

**CENTRAL NOVA AREA SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS**

|August 25, 2019

Committee Executive, Sub-Committee Chairs, and Regional Representatives

Position	Officer	Present
RCM	Stephane C.	No
Alt. RCM	Open	
Chair	Jim F	Yes
Vice-Chair	John B	Yes
Secretary	Supriya D	Yes
Alt. Secretary	Open	
Treasurer	Doug D	Yes
Alt. Treasurer	Open	
Activities Committee Chair	Pete B	Yes
Literature Committee Vice-Chair	Lisa	Yes
PR Committee Chair	Danielle P	Yes

HOME GROUPS – GSR’S, ALTERNATES OR REPS – ATTENDANCE

(If there is an asterisk beside the GSR’s name it means they were present but left before voting and was therefore marked absent.)

Group	Representative	Present	Report	Vote
1. 90 in 90	Ken W	No	No	V
2. A New Way to Live	Rosey K	Yes	No	NV
3. Breaking Free	Steven G	Yes	Yes	V
4. Get Honest or Die	Jewlz M	Yes	Yes	V
5. I Can’t We Can	Wade M.	Yes	Yes	V
6. Just for Today	Carrie L	Yes	Yes	V
7. Last Chance	Julie C	No	Yes	V
8. Liberation	Cindy M	Yes	Yes	V
9. Nature of Recovery	Matt W	No	No	V
10. Never Alone	Kelly M	Yes	Yes	V
11. Nothing to Fear		No	No	NV
12. Pride in Our Recovery	Patty W	No	Yes	V
13. Road to Recovery	Angela B	Yes	Yes	V
14. Serenity Seekers	Dolores F	Yes	Yes	V
15. Sharing the Message	Jennifer M	Yes	Yes	V
16. Shelter from the Storm	Joey B	No	Yes	V
17. Starting Point	Daryl G (temp)	No	No	V
18. Strength in Numbers	Billy G	Yes	Yes	V
19. Survivors	Rick E	Yes	Yes	V

Group	Representative	Present	Report	Vote
20. You Have a Choice Today		No	Yes	V
21. We Do Recover	Nelson S	No	No	V

GROUPS OUTSIDE HRM - GSR'S, ALTERNATES OR REPS - ATTENDANCE

Group	Representative	Present	Report	Vote
Circle of Hope	Jimmy Y	No	No	No
Clean if You Want to Be		No	No	No
Fresh Start Group		No	No	No
Love Life	Grant M	No	No	No
New Vision		No	Yes	No
Pathway to Peace	Georges N	No	No	No
Phoenix Group	Kathy M	Yes	Yes	Yes
Spirit of Recovery		No	No	No
Super Nova	Karen	No	Yes	No
Talking Circle		No	No	No
Taking Care of Business	Mark S	No	No	No
You're Not Alone	Ernie C	No	No	No
NA Hope	Jess	No	No	No

CNA web-site: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened with the 'we version' of the Serenity Prayer at 2:00 pm. The 12 Traditions, 12 Concepts and 'A Vision for NA Service' were read. The motions were adopted by consensus.

Attendance was taken and quorum established:

Voting Groups Present	10
Out of Town Groups	1
Total Voting Groups	17
Quorum	Yes

New Groups asking to be seated? No

FRIENDLY REMINDER: *For the sake of consistency in the group reports the end balance will NOT include the group's prudent reserve or the total GSR fund.*

90 in 90**GSR: Ken W Alt. GSR none**

Absent; no report submitted.

