

**CENTRAL NOVA AREA SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS**
May 26, 2019

Committee Executive, Sub-Committee Chairs, and Regional Representatives

Position	Officer	Present
RCM	Stephane C.	Yes
Alt. RCM	Open	
Chair	Jim F	Yes
Vice-Chair	John B	Yes
Secretary	Supriya D	Yes
Alt. Secretary	Open	
Treasurer	Doug D	Yes
Alt. Treasurer	Open	
Activities Committee Chair	Pete B	Yes
Literature Committee Vice Chair	Lisa	Yes
PR Committee Vice-Chair	Bill H	Yes

HOME GROUPS – GSR’S, ALTERNATES OR REPS – ATTENDANCE

(If there is an asterisk beside the GSR’s name it means they were present but left before voting and was therefore marked absent.)

Group	Representative	Present	Report	Vote
1. 90 in 90	Ken W	No	Yes	V
2. A New Way to Live	Rosey K	No	Yes	NV
3. Breaking Free	Steven G	No	No	V
4. Get Honest or Die	Kevin M	Yes	Yes	V
5. I Can’t We Can	Wade M.	No	Yes	V
6. Just for Today	Carrie L	Yes	Yes	V
7. Last Chance	Julie C	Yes	Yes	V
8. Liberation	Angie	No	Yes	V
9. Nature of Recovery	Matt W	No	No	V
10. Never Alone	Kelly M	Yes	Yes	V
11. Nothing to Fear		No	No	NV
12. Pride in Our Recovery	Patty W	No	Yes	V
13. Road to Recovery	Angela B	Yes	Yes	V
14. Serenity Seekers	Dolores F	Yes	Yes	V
15. Sharing the Message	Jennifer M	Yes	Yes	V
16. Shelter from the Storm	Joey B	Yes	Yes	V
17. Starting Point	Daryl G (temp)	Yes	Yes	V
18. Strength in Numbers	Billy G	Yes	Yes	V
19. Survivors	Shelly D	No	Yes	V

Group	Representative	Present	Report	Vote
20. You Have a Choice Today		No	Yes	V
21. Young and Free	Rachael T	No	No	NV
22. We Do Recover	Nelson S	Yes	Yes	V

GROUPS OUTSIDE HRM - GSR'S, ALTERNATES OR REPS - ATTENDANCE

Group	Representative	Present	Report	Vote
Circle of Hope		No	No	No
Clean if You Want to Be		No	No	No
Love Life	Grant M	No	No	No
New Vision	Emma C	No	Yes	No
Pathway to Peace	Georges N	No	No	No
Spirit of Recovery		No	No	No
Phoenix Group	Kathy M	Yes	Yes	Yes
Talking Circle		No	No	No
Taking Care of Business	Mark S	No	No	No
You're Not Alone	Ernie C	No	No	No
Super Nova	Karen	No	No	No
NA Hope	Jess	No	No	No

CNA web-site: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened with the 'we version' of the Serenity Prayer at 2:00 pm. The 12 Traditions, 12 Concepts and 'A Vision for NA Service' were read. A motion was made by Kevin and seconded by Billy G to adopt the amended minutes.

Attendance was taken and quorum established:

Voting Groups Present	11
Out of Town Groups	1
Total Voting Groups	19
Quorum	Yes

New Groups asking to be seated?

Fresh Start Group; Monday 8-9pm; 307 Granville St, Port Hawkesbury

FRIENDLY REMINDER: *For the sake of consistency in the group reports the end balance will NOT include the group's prudent reserve or the total GSR fund.*

90 in 90**GSR: Ken W Alt. GSR none**

Beginning Balance: \$0.00 7th Tradition: \$55.00 Literature Sold: \$0 Other: \$0 Total Income: \$55.00
 Rent: \$0 Literature Order: \$0 Other: \$5.00 GSR Fund: \$0.00 ASC Contribution: \$50.00
 Total Expenses: \$55.00 Prudent Reserve: \$60.00 Total GSR Fund: \$0
 Ending Balance: \$ 0

