

**CENTRAL NOVA AREA SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS**
March 30, 2019

Committee Executive, Sub-Committee Chairs, and Regional Representatives

Position	Officer	Present
RCM	Stephane C.	Yes
Alt. RCM	Open	
Chair	Jim F	Yes
Vice-Chair	John B	Yes
Secretary	Supriya D	Yes
Alt. Secretary	Open	
Treasurer	Doug D	Yes
Alt. Treasurer	Open	
Activities Committee Chair	Pete B	Yes
Literature Committee Rep	Dave B	Yes
PR Committee Vice-Chair	Bill H	Yes

HOME GROUPS – GSR’S, ALTERNATES OR REPS – ATTENDANCE

(If there is an asterisk beside the GSR’s name it means they were present but left before voting and was therefore marked absent.)

Group	Representative	Present	Report	Vote
1. 90 in 90	Ken W	P	Yes	V
2. A New Way to Live	Rosey K	A	Yes	NV
3. Breaking Free	Steven G	P	Yes	V
4. Get Honest or Die	Kevin M	P	Yes	V
5. I Can’t We Can	Wade M.	P	Yes	V
6. Just for Today	Denise S	P	No	V
7. Last Chance	Julie C	P	Yes	V
8. Liberation	Angie	P	No	V
9. Nature of Recovery	Matt W	P	No	V
10. Never Alone	Kelly M	P	Yes	V
11. Nothing to Fear		A	No	NV
12. Open Arms Recovery	Nicole	A	Yes	NV
13. Pride in Our Recovery	Patty W	P	Yes	V
14. Road to Recovery	Angela B	P	Yes	V
15. Serenity Seekers	Dolores F	A	Yes	V
16. Sharing the Message	Jennifer M	P	Yes	V
17. Shelter from the Storm	Joey B	P	Yes	V
18. Spirit of Recovery		A	No	NV
19. Starting Point	Daryl G (temp)	A	No	V

Group	Representative	Present	Report	Vote
20. Strength in Numbers	Billy G	P	Yes	V
21. Survivors	Shelley D	P	Yes	V
22. You Have a Choice Today		A	Yes	V
23. Young and Free	Rachael T	A	No	V
24. We Do Recover	Nelson S	P	Yes	V

GROUPS OUTSIDE HRM - GSR'S, ALTERNATES OR REPS - ATTENDANCE

Group	Representative	Present	Report	Vote
Circle of Hope	Kathy M	P P	Yes	V
Clean if You Want to Be		A A		
Love Life	Grant M	A A		
New Vision	Emma C	P P	Yes	V
Pathway to Peace	Georges N	A A		
Phoenix Group	Jim Y	P P	Yes	V
Talking Circle		A A		
Taking Care of Business	Mark S	A A		
You're Not Alone	Ernie C	A A		
Super Nova	Karen	A A		
NA Hope	Jess	A A		

CNA web-site: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened with the 'we version' of the Serenity Prayer at 2:10 pm. The 12 Traditions, 12 Concepts and 'A Vision for NA Service' were read. A motion was made by We Do Recover and seconded by New Vision to adopt the minutes with noted amendments

Attendance was taken and quorum established:

Voting Groups Present	16
Out of Town Groups	3
Total Voting Groups	21
Quorum	Yes

New Groups asking to be seated? No

Group Reports: *For the sake of consistency, the end balance will NOT include the group's prudent reserve or the total GSR fund.*

90 in 90

GSR: Ken W Alt GSR: Open

Beginning Balance: \$0.00 7th Tradition: \$166.80 Literature Sold: \$0 Other: \$0 Total Income: \$166.80
 Rent: \$0 Literature Order: \$52.25 Other: \$5 GSR Fund: \$0 ASC Contribution: \$79.55
 Total Expenses: \$58.50 Prudent Reserve: \$30 Total GSR Fund: \$0
 Ending Balance: \$0