A New Way to Live**GSR: Rosey K Alt. GSR none****Rosie:** Reports for August and September will be submitted at the next Area meeting.**Breaking Free****GSR: Steven G Alt. GSR Daryl F**

Beginning Balance: \$.40 **7th Tradition:** \$144.25 **Literature Sold:** \$20 **Other:** \$0
Total Income: \$164.25 **Rent:** \$0 **Literature Order:** \$42.50 **Other:** \$0
GSR Fund: \$0 **ASC Contribution:** \$0 **Total Expenses:** \$42.50 **Prudent Reserve:** \$0
Total GSR Fund: \$0 **Ending Balance:** \$122.15

Home Group Members: 4 **Members at Business Meeting:** 2 **Average Attendance:** 11**Get Honest or Die****GSR: Jewlz M Alt GSR: Kevin M.**

Beginning Balance: \$7.25 **7th Tradition:** \$212.85 **Literature Sold:** \$0 **Other:** \$0
Total Income: \$212.85 **Rent:** \$30 **Literature Order:** \$0 **Other:** \$25.95
GSR Fund: \$40 **ASC Contribution:** \$110 **Total Expenses:** \$205.95
Prudent Reserve: \$0 **Total GSR Fund:** \$60 **Ending Balance:** \$ 6.90

Home Group Members: 6 **Members at Business Meeting:** 5 **Average Attendance:** 21**I Can't We Can****GSR: Wade M Alt GSR: Bill H**

Beginning Balance: 0 **7th Tradition:** \$67.50 **Literature Sold:** \$15.00 **Other:** \$0
Total Income: \$82.50 **Rent:** \$0 **Literature Order:** \$0 **Other:** \$5.50 **GSR Fund:** \$0
ASC Contribution: \$0 **Total Expenses:** \$5.50 **Prudent Reserve:** \$116.73 **Total GSR Fund:** \$0
Ending Balance: \$0

Home Group Members: 3 **Members at Business Meeting:** 3 **Average Attendance:** 3

Just For Today

GSR: Carrie L Alt GSR:

June report:

Beginning Balance: \$ 199.06 **7th Tradition:** \$ 100.70 **Literature Sold:** \$ 0
Other: \$ 0 **Total Income:** \$ 100.70 **Rent:** \$ 0 **Literature Order:** \$ 0
Other: \$ 11.10 **GSR Fund:** \$ 0 **ASC Contribution:** \$ 0 **Total Expenses:** \$ 11.10
Rent Reserve: \$ 150.00 **Total GSR Fund:** \$ 0 **Ending Balance:** \$ 138.66

Home Group Members: 6 **Members at Business Meeting:** 4 **Average Attendance:** 21

July report:

Beginning Balance: \$ 288.66 **7th Tradition:** \$ 56.92 **Literature Sold:** \$ 18.00
Other: \$ 0 **Total Income:** \$ 74.92 **Rent:** July-Dec \$ 150.00 **Literature Order:** \$ 0
Other: \$ 15.89 **GSR Fund:** \$ 0 **ASC Contribution:** \$ 0 **Total Expenses:** \$ 165.39
Rent Reserve: \$ 150.00 **Total GSR Fund:** \$ 0 **Ending Balance:** \$ 198.19

Home Group Members: 7 **Members at Business Meeting:** 0 **Average Attendance:** 18

August report:

Beginning Balance: \$ 198.19 **7th Tradition:** \$ 92.15 **Literature Sold:** \$ 0
Other: \$ 0 **Total Income:** \$ 92.15 **Rent:** \$ 0 **Literature Order:** \$ 0
Other: \$ 13.75 **GSR Fund:** \$ 0 **ASC Contribution:** \$ 0 **Total Expenses:** \$ 13.75
Rent Reserve: \$ 150.00 **Total GSR Fund:** \$ 0 **Ending Balance:** \$ 126.59

Home Group Members: 7 **Members at Business Meeting:** 3 **Average Attendance:** 25

Jennifer: If you have 3 signing members it will help business to carry on when others are absent.
 Carrie: We don't have enough members at our business meetings to have 3 signing members.