Home Group Members: 6 Members at Business Meeting: N/A Average Attendance: 13

A New Way to Live**GSR: Rosey K Alt. GSR none**

Beginning Balance: \$0 7th Tradition: \$33.70 Literature \$0 Total Income: \$33.70 Rent: \$ pd
 Literature Order: \$2.00 Other: \$1.95 bank fee GSR Fund: \$0 ASC Contribution: \$0 Total Expenses: \$3.95
 Prudent Reserve: \$100.00 Total GSR Fund: \$0 Ending Balance: \$29.75

Home Group Members: 2 Members at Business Meeting: Average Attendance 13

Breaking Free**GSR: Steven G Alt. GSR Daryl F**

Absent; no report submitted.

Get Honest or Die**GSR: None Alt GSR: Kevin M.**

Beginning Balance: \$8.15 7th Tradition: \$99.00 Literature Sold: \$0.00 Other: \$0.00 Total Income: \$107.15
 Rent: \$30.00 Literature Order: \$43.55 Other: \$1.95 (bank fee) GSR Fund: \$0.00
 ASC Contribution: \$25.00 Total Expenses: \$100.50 Prudent Reserve: \$0.00 Total GSR Fund: \$0.00
 Ending Balance: \$6.65

Home Group Members: 5 Members at Business Meeting: 3 Average Attendance: 22

I Can't We Can**GSR: Wade M Alt GSR: Bill H**

Beginning Balance: 7th Tradition: \$33.45 Literature Sold: \$0 Total Income: \$33.45 Rent: \$30.00
 Literature Order: \$0 Other: \$2.50 GSR Fund: \$0 ASC Contribution: 0
 Total Expenses: \$32.50 Prudent Reserve: \$99.53 Total GSR Fund: \$0 Ending Balance: \$0

Home Group Members: 3 Members at Business Meeting: 3 Average Attendance: 6

Just For Today

GSR: Carrie L Alt GSR:

Literature Order: \$3.40

Home Group Members: 9 Members at Business Meeting: 5 Average Attendance: 32

Last Chance

GSR: Julie C. Alt GSR: Graham L

Beginning Balance: \$0.00 7th Tradition: \$74.00 Literature Sold: \$16.00 Other: \$0
 Total Income: \$90.00 Rent: \$0 Literature Order: \$0 Other: \$20.00 GSR Fund: \$0
 ASC Contribution: \$0 Total Expenses: \$0 Prudent Reserve: \$95.00 Total GSR Fund: \$0
 Ending Balance: \$0

Home Group Members: 6 Members at Business Meeting: 5 Average Attendance: 20-30

Other Group Information: We Donated \$20.00 to the big recovery Thing, and we will be putting an literature order in next month, which in turn will bring our prudent reserve back down.

Dave: Would it be possible for the group members that can't come to the meeting to forward their report so you have it for the business meeting?

Julie: It just didn't work out this month but we are going to change our business meeting so others can attend.

Liberation

GSR: Angie H Alt GSR: None

Beginning Balance: *\$ 18.4 7th Tradition: \$ 31.80 Literature Sold: \$ 20.80
 Other: \$ Total Income: \$ Rent: \$ 25.00 Literature Order: \$ Other: \$
 GSR Fund: \$ 0.00 ASC Contribution: \$** see note below Total Expenses: \$
 Prudent Reserve: \$ 50.00 Total GSR Fund: \$ 0.00 Ending Balance: \$ 10.64

*correction in ending balance from last month: Should have been \$9.72

Home Group Members: 6 Members at Business Meeting: 6 Average Attendance: 15-20

Other Group Information: Our Treasurer created a Cheque order with our financial institution, only to find out the bank ordered (expensive) business book of cheques in the amount of \$186+. There was an ASC donation Cheque that wasn't cashed within the previous month's business, creating a NSF situation; we are including the \$50 replacement donation Cheque today.