Homegroup Members: 6 Members At Business Meeting: 4 Average Attendance: 12

A New Way to Live

GSR: Rosey K Alt. GSR none

Beginning Balance: \$330.07 7th Tradition: \$314.07 Literature Sold: \$16 Other: \$0 Total Income: \$330.07
 Rent: \$ paid Literature Order: \$ 68 Other: \$ 1.95 bank fee GSR Fund: \$0
 ASC Contribution: \$160.12 Total Expenses: \$69.95 Prudent Reserve: \$100 Total GSR Fund: \$0
 Ending Balance: \$0

Homegroup Members: 2 Members At Business Meeting: 1 Average Attendance: 14

Breaking Free

GSR: Stephen G Alt GSR: Darrell F

Beginning Balance: \$102.35 7th Tradition: \$84.90 Literature Sold: \$0 Other: \$0 Total Income: \$187.25
 Rent: \$75 Literature Order: \$21.25 Other: \$0 GSR Fund: \$0
 ASC Contribution: \$91 Total Expenses: \$187.25 Prudent Reserve: \$0 Total GSR Fund: \$0
 Ending Balance: \$0

Homegroup Members: 7 Members At Business Meeting: 6 Average Attendance: 10

Get Honest or Die

GSR: None Alt GSR: Kevin M.

Beginning Balance: \$9.55 7th Tradition: \$177.20 Literature Sold: \$47 Other: \$0 Total Income: \$224.20
 Rent: \$70 Literature Order: \$39.75 Other: \$23.25 supplies and 1.95 bank fee GSR Fund: \$0
 ASC Contribution: \$90 Total Expenses: \$224.95 Prudent Reserve: \$0
 Total GSR Fund: \$0 Ending Balance: \$8.80

Homegroup Members: 5 Members At Business Meeting: 3 Average Attendance: 24

I Can't We Can

GSR: Wade M Alt GSR: Bill H

Beginning Balance:137.18 7th Tradition: 56.15 Literature Sold: \$20.00 Other: \$0
 Total Income: \$213.33 Rent:\$90.00 Literature Order: \$41.00 Other: \$2.50 GSR Fund: \$0
 ASC Contribution: \$0 Total Expenses: \$133.50 Prudent Reserve: \$79.83 Total GSR Fund: \$0
 Ending Balance:\$0

Home Group Members: __3__ Members at Business Meeting: __3__ Average Attendance: __5__

Dave: When was your change for start time?

Wade: January

Just For Today

GSR: Denise S Alt. GSR: Carry L

Oral report given; no written report submitted at this time.

Last Chance

GSR: Julie C. Alt GSR: Graham L

Beginning Balance: \$98.15 7th Tradition: \$90.00 Literature Sold: \$0 Other: \$0
 Total Income: \$188.15 Rent: \$100.00 Literature Order: \$0 Other: \$0 GSR Fund: \$0
 ASC Contribution: \$100.00 Total Expenses: \$ Prudent Reserve: \$25.00 Total GSR Fund: \$50.00
 Ending Balance: \$3.15

Home Group Members: Members at Business Meeting: Average Attendance:20-30

Other Group Information: We are paying rent for 4 months April – July. \$100.00 Our Prudent Reserve went from \$40.00 to \$25.00

Liberation

GSR: Angie Alt GSR: None

Oral report given; no written report submitted at this time.

Nature of Recovery

GSR: Matt W Alt GSR: Darrell P

Oral report given; no written report submitted at this time.

Never Alone

GSR: Kelly M. Alt GSR:

Beginning Balance: \$20.41 7th Tradition: \$218.90 Literature Sold: \$51.50 Other: \$0 Total
 Income: \$270.40 Rent: \$0 Literature Order: \$62.90 Other: \$0 GSR Fund: \$40 ASC
 Contribution: \$100 Total Expenses: \$62.90 Prudent Reserve: \$150 Total GSR Fund: \$40
 Ending Balance: \$127.91

Homegroup Members: 6 Members At Business Meeting: 5 Average Attendance: 10

Other Group Info: Welcome Kate E to Never Alone!