Last Chance

GSR: Julie C. Alt GSR: Graham L

Beginning Balance: \$24.00 **7th Tradition:** \$189.00 **Literature Sold:** \$71.00
Other: \$0 **Total Income:** \$284.00 **Rent:** \$125.00 **Literature Order:** \$83.00
Other: \$ **GSR Fund:** \$0 **ASC Contribution:** \$50.00 **Total Expenses:** \$0
Prudent Reserve: \$26.00 **Total GSR Fund:** \$0 **Ending Balance:** \$0
Home Group Members: **Members at Business Meeting:** **Average Attendance:** 20-30

Other Group Information: The Last Chance Group has paid rent for the rest of the year. (\$125.00)

Liberation

GSR: Alt GSR:

Beginning Balance: \$63.45 **7th Tradition:** \$159.55 **Literature Sold:** \$36.50 **Other:** \$0
Total Income: \$259.00 **Rent:** \$50 **Literature Order:** \$46.25 **Other:** \$0 **GSR Fund:** \$0

ASC Contribution: \$50 Total Expenses: \$96.25 Prudent Reserve: \$0 Total GSR Fund: \$0 Ending Balance: \$62.75

Home Group Members: 5 Members at Business Meeting: 3 Average Attendance: 14

Nature of Recovery

GSR: Matt W Alt GSR: Darrell P

Absent; no report submitted

Never Alone

GSR: Kelly M. Alt GSR: Open

**Beginning Balance: \$0 7th Tradition: \$56.10 Literature Sold: \$0 Other: \$0
 Total Income: \$56.10 Rent: \$0 Literature Order: \$0 Other: \$6.40 GSR Fund: \$40
 ASC Contribution: \$0 Total Expenses: \$6.40 Prudent Reserve: \$178.70 Total GSR Fund: \$40
 Ending Balance: \$0**

Home Group Members: 8 Members at Business Meeting: 3 Average Attendance: 8

Nothing to Fear

GSR: Alt GSR:

Absent; no report submitted

Pride in Our Recovery

GSR: Patty W Alt GSR: Patrick M

**Beginning Balance: \$199.85 7th Tradition: \$99.35 Literature Sold: \$ Other: \$
 Total Income: \$99.35 Rent: \$50(Jul/Aug) Literature Order: \$ 36 Other: \$3.90
 GSR Fund: \$ ASC Contribution: \$37.35 Total Expenses: \$
 Prudent Reserve: \$50 Total GSR Fund: \$120 Ending Balance: \$37.35**

Home Group Members: 7 Members at Business Meeting: 4 Average Attendance: 7

Group Concerns: We discussed and agree that any group using a 7th for events such as BBQ or to raise funds must announce prior to passing the basket. In regard to a workshop on breaking traditions, perhaps the PR Chair could add some suggestions to this regard instead, each month in their report.

Road To Recovery

GSR: Angela B Alt. GSR Kathleen T

Beginning Balance: \$ 0.00 7th Tradition: \$ 313.35 Literature Sold: \$ 32.50 Other Income:

\$ 20.00 Total Income: \$ 365.85 Rent: \$ 140.00 Literature Order: \$ 60.60 Other Expenses: \$ 31.58 GSR Fund: \$ 0.00 ASC Contribution: \$ 92.02 Total Expenses: \$ 324.20 Prudent Reserve: \$120.00 Total GSR Fund: \$150.00 (Rent Paid to end of Sep) Literature Credit: \$ 41.65 Ending Balance: \$0.00
Home Group Members: 11 Members at Business Meeting: 4 Average Attendance: 22

Serenity Seekers

GSR: Dolores F. Alt GSR:

Literature Order: \$58.75 Total GSR Fund: \$90 ASC Contribution: \$90 Ending Balance: \$149.55 Average attendance: 23

Group Concerns:

July: We are concerned about the reduction of clean time requirement for phone carriers and would like further clarification. Are people who are willing to take the phone with the current clean time requirements being asked? All other changes to PR committee procedural guidelines were accepted.

August: We received further clarification on our concerns and we are confident that the PR trusted servants would show leadership and deal with any issues with the committee/carriers or coordinators if they came up. We accepted all the changes to the PR committee procedural guidelines.

