00.00 **Other:** \$15.00 from GSR Fund (not required for this year) **Total Income:** \$147.25 **Rent:** \$30.00 **Literature Order:** \$28.25 **Other:** \$1.95 (bank fee) **GSR Fund:** \$15.00 **ASC Contribution:** \$87.00 **Total Expenses:** \$147.20 **Prudent Reserve:** \$0.00 **Total GSR Fund:** \$00.00 **Ending Balance:** \$4.50

Home Group Members: 8 **Members at Business Meeting:** 3 **Average Attendance:** 22

Group Concerns:

1. We find ourselves in a very strange position at the moment for our group going to have to vote no for two people in the elections. In the first case the position has been open since February. We truly appreciate the efforts it took to get the minutes and announcement out in a timely manner. This is a big job in itself but the role of secretary has many more aspects to it, often not recognized and easy to overlook. Our concern is: Were these aspects kept up and ready to hand over? If not, does the executive committee have a game plan to get this caught up before a handover is done? Also is someone in place to provide mentorship since this, in an ideal world, usually is provided while serving a term as Alternate Secretary. We believe the Chair of Activities has been doing a terrific job, but strongly feel we would like to see the chairpersons of all the sub committees stay for the duration of the ASC just in case clarification is required if an issue arises. Is it possible for area to start earlier, or would this be asking too much for the groups from Cape Breton? Is there another solution?

2. Our cheque from last month's contribution was not cashed. As we are allowed only 5 transactions a month, including deposits and cheques, this can result in extra cost to the group. Can something be put in place so if the Treasurer is away then the Alternate Treasurer can deposit the contributions?

Other Group Information: Since the "Guidelines for New Groups Seated at CNA ASC" were only sent to the groups last Tuesday, our group will be asking to table this, as this wouldn't have reached the groups whose business meetings were on Sunday, Monday, and possibly Tuesday. Our own group did not have time to go over it fully.
GSR: Tim I Alt GSR: Julee A.

I CAN'T WE CAN

Thursday 8-9:00 p.m., St. Matthew's United Church, 1479 Barrington Street, Halifax

Beginning Balance: \$89.93 **7th:** \$62.05 **Literature sold:** \$0 **Total income:** \$151.98 **Rent:** \$30 **Literature order:** \$0 **Other:** \$0.00 **GSR Fund:** \$0.00 **ASC Contribution:** \$25.00 **Total expenses:** \$75.50 **Prudent reserve:** \$75.00 **Ending balance:** \$1.48

Home Group Members: 6 **Members at Business meeting:** 3 **Average Attendance:** 10

GSR: Wade M ALT GSR: Joe M

JUST FOR TODAY

Saturday 11:30 a.m. - 12:30 pm, 2096 Windsor Street (door on Allan St), Halifax

GSR: Stephane C Alt. GSR:

LAST CHANCE

Saturday 8:00-9:00 pm, Calvin Presbyterian Church, 3311 Ashburn Avenue Fairview

Beginning Balance: \$0.00 7th Tradition: \$103.00 Literature Sold: \$0.00 Other: \$0.00
Total Income: \$103.00 Rent: \$0.00 Literature Order: \$0.00 Other: \$0.00 GSR Fund: \$0.00
ASC Contribution: \$200.00 Total Expenses: \$0.00 Prudent Reserve: \$0.00 Total GSR
Fund: \$0.00 Ending Balance: \$4.00 Home Group Members: 6 Members at Business
Meeting: 3 Average Attendance: 15-20 Group Concerns: None
Announcements: Saturday, December 1, 2018, 10 year anniversary, Last Chance Group

GSR: Julie C.

Alt GSR: Spencer G.