Nothing to Fear

Absent; no report submitted at this time.

Open Arms Recovery

GSR: Nicole p Alt GSR: Crystal

Date of Report: Sept 1 2018-March 16 2019

Beginning Balance: \$ 60.54 7th Tradition: \$ 93.80 Literature Sold: \$ Other: \$ Total Income:
 \$154.34 Rent: \$0 Literature Order: \$0 Other: \$0 GSR Fund: \$0 ASC
 Contribution: \$0 Total Expenses: \$ 140 Prudent Reserve: \$100 Total GSR Fund: \$
 Ending Balance: \$ 114.34

Home Group Members: 3 Members at Business Meeting: Average Attendance:3

Group Concerns: Low attendance.

Pride In Our Recovery

GSR: Patty W Alt GSR: Patrick M.

Beginning Balance: \$ 67.35 7th Tradition: \$90.15 Literature Sold: \$0 Other: \$
 Total Income: \$ 90.15 Rent: \$25 Literature Order: \$6.00 Other: \$1.95 GSR Fund: \$
 ASC Contribution: \$ Total Expenses: \$32.95 Prudent Reserve: \$50
 Total GSR Fund: \$ Ending Balance: \$43.85

Home Group Members: 4 Members at Business Meeting: 4 Average Attendance: 6

Road To Recovery

Beginning Balance After Reserves: \$ 0.00 7th Tradition: \$130.65 Literature Sold: \$ 35.00 Other
Income: \$ 25.00 Total Income: \$ 190.65 Rent: \$ 55.00 Literature Order: \$ 62.25
Other Expenses: \$ 4.65 GSR Fund: \$ 0.00 ASC Contribution: \$ 38.75 Total Expenses: \$ 160.65
Prudent Reserve: \$ 90.00 Total GSR Fund: \$ 105.00 Rent Reserve: \$ 60.00 Ending Balance: \$0.00

Home Group Members: 5 Members at Business Meeting: 4 Average Attendance: 23

Group Concerns:

1. Members needed who can hold Service Positions
2. More mentoring needed so other Group Members can Chair & Secretary Meetings
3. Group Members asked to consider willingness to merge Group with other Group meeting at same Church – Intent to be more efficient with pool of people willing or able to do service. Would still be 2 meetings per week at our location.

Announcements: Tradition Speaker Meeting April 6 – Tradition 9

Serenity Seekers

GSR: Dolores F. Alt GSR:

Beginning Balance: \$.20 7th Tradition: \$107.15 Literature Sold: \$ Other: \$0 Total Income:
\$107.15 Rent: \$90 Literature Order: \$0 Other: \$0 GSR Fund: \$0 ASC
Contribution: \$0 Total Expenses: \$102.95 Prudent Reserve: \$0 Total GSR Fund: \$0
Ending Balance: \$4

Homegroup Members: 9 Members At Business Meeting: 6 Average Attendance: 14

Sharing the Message

GSR: Jennifer M Alt GSR:

Beginning Bal: \$2.30 7th Trad: \$152.85 Lit Sold: \$16.00 Other: \$60.00 Total Income: \$231.15
Rent: \$134.00 Lit Order: \$42.00 Other: \$55.15 GSR Fund: \$0.00 ASC Contribution: \$0.00
Total Expenses: \$231.15 Prudent Reserve: \$0.00 Total GSR Fund: \$0.00 End Bal: \$0.00

Home Group Members: 3 Members at Business Meeting: 3 Average Attendance: 14

Group Concerns/Information: Last month we had decided to work towards paying our rent three months in advance, rather than paying the rent afterwards. This month we have decided to bring the GSR Fund balance from \$60.00 to 0. We decided to use \$4.85 of the GSR Fund to achieve our 1st goal and to

give to the Regional Adhoc Committee the remaining \$55.15 directly to help with the costs of The Big Recovery Thing.