Nature of Recovery

GSR: Matt W Alt GSR: Darrell P

Absent; no report submitted

Never Alone

GSR: Kelly M. Alt GSR:

Beginning Balance:\$47.86 7th Tradition:\$71.35 Literature \$ Total Income: \$71.35
 Rent:\$200.00 Literature Order:\$58.50 Other: \$1.95 GSR Fund:\$40.00 ASC Contribution:
 \$0 Total Expenses: \$260.45 Prudent Reserve:\$8.75 Total GSR Fund:\$40.00 Ending Balance: \$0

Home Group Members: 7 Members at Business Meeting: 5 Average Attendance 14

Other Group Information: Welcome to Justin who joined our home group.

Nothing to Fear

Absent; no report submitted

Pride In Our Recovery

GSR: Patty W Alt GSR: Patrick M

Beginning Balance: \$9.70 7th Tradition: 46.85 Literature Sold: \$ Other: \$
 Total Income: \$46.85 Rent: \$25 Literature Order: \$ Other: \$1.95
 GSR Fund: \$ ASC Contribution: \$ Total Expenses: \$ 26.95
 Prudent Reserve: \$ 29.60 Total GSR Fund: \$ Ending Balance: \$ 0

Home Group Members: 4 Members at Business Meeting: 3 Average Attendance: 9

Road To Recovery

GSR: Angela B Alt. GSR Rob M

Beginning Balance After Reserves: \$ 0.00 7th Tradition: \$118.00 Literature Sold: \$15.00 Other
 Income: \$0.00 Total Income: \$133.00 Rent : \$ 60.00 Literature Order: \$ 19.50 Other
 Expenses: \$ 33.90 GSR Fund: \$ 0.00 ASC Contribution: \$93.85 Total Expenses: \$207.25
 Prudent Reserve: \$120.00 Total GSR Fund: \$150.00 Rent Paid to end of July Ending Balance:
 \$0.00

Home Group Members: 12 Business Meeting: 8 Average Attendance: 19

Group Concerns: Group Members of both Road To Recovery and Young and Free Group voted to combine the 2 groups under the name Road To Recovery. There are still 2 meetings per week at our

location (Tues & Sat). We agreed that more mentoring is needed so other group members can chair & secretary meetings. We will put more focus on this from now on. And last, we have a surplus of books for sale due to the merger. As we sell them off we will not replace them all and the funds generated will go to ASC as per the fund flow system. We have reached out to the Literature Committee which will repurchase any that are in re-saleable condition.

Serenity Seekers

GSR: Dolores F. Alt GSR:

Beginning Balance: \$26.50 7th Tradition: \$75.25 Literature \$0 Total Income: \$101.75 Rent: \$
Literature Order: \$ GSR Fund: \$0 ASC Contribution: \$0 Total Expenses: \$ Prudent Reserve:
\$65.00 Total GSR Fund: \$100.00 Ending Balance: \$

Home Group Members: 8 Members at Business Meeting: 5 Average Attendance 22

Other Group Information: Serenity Seekers is hosting its first annual BBQ. Please come celebrate with us starting at 6:00 pm Wednesday June 12th. Our regular meeting will start at 7:30pm.

Sharing the Message

GSR: Jennifer M Alt GSR: Pat Y

Beginning Balance: \$0.00 7th Tradition: \$76.50 Literature Sold: \$0.00 Other: \$0.00
Total Income: \$76.50 Rent: \$33.00 Literature Order: \$1.50 Other: \$0.00
GSR Fund: \$0.00 ASC Contribution: \$42.00 Total Expenses: \$76.50
Prudent Reserve: \$0.00 Total GSR Fund: \$0.00 Ending Balance: \$ 0.00

Home Group Members: 3 Members at Business Meeting: 3 Average Attendance: 9

Group Concerns: Last month's group concern was not actioned by the executive as promised, re having the web servant remove the three group report forms and uploading the single valid one.