GSR: Julie C

Alt GSR: Spencer G

LIBERATION

Monday 7:30-8:30 pm, St. Catherine's Church, 6476 Bayers Road, Halifax

Beginning Balance: \$124.17 7th Tradition: \$108.80 Literature Sold: \$0 Total Income: \$232.97
Rent: \$25 Literature Order: \$47.60 Other: \$0 GSR Fund: \$0 ASC Contribution: \$0
Total Expenses: \$72.60 Prudent Reserve: \$50 Total GSR Fund: \$0
Ending Balance: \$60.37

GSR: Louise G Alt GSR: None

NATURE OF RECOVERY

Thursday 7:30-8:30 pm, Bethany United Church, 7171 Clinton Street

Beginning Balance: \$1.41 7th Tradition: \$39.10 Literature Sold: 0 Other: \$14.45 Total Income:
\$54.96 Rent: \$40.00 Literature Order: \$17.00 Other: \$1.91 GSR Fund: \$0.00 ASC
Contribution: \$0.00 Total Expenses: 58.95 Prudent Reserve: 135.00 Total GSR Fund: \$0.00
Ending Balance: \$0.00
Home Group Members: 9 Members at Business Meeting: 6 Average Attendance: 12

We are really enjoying our new location at 2222 Brunswick street, Saint George Round Church. We meet in the community building in the lower level. We are Halifax's Original Basic Text study meeting. Come on by and enjoy examining the Blue Book with us!

GSR: Matt W Alt GSR: Ray K

NEVER ALONE

Tuesday 7:00-8:30 p.m., Dalhousie Student Union, Rm 224, 6136 University Ave, Halifax

Beginning Balance: \$1.10 **7th Tradition:** \$72.41 **Literature Sold:** \$0 **Other:** \$0.00 **Total Income:** \$73.51 **Rent:** \$0 **Literature Order:** 0 **Other:** \$3.10 **GSR Fund:** \$40.00 **ASC Contribution:** \$25.00 **Total Expenses:** \$3.90 **Prudent Reserve:** \$150.00 **Total GSR Fund:** 40.00 **Ending Balance:** \$44.61

Home Group Members: 8 **Members at Business Meeting:** 4 **Average Attendance:** 8

Group Concerns:

We would like to see some financial information for the We do recover group in the minutes.
GSR: Kelly M. Alt GSR:

NOTHING TO FEAR

Sunday 2-3:00 pm, All Nations Church, 2535 Robie Street, Halifax

OPEN ARMS RECOVERY

Saturday 7pm St. Bernard's Catholic Church - 253 Highway 2, Enfield, NS

GSR: Crystal M Alt GSR: Patti A

PRIDE IN OUR RECOVERY

Tuesday 5:30 - 6:30 pm, Plan B (large back room) 2180 Gottingen St, Halifax

Date of Report: Oct 23/18

Beginning Balance: 211.35 **7th Tradition:** 77.85 **Literature Sold:** \$0 **Other:** \$0 **Total Income:** \$77.85 **Rent:** 75.00 **Literature Order:** \$36.50 **Other:** \$1.95 **GSR Fund:** \$0
ASC Contribution: \$125.75 **Total Expenses:** \$113.35 **Prudent Reserve:** \$50.00
Total GSR Fund: \$- **Ending Balance:** \$0 **Home Group Members:** 4 **Members at Business Meeting:** 4 **Average Attendance:** 11

GSR: Patty W Alt GSR: Patrick M.

ROAD TO RECOVERY

Saturday 7:30 - 8:30 pm, Holy Trinity Church, 30 Alfred Street, Dartmouth

Homegroup Members: 3 – **Members At Business Meeting:** 2 – **Average Attendance:** 18
Beginning Balance After Reserves: \$0.00 **7th Tradition:** \$54.90 **Literature Sold:** \$0.00 **Other:** \$0.00 **Total Income:** \$54.90 **Rent:** \$30.00 **Literature Order:** \$15.25 **Other:** \$0.00 **GSR Fund:** \$0.00 **ASC Contribution:** \$0.00 **Total Expenses:** \$45.25 **Ending Balance Before Reserves:** \$249.65 **Prudent Reserve:** \$49.65 **Rent Reserve:** \$95.00 **Total GSR Fund:** \$105.00 **Ending Balance After Reserves:** \$0.00 **Group Concerns:** Members needed who can hold service positions and to help set up and clean up