Shelter From the Storm

GSR: Laura C Alt GSR. Joey B

Hi, the treasurer and I went over the report and the numbers were incorrect. He also gave me the last few months for the records if need be. Instead of having an ending balance of 0.00\$ we have \$50.00 for prudent and \$21.74 for ending balance which equals \$71.74 which is the number that remains after expenses. If you would prefer, we could put our ending balance as 0\$ and our prudent reserve as \$71.74. Also, he said that we are reporting the month of February because it correlates with our bank statements. Then our next meeting in April we will be reporting for March. Hopefully this works. Thank you, Laura

Date of Report: Feb 1st-Feb 28th

Beginning Balance: \$157.04 7th Tradition: \$128.95 Literature Sold: \$0.00 Other: \$0.00 Total
Income: \$128.95.00 Rent: \$00.00 Literature Order: \$69.00 Other: \$95.25 GSR Fund: \$0.00 ASC
Contribution: \$50.00 Total Expenses: \$214.25 Prudent Reserve: \$50.00 Total GSR Fund: \$0.00
Ending Balance: \$21.74

Home Group Members: 14 Members at Business Meeting: 8 Average Attendance: 20

Other Group Information: Shelter From the Storm will continue their Wednesday Night Discussion meeting alternating between the 12 steps and the 12 traditions.

We will be having a celebration for our 20th Anniversary sometime during the summer months. More information to come.

John: The numbers from your group report don't seem to add up.

Laura: I will ask our treasurer and send the corrections for the minutes.

Starting Point

Temporary Rep: Daryl G Alt. GSR: Vacant

No written report submitted at this time.

Strength in Numbers

GSR: Billy G. Alt. GSR: Aaron G.

Beginning Balance:\$41.05 \$7th Tradition: \$103.50 Literature Sold: \$30 Other: \$ Total
Income: \$175.35 Rent: \$ Literature Order: \$51.95 Other: \$0 GSR Fund: \$ ASC
Contribution: \$46.45 Total Expenses: \$98.40 Prudent Reserve: \$76.95 plus bank fee Total GSR
Fund: \$ Ending Balance: \$0

Homegroup Members: 13 Members At Business Meeting: 7 Average Attendance: 28

Group Concerns: Is it ok to have Narcan at our home group?

Survivors

GSR: Shelly M. Alt GSR: Peter F.

Beginning Balance: \$140.65 7th Tradition: \$300.65 Literature Sold: \$0 Total Income: \$300.65
 Rent: \$70 Literature Order: \$106.05 Other: \$0 GSR Fund: \$ ASC Contribution: \$0
 Total Expenses: \$230.00 Prudent Reserve: \$70 Total GSR Fund: \$50 Ending Balance: \$4

Homegroup Members: 13 Members At Business Meeting: 8 Average Attendance: 15

Group Concerns: The GSR expressed concern of only being able to attend Area every second month.

Other Group Info: We discussed positions open for Literature Committee Chair and Vice-Chair.

You Have a Choice Today

Gsr: Alt. GSR:

Beginning Balance: \$102.13 7th Tradition: \$153.70 Literature Sold: \$16 Other: \$0 Total
 Income: \$169.70 Rent: \$25 Literature Order: \$44.25 Other: \$3 GSR Fund: \$40
 ASC Contribution: \$80 Total Expenses: \$192.25 Prudent Reserve: \$75 Total GSR Fund: \$44
 Ending Balance: \$0

Homegroup Members: 6 Members At Business Meeting: 5 Average Attendance: 3

Young and Free

GSR: Vacant GSR Alt: Rachael T

Absent; no report submitted at this time.