Shelter From the Storm

GSR: Laura C Alt GSR: Joey B

Beginning Balance: \$26.59 7th Tradition: \$83.73 Literature Sold: \$ 0.00 Other: \$ 0.00
Total Income: \$110.32 Rent: \$ 0.00 Literature Order: \$74.70 Other: \$0.00
GSR Fund: \$ 0.00 ASC Contribution:\$ 0.00 Total Expenses: \$ 74.70
Prudent Reserve: \$35.92 Total GSR Fund: \$0.00 Ending Balance: \$0.00

Home Group Members: 15 Members at Business Meeting:7 Average Attendance:20

Starting Point

Temporary Rep: **Brian M** Alt. GSR: Vacant

Beginning Balance: \$ 113.15 7th Tradition: \$ 88.20 Literature Sold: \$0 Other: \$0
 Total Income: \$ 88.20 Rent: \$ 00.00 Literature Order: \$36.00 Other: \$1.95 bank fee
 GSR Fund: \$ 0 ASC Donation: \$100.00 Total Expenses: \$137.30 Prudent Reserve: \$87.20
 Total GSR Fund: \$ 0 Ending Balance: \$ 0.00

Home Group Members: 9-10 Members at Business Meeting: 7 Average Attendance: 25

Strength in Numbers

GSR: Billy G. Alt. GSR: Aaron G.

Beginning Balance: \$0.00 7th Tradition: \$109.40 Literature Sold: \$72.50 Other: \$
 Total Income: \$181.90 Rent: \$ Literature Order: \$72.50 Other: \$ GSR Fund: \$
 ASC Contribution: \$32.45 Total Expenses: \$104.95 Prudent Reserve: \$ 76.95
 Total GSR Fund: \$ Ending Balance: \$0.00

Home Group Members: 11 Members at Business Meeting: 4 Average Attendance: 41

Survivors

GSR: Shelly M. Alt GSR: Peter F.

Beginning Balance: \$104.75 7th Tradition: \$221.00 Literature \$16.00 Total Income: \$321.75
 Rent: \$70.00 Literature Order: \$22.75 GSR Fund: \$40.00 ASC Contribution: \$50 Total
 Expenses: \$260.45 Prudent Reserve: \$70.00 Total GSR Fund: \$0 Ending Balance: \$109.00

Home Group Members: Members at Business Meeting: 8 Average Attendance 12-15

Other Group Information: Shelly D will be stepping down as GSR as her term has been fulfilled. Frances will be stepping down from the Treasurer position as her term has been fulfilled. The Area motions and open positions were discussed. We will be trying to get a new meeting started on either Thursday, Friday, or Saturday. More will be revealed. We discussed clean time of being able to share at a meeting. There was a motion made by Peter F that there be a secretary sit with the chair with no clean time for this and that in order to share you need 3 months clean time. 6 were for, 1 against and 1 abstained. Motion Passed.

You Have a Choice Today

GSR: Alt. GSR:

Beginning Balance: \$290.13 7th Tradition: \$152.15 Literature Sold: \$15 Other: \$
 Total Income: \$170 Rent: \$25 Literature Order: \$51.25 Other: \$3 GSR Fund: \$16
 ASC Contribution: \$75 Total Expenses: \$170.25 Prudent Reserve: \$75 Total GSR Fund:
 \$60 Ending Balance: \$ 0.88

Home Group Members: 7 Members at Business Meeting: 3 Average Attendance: 5

Young and Free

GSR: Donald S GSR Alt: Rachael T

Absent; no report submitted.

We Do Recover

GSR: Nelson S. Alt GSR: Kevin C

Beginning Balance: \$0.00 7th Tradition: \$203.15 Literature Sold: \$0.00 Other: \$0.00
 Total Income: \$203.15 Rent: \$80.00 Literature Order: \$30.50 Other: \$2.50 (bank fee)
 GSR Fund: \$0.00 ASC Contribution: \$50.15 Total Expenses: \$153.00
 Prudent Reserve: \$240.00 Total GSR Fund: \$0.00 Ending Balance: \$0.00

Home Group Members: 15 Members at Business Meeting: 8 Average Attendance: 21

Group Concerns: Group members would like to see a meeting chairing workshop hosted in the near future.