Sharing the Message

GSR: Jennifer M. Alt GSR: Andrew M

Beginning Balance: \$0.00 7th Tradition: \$147.85 Literature Sold: \$35.50 Other: \$0.00
 Total Income: \$183.35 Rent: \$66.00 Literature Order: \$48.25 Other: \$0.00
 GSR Fund: \$30.00 ASC Contribution: \$39.10 Total Expenses: \$183.35
 Prudent Reserve: \$0.00 Total GSR Fund: \$45.00 Ending Balance: \$ 0.00

Home Group Members: 4 Members at Business Meeting: 4 Average Attendance: 10

Shelter from the Storm

GSR: Laura C Alt GSR. Joey B

Date of Report: July 1-July 31

Beginning Balance: \$255.15 (Prudent reserve) from May June 7th Tradition: \$229.80
Literature Sold: \$46.50 Other: \$ Total Income: \$531.46 Rent: \$150.00
Literature Order: \$ Other: \$ GSR Fund: ASC Contribution: \$50.00
Total Expenses: \$150.00 + BBQ 200 of prudent Prudent Reserve: \$381.46 (before BBQ)
Total GSR Fund: \$ Ending Balance: \$ 0.00

Home Group Members:15 Members at Business Meeting: 8 Average Attendance: 25

Starting Point

GSR: Alt. GSR: Vacant

Absent; no report submitted

Strength in Numbers

GSR: Billy G. Alt. GSR: Rick B

Beginning Balance: \$0 **7th Tradition:** \$295.96 **Literature Sold:** \$48 **Other:** \$0
Total Income: \$343.96 **Rent:** \$75 **Literature Order:** \$172.15 **Other:** \$0 **GSR Fund:**
 \$20 **ASC Contribution:** \$51.90 **Total Expenses:** \$0 **Prudent Reserve:** \$76.95 **Total**
GSR Fund: \$20 **Ending Balance:** \$0

Home Group Members: 15 **Members at Business Meeting:** 10 **Average Attendance:** 30

Jim: What is your rent?

Billy: \$25; we pay it 3 months at a time.

Survivors

GSR: Rick E. Alt GSR: Peter F.

Beginning Balance: \$116.75 **7th Tradition:** \$182.00 **Literature Sold:** \$20 **Other:** \$0
Total Income: \$202 **Rent:** \$70 **Literature Order:** \$52 **Other:** \$7.50 bk fees
GSR Fund: \$0 **ASC Contribution:** \$0 **Total Expenses:** \$129.50 **Prudent Reserve:** \$70
Total GSR Fund: \$50 **Ending Balance:** \$69.25

Home Group Members: **Members at Business Meeting:** **Average Attendance:**

Group Concerns: We are still discussing our group having a second weekly meeting in Sackville. So far it seems that Friday is available, will get confirmation this week. The group has decided to change our preamble in regard to members using the butt can by smokers, don't throw the butts on the ground.

Other Group Information: Maureen E is looking at taking over the secretary position for our group. She will know for sure by the next business meeting. Survivors wants to thank the fellowship for its continued support of attendance at our meeting.

You Have a Choice Today

GSR: Sarah M Alt. GSR:

Beginning Balance: \$137.38 **7th Tradition:** \$193.20 **Literature Sold:** \$83.50 **Total Income:**
 \$276.70 **Rent:** \$25 **Literature Order:** \$80.25 **Other:** \$37.13
GSR Fund: \$25 **ASC Contribution:** \$100 **Total Expenses:** \$ 267.51
Prudent Reserve: \$75 **Total GSR Fund:** \$85 **Ending Balance:** \$2.41

Home Group Members: 10 **Members at Business Meeting:** 6 **Average Attendance:** 25

We Do Recover

GSR: Kevin C Alt GSR: Tara J

Absent; no report submitted

GROUP REPORTS FROM OUTSIDE HRM**CIRCLE OF HOPE**

GSR: James Y Alt GSR: Jolita

CLEAN IF YOU WANT TO BE

GSR: Alt GSR:

FRESH START GROUP**LOVE LIFE**

GSR: Grant M Alt. GSR: Dave C

NA HOPE

GSR: Jessie D Alt. GSR:

NEW VISION

GSR: Open Alt GSR: Open

Beginning Balance: -\$154.67 **7th Tradition:** \$231.90 **Literature Sold:** \$59.50 **Other:** \$0
Total Income: \$136.73 **Rent:** \$150 (Aug & Sept) **Literature Order:** \$36.50 **Other:** \$0
GSR Fund: \$0 **ASC Contribution:** \$0 **Total Expenses:** \$186.50 **Prudent Reserve:** \$150
Total GSR Fund: \$60 **Ending Balance:** -\$48.77

Home Group Members: 5 **Members at Business Meeting:** 2 **Average Attendance:** 4

PATHWAY TO PEACE

GSR: Georges N Alt GSR: Open

PHOENIX GROUP

GSR: Kathy M Alt GSR: Lacey Y

Literature Order: \$36 **GSR Fund:** \$0 **ASC Contribution:** \$0 **Total GSR Fund:** 0
 Literature Sold: \$59.50 **Ending Balance:** \$0

Average Attendance: 25 Fridays 10 Sundays

TALKING CIRCLE

TAKING CARE OF BUSINESS

GSR: Mark S Alt GSR: Open

YOU'RE NOT ALONE

SUPER NOVA

GSR: Karen D.

Alt GSR: none

Beginning Balance: \$ 121.85 **7th Tradition:** \$119.00 **Literature Sold:** \$30.50 **Other:** \$0
Total Income: \$271.35 **Rent:** \$ **Literature Order:** **Other:** \$35 **GSR Fund:** \$0 **ASC**
Contribution: \$0 **Total Expenses:** \$35 **Prudent Reserve:** \$0 **Total GSR Fund:** \$0 **Ending**
Balance: \$236.35

Home Group Members: 2 **Members at Business Meeting:** 0 **Average Attendance:** 9

Group Concerns: Our group info was still displaying our old info. I contacted our web info person. He said he would take care of it. We have another literature order to send out. We can pay by e:transfer from my bank account as we still don't have one. How do we get the materials without a large shipping cost. We have no alternate GSR or anyone else qualified to help with service for the group. We have only

Other Group Information: I have scheduled a group business meeting for Sunday August 25th. I asked for as many members to stay for it as possible.

SUBCOMMITTEE REPORTS

Activities Committee Chair: Pete B

Dear Committee members,

We hope that everyone has enjoyed their summer break so far and we are looking forward to our fall events that are on the horizon.

Activities Committee held our meeting August 24th, 2019 at the Emmanuel Anglican Church Hall at 322 Herring Cove road and we met quorum with 12 out of 15 voting members. We had 1 observer.

Activities has some great positions open and we could really use the help. We will be putting out an announcement this month asking for help from our fellowship to have people step up and take a position on the committee or for upcoming events. What we would appreciate from this body is for the GSR's to generate some conversation surrounding activities at their homegroups and how we really need help to continue putting on great events that everyone has come to know and love.

Moving into events over the last two months, the fellowship played its last game of softball this year last Sunday on Aug 18th. Thank you to Darren B. for organizing and he wanted to thank everyone that helped

him with a special mention of Matt W. This season was really well attended by players and fans alike. Fun was had by everyone and our 7th total was a \$171 which was very close to what we paid for the field. With this being said, several members suggested that we plan more games on Sundays next year and Activities will keep this in mind when planning next year's season. Thank you all who participated.

Next up is the organized hikes, which were a great idea put forward by Antione and Anise in the spring. They turned out to be very well received by the fellowship. The last one was a couple weeks ago at Point Pleasant Park and even with a thunder shower approximately 25 people showed up and ate with a beautiful walk that followed. Once again, thank you to all who helped and participated.