We Do Recover

GSR: Nelson S. Alt GSR: Adam B

Beginning Balance: \$232.83 7th Tradition: \$167.56 Literature Sold: \$36.00 Other: \$0
 Total Income: \$203.56 Rent: \$80 Literature Order: \$70.80 Other: \$2.50 GSR Fund: \$0
 ASC Contribution: \$45.00 Total Expenses: \$198.30 Prudent Reserve: \$238.09
 Total GSR Fund: \$0 Ending Balance: \$238.09

Home Group Members: 12 Members at Business Meeting: 9 Average Attendance: 22

GROUP REPORTS FROM OUTSIDE HRM

CIRCLE OF HOPE

GSR: James Y Alt GSR: Jolita

Beginning Balance: \$0 7th Tradition: \$20.00 Literature Sold: \$20 Other: \$0
 Total Income: \$40 Rent: \$20 Literature Order: \$20 Other: \$0 GSR Fund: \$0
 ASC Contribution: \$0 Total Expenses: \$40.00 Prudent Reserve: \$0 Total GSR Fund: \$0
 Ending Balance: \$0

Homegroup Members: 3 Members At Business Meeting: 2 Average Attendance: 10

CLEAN IF YOU WANT TO BE

GSR: Alt GSR

LOVE LIFE

GSR: Grant M Alt. GSR: Dave C

NEW VISION

GSR: Emma C Alt GSR: Chrissy B

Beginning Balance: \$232.97 7th Tradition: \$257.00 Literature Sold: \$15 Other: \$0 Total
 Income: \$ Rent: \$75 Literature Order: \$102 Other: \$0 GSR Fund: \$60 ASC
 Contribution: \$50 Total Expenses: \$227.00 Prudent Reserve: \$200.00 Total GSR Fund: \$60.00
 Ending Balance: (not sure as we just changed treasurers and need to get caught up)

Homegroup Members: 9 Members At Business Meeting: 4 Average Attendance: 6

Other Group Info: Emma will be continuing on in her second year as GSR. Welcome Chrissy

PATHWAY TO PEACE

PHOENIX GROUP

GSR: Kathy M Alt GSR: Lacey Y

Beginning Balance: \$0.00 7th Tradition: \$24.15 per meeting Literature Sold: \$50 Other: \$0
 Total Income: \$ Rent: \$109.00 Literature Order: \$113.50 Other: \$0 GSR Fund: \$25
 ASC Contribution: \$200 per year Total Expenses: \$63 Prudent Reserve: \$570.93 (most of
 balancer in reserve) Total GSR Fund: \$325 per year Ending Balance: \$570.93

Homegroup Members: 7 Members At Business Meeting: 6 Average Attendance: 20

TALKING CIRCLE

TAKING CARE OF BUSINESS

YOU'RE NOT ALONE

SUPER NOVA

GSR: Wanda F Alt. GSR:

Beginning Balance: \$26.95 7th Tradition: \$63.40 Literature Sold: \$0 Total Income: \$90.35
 ent: \$17.00 Literature Order: \$ Other: \$40.00 GSR Fund: \$0 ASC Contribution: \$0
 Total Expenses: \$230.00 Prudent Reserve: \$0 Total GSR Fund: \$
 Ending Balance: \$33.35

Other Group Info: We are getting the supplies we need to our group outside of HRM in a timely manner as our group grows. Since we moved out of Beacon Church we are growing with newcomer at nearly every meeting.

NA HOPE

GSR: Jessie D Alt. GSR:

SUBCOMMITTEE REPORTS

Activities Committee Chair: Pete B

Dear Committee members,

Activities Committee held our meeting March 23rd, at the Emmanuel Anglican Church Hall at 322 Herring Cove road and we met quorum with 6 out of 9 voting members. We also had 2 new members join and 2 observers. We have 6 open positions, most are learning positions, they are Vice-Chair, Registration Coord, Assistant Registration Coord, Assistant Program Coordinator, Assistant Hospitality Coord, and Convention Fundraising Coord. I would also like to take the opportunity to let everyone know that elections for all Activity's positions are coming up in June, so please consider coming out and joining the exciting committee.