GROUP REPORTS FROM OUTSIDE HRM

CIRCLE OF HOPE

GSR: James Y Alt GSR: Jolita

CLEAN IF YOU WANT TO BE

GSR: Alt GSR

LOVE LIFE

GSR: Grant M Alt. GSR: Dave C

NEW VISION

GSR: Emma C Alt GSR: Chrissy B

Beginning Balance: \$254.16 7th Tradition: \$131.75 Literature \$55.50 Total Income: \$187.25
 Rent: \$75.00 Literature Order: \$104.25 Other: \$0 GSR Fund: \$20.00 ASC Contribution:
 \$74.41 Total Expenses: \$ Prudent Reserve: \$150.00 Total GSR Fund: \$50.00 Ending Balance:
 \$0

Home Group Members: 5 Members at Business Meeting: 4 Average Attendance: 7

PATHWAY TO PEACE

GSR: Georges N Alt GSR:

PHOENIX GROUP

GSR: Kathy M Alt GSR: Lacey Y

Beginning Balance: \$498.81 7th Tradition: \$69.28 Literature \$0 Total Income: \$ Rent:
 \$69.30 Literature Order: \$0 Other: \$25.00 given to our GSR May 24th GSR Fund: \$300.00
 ASC Contribution: \$200.00 Total Expenses: \$50.00 (cake; pop; plates; coffee etc.) Prudent Reserve:
 \$ Total GSR Fund: \$325.00 Ending Balance: \$568.11

Home Group Members: 8 Members at Business Meeting: 8-10 Average Attendance: 17

Other Group Info: Money sent to Area is twice a year as \$100 each time. Feb, 2019 next payment
 October, 2019. Our meetings are on Sundays and our Step meeting is every other meeting.

TALKING CIRCLE

TAKING CARE OF BUSINESS

GSR: Mark S Alt GSR:

YOU'RE NOT ALONE

SUPER NOVA

GSR: Karen D Alt. GSR:

NA HOPE

GSR: Jessie D Alt. GSR:

SUBCOMMITTEE REPORTS

Activities Committee Chair: Pete B

Dear Committee members,

We held our Activities Meeting May 25th, at the Emmanuel Anglican Church Hall at 322 Herring Cove
 road and we met quorum with 12 out of 14 voting members. We also had 3 new members join.

All activities positions are coming up in June. We have some great positions that are becoming available that we need a couple members with a min of 2-3 years clean time to be filled, so please consider coming out and joining the exciting committee.

Games day on May 11th went really well, lining up with the ‘Just For Today’ brunch has been a great asset to the turn out. The last Game night on May 25th after the ‘Road to Recovery’ meeting at 30 Alfred St. in Dartmouth had a good turnout. Thank you to all the people that helped with these mini events and to the fellowship for attending. We will be starting them back up in the fall; more will be revealed.

Since our last activities meeting on Feb 16th, the only big event for this area was ‘The Big Recovery Thing’ which was held from May 17th thru 20th at 181 Portland St. This event had its own Ad Hoc committee which will be giving its own report.

We have a great summer of events planned over the next couple of months. People are stepping up for some awesome weekly events such as Hikes and Softball. We have some confirmed dates for Softball which are June 16th and 23rd, July 14th and 28th, Aug 18th at the Hfx Commons, diamond 8, starting at 11am. Hike dates that have been confirmed for June are the 2nd at Point Pleasant Park, the 9th at Lawrence Town Beach, and the 30th following the Area meeting, at the Public Gardens on Spring Garden Rd.

Activities has approved a brand new event for the weekend of the June 21st, 22nd at the Graves Island Campground. It will be free for the first 50 people at the site, a price for people after 50 will be confirmed before the poster is released over the next couple days. We also have a beach day planned for Sat July 6th at Rainbow Haven. The hours will be 11am-3pm. A BBQ will be on site with free hotdogs being served. We will also have a canteen available for cold drinks and snacks. A full treasurers report will be submitted to Area Secretary for the minutes.

We are still looking for a place to hold the ‘Inn Out Of The Cold Event’ in Dec. We have to make reservations for a venue and if anyone has any ideas, please talk to an Activities member.

Our next meeting will be held on Saturday, June 29th at 3pm, at 322 Herring Cove Rd.