GSR: Angela B Alt GSR: None

SERENITY SEEKERS

Wednesday 7:30 -8:30 pm, Sonlife Church, 152 Windmill Rd, Dartmouth

Beginning Balance: \$78.77 7th Tradition: \$36.10 Literature Sold: \$0.00 Other: \$0.00 Total
Income: \$36.10 Rent: \$0.00 Literature Order: \$17.00 Other: \$0.00 GSR Fund: \$0.00 ASC
Contribution: \$60.00 Total Expenses: \$77.00 Prudent Reserve: 65.00 Total GSR Fund: \$0.00
Ending Balance: \$0.00

Home group members: 7 Members at Business Meeting: 5 Average Attendance: 21
GSR: Devin W Alt GSR: Dolores F.

SHARING THE MESSAGE

Monday 7:30-8:30 pm, Baptist Church, 6 Regal Road, Dartmouth
GSR: Alt GSR:

SHELTER FROM THE STORM

Monday, Wednesday 7:30-8:30 pm, All Nations Church, 2535 Robie Street, Halifax

GSR: Alt GSR. Alicia M.

STARTING POINT

Friday 8:00 pm- 9:00 pm St. John Baptist Church 26 Purcell's Cove Rd. Halifax
Beginning Balance: \$93.80 7th Tradition: \$127.20 Literature Sold: \$0.00 Other: \$0.00 Total
Income: \$127.20 Rent: \$0.00 Literature Order: \$0.00 Other: \$1.95 GSR Fund: \$0.00 ASC
Contribution: \$150.00 Total Expenses: \$151.95 Prudent Reserve: \$69.05 Total GSR Fund:
\$0.00 Ending Balance: \$0.00
Home Group Members: 10 Members at Business Meeting: 6 Average Attendance: 27

STRENGTH IN NUMBERS

Sunday 7:30-8:30 pm; St. James Church Hall, 181 Portland Street, Dartmouth

Beginning Balance: ? 7th Tradition: ? Literature Sold: ? Other: \$0.00 Total Income: ? Rent:
\$? Literature Order: \$24.20 Other: \$0.00 GSR Fund: \$0.00 ASC Contribution: \$209.65
Total Expenses: \$? Prudent Reserve: \$0.00 Total GSR Fund: \$0.00 Ending Balance:
\$0.00

Home Group Members: ? Members at Business Meeting: ? Average Attendance: 22
GSR: Billy G. Alt. GSR: Arron G.

SURVIVORS

Tuesday 7:30 – 8:30 pm, Knox United Church, 567 Sackville Drive, Sackville

Rep: Shelly M. Alt GSR: Peter F.

YOU HAVE A CHOICE TODAY

Friday 7:30-8:30 pm; St. James Church Hall, 181 Portland Street, Dartmouth

Beginning Balance: ? 7th Tradition: ? Literature Sold: ? Other: \$0.00 Total Income: ? Rent: \$? Literature Order: \$14.50 Other: \$0.00 GSR Fund: \$0.00 ASC Contribution: \$60.00 Total Expenses: \$? Prudent Reserve: \$0.00 Total GSR Fund: \$0.00 Ending Balance: \$8.38

Home Group Members: 3 Members at Business Meeting: ? Average Attendance: 20

YOUNG & FREE

Tuesday 7:30-8:30 pm, Holy Trinity Church, 30 Alfred Street, Dartmouth

Beginning Balance: \$1.45 **7th Tradition:** \$79.30 **Literature Sold:** \$0.00 **Other:** \$0.00
Total Income: \$79.30 **Rent:** \$30.00 **Literature Order:** \$23.45 **Other:** \$0.00 **GSR Fund:** \$0.00
ASC Contribution: \$0.00 **Total Expenses:** \$53.45 **Prudent Reserve:** \$60.00
Total GSR Fund: \$0.00 **Ending Balance:** \$25.85

Home Group Members: 7 **Members at Business Meeting:** 4 **Average Attendance:** 24

Group Concerns: We have not had a bank account for the past year. This past month the Church we rent from says they did not receive our rent. We paid rent, which is done by placing cash in an envelope in the fridge. The Church has not been providing receipts so there is no way to prove we did. We would like to ask the Area Treasury to be a co-signer on a bank account so we can provide better accountability for our funds.