Games day on March 16th went really well with 20 people attending. It lined up with the 'Just For Today' brunch. Lots of food and fun had by all. We have four Games times left for the season, 2 days and 2 nights. The days are April 6th and May 4th after the 'Just For Today' meeting at 2096 Windsor St. in Halifax and the Games nights will be on April 27th and May 25th after the 'Road to Recovery' meeting at 30 Alfred St. in Dartmouth. Come on out and enjoy some laughs and fellowship.

Since our last Activities meeting on Feb 16th, we had our fundraising event on Feb 23rd after the ‘Road to Recovery meeting. We played Fellowship Feud which drew in 5 teams, everyone enjoyed the evening, a lot of joking and laughing throughout the event which also made a total of \$112.00 for our event in May, ‘The Big Recovery Thing’. Yesterday, March 30th was our annual ‘Spring Into Recovery’ day. After chatting with members around some numbers and through my own observations, it was a great success. Numbers will be totaled, and a more detailed report will be submitted by next area. The speakers did a great job all around and a great big thank you to all activity’s members, volunteers and the fellowship for another great event.

Upcoming events... the next big event for this area is ‘The Big Recovery Thing’ which will be held from May 17th thru 20th at 181 Portland St. and even though this event has its own committee formed, several activities members are working with this ad hoc committee to pull off a fabulous event for this Area. We have a person who volunteered to set up some time and places for road side cleanups... what a great way to give back or make amends... more will be revealed.

We are looking for a volunteer to coordinate some FREE summer time activities (walks, hikes, looking for glass on the beach?). If you have any new ideas or some old ideas that could be spruced up, this might be the position for you. Please chat with an Activities member if you are interested.

The Treasurer was away for our committee meeting, so I do not have any numbers for you here today. He will submit his report to area secretary.

Activities is also putting out to the fellowship that we are looking for a place to hold the ‘Inn Out Of The Cold Event’ in Dec. We have to make reservations for a venue and if anyone has any ideas, please talk to an activity’s member.

Our next Activities meeting will be on Saturday, April 27th, 2019 at 3pm, at 322 Herring Cove road.

Yours in service, Pete B

Activities Treasurer’s Report: John B

Report to follow...

Jimmy: Has anyone from CB contacted you about the campout?

Pete: Yes we are no longer involved with that. They have their own committee and if they need any help we’re there for them.

Angie: What is the clean time for the summertime activities chairperson?

Pete: none

Bill: for the upcoming Big Recovery thing would it be possible to put on an activities workshop?

Pete: it’s not part of Activities committee.

Literature Committee Report: Dave B (temporary representative)

Meeting opened at 10:10 am with 6 of 9 decision-makers, with two new members, and no observers.

Reports

Treasurer: We have no Area contribution today.

Bank and Cash

Opening bank	\$4,542.13	Opening cash	\$65.00
Deposited.....	+ 1,637.30	Cash sales	+ 896.05
NAWS orders	- 1,641.13	Deposited	- <u>896.05</u>
Bank charges	- 1.95	End cash.....	\$65.00
Supplies	- 41.85		
ASC contribution	- <u>464.44</u>		
End bank.....	\$4,030.06		
Bank and Cash total	\$4,095.06		

Accounts Receivable

<u>Facility</u>	<u>Date</u>	<u>Invoice</u>	<u>Amount</u>
NS Health			
Withdrawal Management III	Jan 2018	231868	47.00
Withdrawal Management III	Aug 2018.....	777615	3.50
Withdrawal Management III	Jan 2019	599171	<u>72.50</u>
\$123.00			123.00
Total Accounts Receivable			\$123.00

Assets

Bank and Cash total	\$4,095.06
Inventory	+ 1,886.81
Inventory in transit	+ 1,641.13
Prudent Reserve	- 7,500.00
Accounts receivable reserve.....	- <u>123.00</u>
Balance	\$0.00

Old Business

Elections: Vice-Chair: Lisa A. volunteered. Positional requirements and duties were read. Questions were asked. Consensus was 7-0-0-0. Congrats Lisa.