Yours in service, Pete B

Activities Treasurer’s Report: John B

Good afternoon everyone,

The activities treasury has been pretty inactive this past month. Most of our account activity belonged to The |Big Recovery Thing, which will provide its own financial report separate from activities. The Big Recovery Thing however did return all monies activities lent it from the convention fund.

<u>Income</u>			
Games day	2019-05-24	Cash	\$32.00
BRT convention reserve fund pay back	2019-05-21	Internal	\$500.00

Canteen	2019-05-24	Cash	
<u>Expenses</u>			
Bank Monthly fee	2019-05-01	PAD	\$3.75
In Branch CD fee	2019-05-01	PAD	\$2.76
Paper STMT	2019-05-01	PAD	\$4.50
Checks from Staples	2019-04-20	178	\$106.94
Baseball field rental	2019-05-25	179	\$180.00

I did discover an error I made in accounting, I attributed \$87.00 to Activities that belonged to The Big Recovery Thing. Once I moved those funds to BRT, off the Activities sheet, we have a balance of - \$304.26 below prudent reserve. Please find attached our balance sheet for activities. Please note this is a YTD sheet so reflects income and expenses totals since November 10, 2018. This is why the numbers may appear bigger than would be if this was a monthly sheet.

Yours in service, John B

Literature Committee Report: Lisa A

Meeting opened at 10:15 am with 9 of 9 decision-makers.

Reports

Treasurer: We have no Area contribution today. We are \$216.49 below our prudent reserve.

Bank and Cash

Opening bank	\$4,867.33	Opening cash	\$65.00
Deposited.....	+ 752.70	Cash sales	+ 125.50
NAWS orders	- 1,524.24	Deposited	- 125.50
Bank charges	- 7.09	End cash.....	\$65.00
End bank.....	\$4,102.88		

Bank and Cash total \$4,167.88

NS Health Withdrawal Management III \$93.00 (overpayment - credit on file)

Accounts Receivable

<u>Facility</u>	<u>Date</u>	<u>Invoice</u>	<u>Amount</u>
Corrections			
Women’s Corrections.....	May 2019	742160	\$31.00
Marguerite Centre	May 2019	742163	46.50
Groups & Members			
ASC (Fresh Start).....	May 2019		172.00
Total Accounts Receivable			\$249.50

Assets

Bank and Cash total	\$4,167.88
Inventory	+ 2,004.48

Inventory in transit	+ 1,360.65
Prudent Reserve	- 7,500.00
Accounts receivable reserve.....	- <u>249.50</u>
Balance.....	- \$216.49

New Business

Nominations or volunteers for Literature Chairperson for Area consideration today: None.

Announcements and Reminders to Groups

We need a Chairperson & Treasurer. See Literature guidelines at www.centralnovaarea.ca. Click on SERVICE, and scroll down to CNA RESOURCES.

Next committee meeting: 30 Jun 2019 at 10:00 am at 322 Herring Cove Rd. YIS, Lisa A.

PR Committee: Danielle P

Hello from Public Relations. We met this morning with 8 of 14 voting members in attendance, making quorum.

All of our H & I commitments were met. Laurie G, our Marguerite Centre Panel Coordinator, is asking for more participation from the female members in our Area. The last 3 presentations have had male speakers as she has been unable to secure female speakers. If you would like to participate speak with her directly or contact our Web Servant with your willingness to serve. Rosey K, our Women's Correctional Panel Leader, also brought forward some questions regarding participation on the panel when an individual knows someone in the prison who may attend. We agreed this is a case by case basis, typically if close friends, family or partners are incarcerated, a member should recuse themselves from participating but it would be impossible for us to prevent anyone knowing anyone in jail. Withdrawal Management in Dartmouth has received funding for materials and will be submitting a new literature order.

Darrel A, our PI Coordinator wants to move forward with a poster Drive. Since Jo T largely spearheaded this effort and is no longer doing so, he would greatly appreciate some assistance. If you have strong organizational skills; please get in touch with Darrel A. publicinformationcnana@gmail.com.