GSR: Vacant GSR Alt: Rachael T

WE DO RECOVER

12:05 -12:55 pm Tuesday – Friday Saint George Round Church 2222 Brunswick St.
Please use Cornwallis Entrance

Beginning Balance: ? 7th Tradition: ? Literature Sold: ? Other: \$0.00 Total Income: ? Rent: \$? Literature Order: \$80.25 Other: \$0.00 GSR Fund: \$0.00 ASC Contribution: \$0.00 Total Expenses: \$? Prudent Reserve: \$0.00 Total GSR Fund: \$0.00 Ending Balance: \$?

Home Group Members: 3 Members at Business Meeting: ? Average Attendance: 10

GSR: Nelson S. Alt GSR:

LIVE CLEAN OR DIE

GSR: Jamie S Alt GSR:

GROUP REPORTS FROM OUTSIDE HRM

CIRCLE OF HOPE

Thursday 8:30- 9:30 pm Nepisi Building 70 Gabriel St. Eskasoni First Nation CB

Beginning Balance: \$0.00 7th Tradition: \$20.00 Literature Sold: \$0.00 Other: \$43.00
Total Income: \$20.00 Rent: \$10.00 Literature Order: \$53.00 Other: \$0.00 GSR Fund: \$0.00
ASC Contribution: \$0.00 Total Expenses: \$73.00 Prudent Reserve: \$0.00 Total GSR Fund:
\$0.00 Ending Balance: \$0.00
Home Group Members: 2 Members at business meeting: 2 Average Attendance: 10

GSR: Jolita L. Alt GSR: Jimmy Y.

CLEAN IF YOU WANT TO BE

Saturday 8:00-9:00 pm Hold Trinity Church Hall 78 Alexandria Avenue Bridgewater

GSR: Alt GSR

LOVE LIFE

Wednesday 8:00 pm Northside Learning Centre 55 King St. Sydney Mines

GSR: Grant M Alt. GSR: Dave C.

NEW VISION

Sunday Tuesday Thursday 8:00-9:00 pm St Andrews Church 55 King St. Truro

Beginning Balance: \$240.50 **7th Tradition:** \$121.35 **Literature Sold:** \$10.00 **Other:** \$0.00 **Total
Income:** \$371.85 **Rent:**\$100.00 **Literature Order:** \$0 **Other:** \$0.00 **GSR Fund:** \$0.00 **ASC
Contribution:** \$29.35 **Total Expenses:** \$131.85 **Prudent Reserve:** \$200.00 **Total GSR
Fund:** \$40.00 **Ending Balance:** \$0.00

Home Group Members: 20 **Members at Business Meeting:** 5 **Average Attendance:** 4

GSR: Emma C

Alt GSR: Chrissy

PATHWAY TO PEACE

Tuesday 6:30 – 7:30 pm 120 Ninian St. Ninian's Cathedral Antigonish

PHOENIX GROUP

Sunday 7:00 – 8:00 pm Friday 8:00 – 9:00 pm Heritage Church 500 Charlotte Street Sydney

Beginning Bal: \$0.00 7th: 210.00 Lit Sold: \$0.00 Other: \$0.00 Total Income: \$210.00
Rent:\$105.00 Lit Order: \$78.50 Other: 0 GSR Fund: 50 ASC Contribution: 0 Total
Expenses: \$288.50 Prudent Reserve: ? Total GSR Fund: \$100.00 Ending balance: \$1.50
Home Group Members: 6 Members at Business Meeting: 3 Average Attendance: 25

GSR: James Y

Alt GSR: Kathy M

TALKING CIRCLE

Tuesday 8:00 – 9:00 pm Theresa Cremo Health Ctr 93 Reservation Rd Waycobah First Nation CB

TAKING CARE OF BUSINESS

Sunday 8:00 -9:00 pm Trinity United Church 151 Temperance St. (side entrance) New Glasgow