Treasurer: no volunteers or nominations.

New Business

Nominations or volunteers for Literature Chairperson for Area consideration today: None.

Announcements and Reminders to Groups

1. We need a Chairperson & Treasurer. See Literature guidelines at www.centralnovaarea.ca. Click on SERVICE, and scroll down to CNA RESOURCES.
2. Groups: Think about using reusable bags instead of Sobey's bags. Three groups already use reusable bags. Literature has NA reusable bags available. Plastic Sobey's bags will be phased out soon. Next committee meeting: 28 Apr 2019 at 10:00 am at 322 Herring Cove Rd. YIS, Dave B.

Bill: Are you actively getting the money owed for Withdrawal Management III?

Dave: Rob has contacted the person in Springhill and there is a big bureaucratic mess to be worked out.

PR Committee: Bill H, Vice-Chair

Hi Central Nova Area,

We held our meeting this morning with 9 of 11 voting members. All went well. We still have open positions of H&I Coordinator, PI Coordinator and Withdrawal Management II and III. All of our commitments were filled, and we have people in place to continue to get the jobs done.

Our interim PI Coordinator put in a large literature order today of \$189.00. I believe it is within our PR budget. It was over a year and a half since the last order and PI is and has been very active. Last month we elected a new Outreach Coordinator, so we ask that if your group has an outreach poster that you change the name from Bill H to Matt W. Also, new posters will be printed and sent out. PR is still looking at maybe doing a PI presentation with the Mi'kmaq Friendship Centre. We will be talking it over with the Area Executive.

Yours in Service, Bill H

EXECUTIVE REPORTS**Regional Committee Member (RCM):** Stéphane C

Good afternoon family,

As a reminder, The Big Recovery Thing will take place at Saint-James Hall, 181 Portland St. in Dartmouth from May 17th to May 20th. The Regional Assembly registration is free and online. Go to carna.ca. Don't forget: You must register for meals.

The next Regional Service Meeting will be hosted by the Regional Delegate Sunday May 19th. Also, the 20th Annual Unity Days at Summerside PEI will be May 4th and 5th.

Now, I have be honest with you, I'm still struggling with my new position as a RCM. With NA I've learned that I have to ask more questions instead of pretending that I am ok and that I understand so I will. Also, I had a really bad month. I had some health issues and my mind was more on my healing than business.

Thank you for your patience and trust.

Your brother in recovery, Stéphane C

Jennifer: Just to be clear, registration is only online for the Regional part and we have to register and pay for the Big Recovery thing separately. The address is St. James Church Hall in Dartmouth. For the Big Recovery Thing you can either register with Dave B or send an email money transfer for your registration.

Vice-Chair: John B

John gave an oral report on the Ad-Hoc Committee for the Regional assembly. No written report was submitted at this time.

Area Chair: Jim F

Nothing to report at this time.

Treasurer: Doug D

They stopped delivering our mail at some point because of the strike. We paid our post office box fee and for some reason they suspended our account. It's all settled now and we are back receiving our mail.

Note: Treasurer's report is attached.

Break: 4:35 to 4:50

OLD BUSINESS:

Elections

Alt Secretary: No volunteers or nominations.

Alt Treasurer: No volunteers or nominations.

Alt RCM: No volunteers or nominations.

Literature Chair: No volunteers or nominations.

OPEN FORUM:

Carrie: Who updates the website?

Matt: How do we go about contacting the out of town groups that don't ever come?

Denise: What is the protocol for a group that purposefully withholds their money so as not to send it to Area? I have a big concern regarding what is group autonomy and what is a group concern.