Although there has been no formal meeting with the Area Executive regarding the recent interaction with Mi'kmaq Friendship Centre, we have agreed that while policy was not followed this does not mean we cannot still try to mend this fence. Darrell A will send them a Sunshine letter and request that we do a "What is NA?" presentation in the hopes we can speak for ourselves and answer questions directly with accurate information from the fellowship.

A big thanks to Supriya D and Kelly M for finalizing a version of our new guidelines for review by the ASC. We understand that the ASC must approve our guideline changes but the committee would like the ASC to consider this process and help us understand. If a sub-committee, who is intimately involved in the carrying out of that Sub Committee's business needs to change their guidelines, why is brought before a body who is often unfamiliar with this? Furthermore, when a sub- committee supports an individual to be their chair, why does this also need to be voted on by the ASC? We welcome more information as it currently seems inefficient and not reflective of trusting our trusted servants.

Our Web Servant James D would like more clarity for the groups regarding who can submit information for the Website and what is acceptable. We have some guidelines in place for this, but the Area does not. As we work on getting a better procedure documented, please be aware that only members of a home group can request changes to the meeting list and only Sub Committee Chairs are supposed to submit flyers. There is some flexibility with sub committees as we are generally familiar with the members, but not with meeting information. Also, if you want to have a change or a piece of information posted on the Website you have to communicate it to the Web Servant directly.

We had a lively discussion today regarding people on Drug Replacement Therapy and participation in PR activities. Thus far we understand that NA does not consider individuals on DRT to be considered clean but we all wish to ensure that these people can be supported through this therapy and feel welcome in the fellowship of NA. While we would consider a person on DRT as not having met clean time requirements, we have agreed our current questions for screening individuals is invasive. We have changed these questions to now read:

1. Do you have a Sponsor?
2. Do You have a Home Group?
3. Do you understand and meet the clean time requirements?

We hope this is a first step in welcoming more people on DRT's on our committee as there is no clean time requirement to be a member and we want any person struggling with addiction to feel they have a home in NA no matter where they are on their path.

Yours in Service, Danielle P.

Supriya: The Yarmouth GSR contacted me as the Area Secretary asking if she could make posters with her local contact name and number and put them up around the town. What do you suggest?

Danielle: Our Area guidelines suggest we don't put personal names and phone numbers

EXECUTIVE REPORTS

Regional Committee Member (RCM): Stéphane C

Good afternoon. I would like to thank first everyone who was involved for the Big Recovery Thing and for the Regional Assembly. This weekend was incredible and full of love. Thank you again for your service.

The workshops were very appreciated and served well the members who was there. Also, like I said at the Regional Assembly here in Halifax last Sunday, the ad hoc committee put in place to coordinate this event was a success. I suggested to the Region to put this kind of committee in place for future events.

At the Regional meeting, we had a lot of observers and everyone could see how it worked. We had also at the table the RCM from Newfoundland. We tried in the past to connect via Skype without success.

Now we need you!! All positions are open in August as this our general election. Chairperson, Vice-Chairperson, Secretary, Treasurer, Regional Delegate and Standing Subcommittee Chairperson. For more info go to CARNA.CA

In New Brunswick since the marijuana is legalized, they saw a big difference. Attendance dropped by half and more in some meetings. This is very scary situation.

The next assembly is being planned for Feb 8, 2020, the day prior to the Regional Committee meeting. The event starts at 9 AM on the 6th floor of the Moncton Hospital. Registrations will be available starting in November 2019. This assembly will pertain to the Car-Cat (Conference Agenda Report) (Conference Approval Track). There was talk about a motion from the Region at the next WSC (World Service committee) in May in California. A good suggestion is to start putting some money in your GSR fund for those who want to attend. In fall we will have some workshops scheduled for those who wish to learn more about the CAR-CAT.

The next Canadian Convention (CANNA) will be September 6-7-8th in Niagara Ontario. For more information go to www.canadianconvention.ca.

The Central Nova Area has Mp3 for sale of speakers from convention and events from 2016 until today. See Dave B. or email at speakersalecnana@gmail.com.