YOU 'RE NOT ALONE

Saturday, 7-8:00 pm, Alano Club Rear, 10 McKeen St., Glace Bay

SUPER NOVA

Sunday 7:00 – 8:00 pm 25 Beacon St. Beacon Church Yarmouth

NA HOPE

8:00 - 9:00 pm Baptist Church 411 King St. Windsor NS

Beginning Bal: \$? 7th: \$359.75 Lit Sold: \$0.00 Other: \$0.00 Total Income: \$359.75 Rent: \$35.00 Lit Order: \$15.75 Other: \$82.50 GSR Fund: \$0.00 ASC Contribution: \$190.00 Total Expenses: \$307.50 Prudent Reserve: \$37.25 Total GSR Fund: \$0.00 Ending balance: \$?

Home Group Members: ? Members at Business Meeting: ? Average Attendance: 12
GSR: Jessie D

SUB-COMMITTEE REPORTS

Activities Committee Report:

Activities Committee held our meeting on October 27th, at the Dixon building 5th floor and we met quorum with 8 out of 12 voting members. We had two new members join and one observer.

Games day and night did not have a good turn out this last month, the day time one in Halifax had 3 turn out and the one in Dartmouth had zero, one reason for this was because of CCNA taking place that weekend. We hope to get members and GSR's to promote these smaller events because they are relationship, recovery, and fellowship building. We are presently waiting to confirm the next two dates over the next month and I will pass those along as soon as I get them which will hopefully be early this week.

The 'Fall into Recovery' event is next Saturday, November 3rd and is shaping up to be a great event. Everything is moving forward nicely. The only change is, there will be no Karaoke during this event due to time restraints and availability of the system. This event will cost the low price of 15 dollars per person and will run from 12:30 pm till midnight and will be held at 322 Herring Cove rd.

There have been some revisions of the numbers from the money from our convention last year. This is due to our treasurer taking the position half way through the planning of the event and still trying to peace things together. The profit that was first believed to made is quite a bit lower than reported last month but I will hopefully have confirmed numbers for next month's area. Speaking of treasurer, we are currently looking for someone to step into this position, the person who currently holds this spot will no longer be in the country after next month. A full treasurer report will be submitted to Area Secretary.

We have a coordinator for the 'Inn Out of the Cold'. Thank you, Jennifer M. for stepping up to this commitment. In saying this, Jennifer will need lots of help from groups and members to pull this event off. She is looking for volunteers as well as contributions and will follow through with contacting GSR's from the central Nova Area which she will be asking for that list from the CNA secretary. New Year's Eve supper and dance is still being planned and more will be revealed.

Activities committee body has decided to no longer have a learning day that is normally scheduled in July because it hasn't been an effective tool in the last three years. It was a waste of resources and NA funds.

Our next activities meeting will be on November 24th, 2018 at 3pm at the Dixon building, all are welcome to attend.

As a final note, I have a question for this body, there was motion passed last month joining the convention for 2019 and regional assembly to make one great event for the Atlantic region. My question is, as a committee, are we allowed to use convention funds for this event?

Thank you all, Yours in service, Pete B

Questions for the Activities Chair:

Nelson S: Should the convention funds should be used for the GSR event?

Pete B: Yes. Convention money should be used for this event.

Norval C: Asking area about Service Day in Sept as a regular event. Would Area like to see a Service Day?

Pete: Continuing with Service Day. Would Area like to continue with this event?

Would you like Activities to put on the Service Day or would area like to put it on?

PR Committee Report

The PR Committee met this morning at 11:00 and had 9 out of 13 voting members in attendance. One new member joined; Ernie C.. We have elected Ernie C. as our Panel Leader for Withdrawal Management 2. Our current Open Positions are Secretary, Public Information Coordinator, Hospitals & Institutions Coordinator and Out Reach Coordinator. Can GSR's please take this back to your Home Groups, there may be members with previous PR experience who are unaware these positions are open as the out- going position holders are continuing to cover these positions.