Jennifer: The fund flow system is considered being followed if it doesn't want to send money to a certain body. We don't have the right to dictate to any group what they will do with their money. We have Traditions that helps groups. We also have the group conscience.

Nelson: A Higher Power is guiding us always. As long as we keep our focus on our principles before personalities.

Denise: Although I do appreciate the explanations I was asking about the protocol. What is the fine line between autonomy and the concern of affecting NA as a whole.

Jimmy: We had similar problems at our group and we have to go with our group conscience.

John: When it comes to group autonomy if it affects other groups, NA's name, etc. Literature money comes right here to Area. Your ending and beginning balances should be 0.

Kelly M motioned to extend open forum for 10 minutes. Patty W seconded.

Dave: All the meeting lists have an address so send in information for updating the group information. NA funds don't belong to a group. They belong to NA as a whole. The groups need to check their group conscience.

Bill: As far as the updated meeting lists, I will certainly contact the Webservant and get it straightened out. I have concerns about fund flow too. It's not just home group members that put money in the 7th tradition so how is it that they think it's their money? Our money never makes it to World because it's all we can do to keep our Region going. We certainly aren't paying anyone's salary. I think Yarmouth needs the rest of the literature i.e. books etc. since they didn't get it originally.

Matt: Over the years when I hear controversial things like this I know we need to get involved with education. Perhaps people can go to the meeting and bring up topics like our fund flow.

Shelley: When did Yarmouth get on the meeting list? I tried to help someone recently and Yarmouth was not online or on the meeting list.

GROUP CONCERNS:

John: To merge your group with another group; do you need help with this?

Angela: We're considering it, but it won't happen for the next few months. We'll have to wait for now.

John: and regarding needing trusted servants and mentoring new people?

Angela: Yes, we need help with both.

John: Can we add that to the announcements?

Angela: That would help.

John: I will look at when I can be available to put on a workshop for chairing meetings. Is Narcan acceptable in meetings? You get training when you go to get a kit.

Graham: It's extremely easy. My life was saved 30 times with it.

Denise: To say you don't need training, I wouldn't have the first clue on what to do with it. Why is this brought up? What happened or why was this brought up?

Billy: One of our group members brought it up asking if we should have it on hand.

Nelson: I'm a former military medic. There are legal issues if you don't know what you're doing. If you kill someone with that you can be legally held accountable for that.

Matt: First of all, you can't get a Narcan kit without getting trained. If a group decides to get if you administer help to someone in distress you can't be held accountable. It's called the Good Samaritan's Law.

Angie: If an individual has concerns and wants it why don't they just get one themselves and use it only themselves?

John: I think having a Narcan kit is along the same lines of First Aide. I don't say, "Well I've watched a tracheotomy on TV then I'm safe." (laughter) If someone has a heart attack in a meeting, I'm going to give them CPR. If you know how to use it go ahead.

Nelson: It's a personal responsibility to the one who has it.

Graham: You just put it to their nose and squeeze it in. You can't overdose anyone with it.

Liberation: Is looking for a detailed financial report for Inn Out of The cold. John will provide the information.

NEW BUSINESS

MOTIONS: None

The next Area meeting will be held April 28th at 2:00 at the Emmanuel Church Hall, 322 Herring Cove Rd. in Halifax. The Literature Committee will meet at 10:00am and Public Relations (PR) at 11am at the same location. Anyone attending these committees or arriving before 1:00 are asked to park behind the veterinary

hospital due to the church's need for parking at that time. After 1:00 you can park anywhere in the parking lot near the hall which is in the back behind the church.

The Activities Committee meets Saturday, April 27th from 3-6pm also at the same place.

Motion to adjourn by Denise S seconded by Emma C. All in favor.

Area closed at 4:40 pm with the 3rd Step Prayer.

Yours in Loving Service, Supriya D