The Central Nova Area made a contribution of \$1960.82 to our Region. The next Regional Meeting will be in Moncton on August 11th at The Moncton Hospital.

Yours in service, Stéphane C. RCM

Dave: Is there going to be an Area convention in Saint John's NFLD in June?

Stéphane: Yes, sorry I forgot to announce it, thanks.

Vice-Chair: John B

Oral report given; no written report submitted.

Area Chair: Jim F

Nothing to report at this time.

Treasurer: Doug D

Report to follow soon.

Kathy: What is the Freedom Voice phone number?

Doug: An information line with a list of meetings.

Danielle: Can we have the bill go directly to the treasurer? We thought of getting a prepaid credit card to pay the bill.

Doug: Once you use a prepaid credit card they start dinging you monthly. I prefer to get a US money order. I'll think on this over the next month and come back to the next Area meeting.

Break: 3:20

OLD BUSINESS: None

OPEN FORUM:

Danielle: regarding the GSR fund, we have only about 8 months left so just a head's up for groups to start saving. Also about the motion of guidelines for seating groups. I think we need to have guidelines in place for this.

Carrie: Ending balances from month to month are not matching the beginning balances. Two months ago we had asked about groups not coming to Area. How do we find out if they are still active and part of our Area?

Jennifer: Can any updated minutes be out by Saturday so we have them for our group business meetings?

Dave: Gave meeting list updates. Mentioned there was a motion missing the first time the minutes were sent out and the second set of minutes did not come out in time for our business meeting. Also one of the group readings is missing from the Port Hawksbury starter kit and we would like to get it to them.

Kevin: It might be better to mail it to them.

John B (Vice Chair): Regarding subcommittees changing their guidelines, I know they would like to elect their own Chairperson but I don't think this is a good time. Their Chair is ultimately responsible to the groups and the subcommittees are answerable to Area.

Kelly motioned to extend Open Forum 5 minutes; Lisa seconded.

Danielle: What we're saying is that a lot of people at the Area table aren't familiar with the subcommittee's work. I'm not saying we shouldn't be accountable to the Area.

Jim F (Chair): The things that go on here get voted on by senior members at the groups. The new GSRs need to be mentored and learn. We have policies and guidelines in place for a reason. The GSRs should have a say as the members at the group level is who we're serving.

Group Concerns: responses from the Vice Chair:

1. For the request from Starting Point wanting a financial report from Inn Out of the Cold, I can email it to you.
2. We Do Recover wants a chairing workshop which is being created now.

NEW BUSINESS

Elections

Alt Secretary: No volunteers or nominations.

Alt Treasurer: No volunteers or nominations.

Alt RCM: No volunteers or nominations.

Literature Chair: No volunteers or nominations.

MOTIONS:

#1. **Maker:** Danielle P **Seconded** by: Carrie L

Motion: For the ASC to approve the updated PR Guidelines with a copy sent out to all GSRs and this motion to be voted on at the next ASC.

Intent: Changes were made to more accurately reflect how the committee conducts business, introduce expectations of members that are realistic and fair, and be more inclusive of members with shorter lengths of clean time. Approving the guidelines will allow us to implement these changes.

TABLED until next month. GSRs will read over the guidelines and come back ready to vote at the next Area. Each group doesn't have to wait until their business meetings to go over it. The changes are all in yellow and there is a summary of guidelines.

The next Area meeting will be held June 30th at 2:00 at the Emmanuel Church Hall, 322 Herring Cove Rd. in Halifax. The Literature Committee will meet right before Area at 10:00am and Public Relations (PR) at 11am at the same location. Anyone attending these committees or arriving before 1:00 are asked to park behind the veterinary hospital due to the church's need for parking at that time. After 1:00 you can park anywhere in the parking lot near the hall which is in the back behind the church. The Activities Committee meets Saturday, June 29th from 3-6pm also at the Emmanuel Church Hall.

Motion to adjourn by Carrie L; Seconded by Justin M. All in favor. The meeting ended at 4:20 pm and we closed with the 3rd Step Prayer.

Yours in Loving Service, Supriya D