All of our H&I commitments were met this month. One of our Panel Leaders, Norval C., was approached by a nurse who asked if he felt meeting attendance should be mandatory for patients. Norval explained we do not have an opinion on this or any other issues we would consider to be outside of NA, but that we do these presentations to provide hope for people leaving treatment. Norval does happen to be the Regional Vice Chair of PR and is considering a new round of meetings with the Managers of the various Addiction Services offices. We did two Public Information presentations; one to the Success College and one to the Maritime Business College and these went well.

We did receive a request from the Tri- County Women's Centre in Shelburne who asked if we could collaborate with them on a new project called Rural Truth Matters: Cannabis Education and Substance User Support Program. This project involves two core components: 1) Drug education & community/youth engagement 2) Substance user support and information. We discussed and decided to respond by offering to provide a "What is NA" presentation for their organization.

Darrel A., our PI Coordinator, will work with Norval C. to see what we can do to get the NA PSA's running on Eastlink TV again. We will also be adding the new pamphlet "Narcotics Anonymous and Persons Receiving Medication-Assisted Treatment" to the materials we supply at PI Presentations. Before we order Louise G. will check her "library" and we want to check with the Literature Committee if this is something they keep in stock. To be clear this pamphlet provides clarity on NA's position regarding people receiving Drug Replacement Therapy for professionals referring people to the NA program of recovery.

Next week is the "Fall into Recovery" event for central Nova Area and PR will do a presentation on Hospitals and Institutions and Public Information to help clarify the difference and to explain how to get involved as these are both ways that members can be involved with carrying the message by telling their story and members who speak at these commitments do not have to be a member of the PR Committee.

The Web Servant is happy to put a copy of the most recent copy of the Area Guidelines on the Web Site but he needs a copy. There is a good chance the guidelines will change today so this will be a great time to make sure this is resolved.

Yours in Service,
Danielle P.

Questions for the PR Committee Chair? None.

Literature Report

Meeting opened with 8 of 10 decision-makers, with 1 observer.

Reports

Treasurer: We have an Area contribution of \$1,222.04 today.

Bank and Cash

Opening bank.....	\$4,654.93	Opening cash.....	\$65.00
Deposited	+ 1,638.47	Cash sales.....	+ 234.00
NAWS Orders.....	- 1,017.40	Deposited	- <u>234.00</u>
Bank charges.....	- <u>1.95</u>	End cash.....	\$65.00
End bank	\$5,274.05		
Bank and Cash total.....	\$5,339.05		

Accounts Receivable

<u>Facility</u>	<u>Date</u>	<u>Invoice</u>	<u>Amount</u>
NS Health			
Withdrawal Management I & II	Jun 2018	598299	3.00
Withdrawal Management I & II	Aug 2018	777616	<u>3.00</u>
			\$6.00.....\$6.00
Withdrawal Management III	Jan 2018	231868	47.00
Withdrawal Management III	Aug 2018.....	777615	<u>3.50</u>
			\$50.50.....50.50
Marguerite Centre.....	Aug 2018.....	777617	<u>58.50</u>
Total Accounts Receivable.....			\$115.00

Assets

Bank and Cash total.....	\$5,339.05
Inventory.....	+ 2,477.09
Inventory in transit.....	+ 1,017.40
Prudent Reserve	- 7,500.00
Accounts receivable reserve	- <u>115.00</u>
Balance after Prudent Reserve.....	\$1,218.54
Area Contribution	<u>1,222.04</u>
Balance	- \$3.50

Old Business

Elections:

Alt Treasurer: Rodney M. volunteered, qualified, and answered questions. Consensus was unanimous. Welcome, Rodney!

New Business

Nominations or volunteers for Literature Chairperson for Area consideration today: None.

We discussed 5 proposals, 2 were adopted, and 3 were tabled to allow all to read and ask questions.

Announcements and Reminders to Groups

Literature will be available for sale at the up-coming Fall into Recovery event on Saturday Nov 3rd at 322 Herring Cove Rd., Spryfield. Come out and enjoy a full day of recovery, fellowship, fun, food, dancing, and great NA literature.

Next committee meeting: 25 November 2018 at 10:00 am in room 5132. YIS, Dave B.

Questions for the Literature Sub-Committee Representative:

Literature Subcommittee

- Area contribution

- Q. Why are people not coming to literature?
- R. Work and other service commitments

- Q. Would you be willing to mentor someone?
- R. Yes.

EXECUTIVE REPORTS

Regional Committee Member (RCM): John B

Vice-Chair Report: Jim F

Area Chair: Mary R

Treasurer's Report:

Central Nova Area Treasurer's Report						
Report Period:	Sept 30/2018	thru	Oct 28/2018	Report Date:		October 28, 2018
		CK #		Credits	Debits	Sub-Totals
Prudent Reserve	1,250.00					
Insurance Deductible Reserve	1,000.00					833.11
Insurance Premium Reserve	835.00					
Reserve Totals	3,085.00					
Contributions	Activities					
Contributions	Area 7th					
	Member					
	Literature	128		1,222.04		
	PR 7th					
	90 in 90	66		280.00		
	Breaking Free					
	Circle of Hope					
	Clean If You Want To Be					
	Faith In We					
	Foundation Group					
	Get Honest or Die	136		87.00		
	I Can't We Can	68		25.00		
	Just for Today					
	Last Chance	248		200.00		
	Liberation					
	Lifeline					
	Living Clean					
	Love Life					
	NA Hope	cash		190.00		
	Nature of Recovery					
	Never Alone	102		25.00		
	New Vision					
	New Way to Live					
	Nothing to Fear					
	Open Arms					
	Pathway to Peace					
	Phoenix Group					
	Pride in our Recovery	54		125.75		
	Road to Recovery					
	Serenity Seekers	6		60.00		
	Sharing the Message	cash		22.60		
	Shelter From the Storm					
	Starting Point	11		150.00		
	Strength in Numbers	108		209.65		
	Supernova					
	Survivors					
	You Have a Choice Today	106		60.00		
	You're Not Alone					
	Young And Free					
	Travel Advance Return					
				Sub Total	2,657.04	3,490.15
Expenses	Eastlink - Cell Phone	PAD			59.28	
	Bank Fee	PAD			4.95	
	To Insurance Premium Reserve				120.00	
	ASC Secretary Expenses	403			46.08	
	Public Information					
	Partners For Care (Dec 2018 Rent)					
	Treasurer Expenses	405	Area chq & PR expenses		126.54	
	CB Travel	402			172.02	
	Out Reach					
	PI Travel - Springhill Detox					
	PR Secretary Expenses	404			44.37	
	Poster Drive					
	Alt RCM Travel					
	RCM Expenses					
	Region Contribution	406			1,666.91	
				Sub Total	2,240.15	1,250.00
					Balance Forward	1,250.00
				Less Prudent Reserve:		1,250.00
				Amount Above (Below) Prudent Reserve:		0.00

OLD BUSINESS:

Vote for Pete B as Activities Chair Vote:

Any questions before voting?

- Voting early because Pete B. is leaving at 3PM for work.
- Patty: Will Pete be leaving Area early? Pete: Yes.
- Danielle: Is there a vice chair position? Pete: Yes, and it is open.

In favour: 7 , Against: 2 , Abstain: 1

Amend Insurance package to raise literature insurance to \$7,500.

Q. How much does the current insurance cover for our literature.

Q. What would be the change in our premiums to increase it to \$7,500.

A. Members of the executive to discuss the motion and determine the current insurance amounts?

- Nelson and Deloris moved to table the motion for one month. Passed

OPEN FORUM:

Delores F.

- Preamble: Please do not smoke on the church property and smoke on the sidewalk. Group preamble will need to change. Delorus does not know what to put on the meeting preamble. Representing NA? Are
- Aaron: Primary concern is not smoking on church property to not offend the hosting organization.
- Nelson: This is outside issue. Address this as a non-smoking meeting
- Kate: Suggest the closest smoking area.
- Concerns about saying it's a non-smoking meeting.
- Ray: You can apply for the smoking area.
- Brian: Go to the church committee and ask them what we would like us to do? Maybe have non-smoking meetings?
- Delores: Breaking the smoking law reflects badly on NA.

Dave: B.

- Positional email addresses? Can we break into the email addresses?
- Meeting list: each group has a column for representative? Which document?
- There is only one version of the Serenity Prayer

Danielle P.

- Position Emails. Not possible to break into the email addresses if the recovery email has been changed.
- Smoking By-Law. Based on complaints to the city. The congregation may also be dealing with this.
- New service structure. Put it forward that we could look at it again.
- Group has not had a bank account for some period of time. Requesting that the alternate treasurer to be a co-signer.

John B.

- His group allows smoking on the property. Suggestions: say no smoking on the meeting and that HRM does not allow smoking on the sidewalk.
- Out of town members may not know when area will be and new comers may not be aware what area is at all.

GROUP CONCERNS:

Breaking free: Cape Breton campout. Anything reported at the activities meeting?

- Jennifer: The activities chairperson has contacted the group and the group intends to have another campout.
- Carrie: There was no report since there was no profit and the event was a breakeven event. It was successful and they are going to look at having it again next year.
- Norval: Mark from New Glasgow is a cook and is involved in the work and the food was fantastic.
- Question answered.

Get Honest or Dies - Jennifer

- Danielle spoke well about
- Guidelines say that the committee chairs do not need to stay.
- Maybe we can look at changing up the service structure to help us do the work better and provide more flexibility for service members.
- Secretary position has a lot of responsibilities and that the person is mentored into this position.
- Question regarding the check has been resolved.
- John: Concern of positions and succession. There was a list of mentors who have held past positions.
- What are you asking for specifically? Ask the Area to get together to address the mess of the secretary position.
- Danielle: Not sure what the mess is. A volunteer stepped forward
- Jennifer: Choice of the word of "mess" may not be appropriate.
- Nelson: maybe the mentoring can be done to help people coming into the position.
- Supriya can bring the mentorship list for the next meeting
- Carrie: As a newcomer we're not making it attractive to people to hold service positions.
- Jennifer: We wanted awareness about we are asking people to do.
- Jennifer is satisfied with the answerers she has heard here today.

Nature of Recovery

- Need some help with the treasurer stuff.
- Doug will reach out to the group.

We do Recover

- Concerns about voting at the group.
- Group did not have home group members and should not have a vote.
- Jim: Group will now have a GSR group representative.
- Group concerns have been addressed
- The minutes will not be amended

Circle of Hope

- Need some help with literature. Jim Y.
- 2 or 3 active members
- Nelson: What is the literature you're looking for? Can we take this out of our contribution to Area.
- Jim: Starter kit.
- Dave: \$169. Starter kit.
- Motion was submitted to supply Circle of Hope to provide \$169 starter kit.

Young and Free

- Concern: Asking area to be provide a signing authority for a home group checking account.
- Mary: Suggest that Doug D. is not the right signing authority
- John B. has volunteered and will get together with Danielle to open a bank account

NEW BUSINESS

- John B. Volunteered for Vice Chair. John qualified. Held Area position GSR, Treasurer, Alternate RSM, and RSM.

MOTIONS:

Maker: Nelson S. , GSR

Seconded by: Norval C., GSR

Motion: Provide literature order in the value of \$162.50 to support Circle of Hope.

Intent: To carry the message and support our Primary Purpose.

Passed: yes unanimously with 9 votes

Maker: Aaron G. Position: Strength in Numbers GSR

Seconded: Jennifer M Position: Get Honest or Die GSR

Motion: Table the vote on new guidelines for seating new groups until next month

Intent: To give groups time to discuss the new guidelines

Passed: 9

Adjourn Area

Motion: Deloris F. and Nelson S. secondary.

Closed area with 3rd Step Prayer

Yours in Service,
Doug D.

*The next Area meeting will be held **November 25th** at the QEII Dickson Building, 5820 University Ave, Halifax*

*Next Activities Meeting **November 24th** 3:00 pm at the QEII Dickson Building, 5820 University Ave, Halifax*