Family Beach day at Rainbow Haven went off without a hitch with lots of people coming and going. 30+ people attended with lots of food, sun and fellowship. The only complaint that was heard afterwards was about a couple of sun burns.

Then comes the Family Picnic day in Truro where 27 people attended with lots food and fun. It was a successful event that was spearheaded by Rachel L. Thank you for taking on this commitment and to all the people that helped with a special thanks to David C for transporting materials needed (i.e. BBQ).

One concern that the committee would like to address is for our fellowship to remember that we are representing NA during these events and that we really need to follow rules put in place of the spaces we use whether we are renting it or using a public area. A couple of these that are always talked about would be designated smoking areas and being respectful of other people's anonymity. Food for thought.

Now onto upcoming events: The Sept 6th to 8th New Glasgow Camp Out called "Beginning at the Roads End" is moving forward. I spoke with a member a couple of days ago that says they need registrations to be submitted online so they know how many to cook for, people can register online with the YMCA campground through a link and then pay at the door. Details are as follows: \$60 each for kids 16 and under, \$80 dollars for adults. It's shaping up to be a great event with cabins, restaurant style food, zip lines, canoeing, and a great mix of events for the kids.

Games days and nights are back starting next month with 3 months of proposed dates submitted to our regular spaces. Once these dates are confirmed we will pass them along to the fellowship.

The Annual September corn boil is moving along which will be held on Sept 14th from 3-6pm at Smiley's Park in Hants county, about 10 minutes from Windsor. A poster with directions will be submitted online. Hope to see you all there for our final outdoor event of the summer season.

Fall into recovery will be held at the Liberation space on 6476 Bayers road on Oct 26th, 2019 with the theme being 'Service in Recovery'. Registration for the day will be \$15 and will open at 12pm. A full day of fellowship, speakers, clean time countdown, turkey supper and finished off with a Halloween dance. Dust off your dancing shoes, put on your best costume and let's have a great time.

There hasn't been much movement in the treasurer's department over the last couple of months due to all the summer events being free. Canteen monies and 7th from ball will all be part of the full treasurer's report that will be submitted to the Area Secretary.

Longer term planning has begun for 'Inn out of the cold', New Year's Eve, and our convention for 2020.

Our next Activities meeting will be next month on Saturday, September 28th, 2019 at 3pm, at 322 Herring Cove road, all are welcome to attend. Thank you.

Yours in Service, Pete B

Activities Treasurer’s Report: John B

Oral report given; no written report submitted.

Literature Committee Report: Lisa A

Meeting opened at 10:10 am with 7 of 10 decision-makers. No observers.

Reports

Treasurer: We have no Area contribution today. We are \$108.59 below our prudent reserve.

Bank and Cash

Opening bank	\$3,943.88	Opening cash	\$65.00
Deposited.....	+ 2,190.75	Cash sales	+ 584.75
NAWS orders	- 1,305.58	Deposited	- <u>584.75</u>
Bank charges	- <u>1.95</u>	End cash.....	\$65.00
End bank.....	\$4,826.87		
Bank and Cash total	\$4,891.87		

Accounts Receivable

<u>Facility</u>	<u>Date</u>	<u>Invoice</u>	<u>Amount</u>
NS Health			
Withdrawal Management III			- \$93.00 (credit on file)
Withdrawal Management I & II.....	May 2019	942264	<u>40.00</u>
- \$53.00			- \$53.00
Groups & Members			
CARNA.....	May 2019	742169	\$23.75
Road to Recovery	May 2019	742173	- 102.25 (credit on file)
CNA ASC (Super Nova lit package)	Jun 2019		<u>172.00</u>
\$93.50			<u>93.50</u>
Total Accounts Receivable			\$40.50

Assets

Bank and Cash total	\$4,891.87
Inventory	+ 2,695.29
Prudent Reserve	- 7,500.00
Accounts receivable reserve (net of credits)	- <u>195.75</u>
Balance.....	- \$108.59

Open Forum

Need to remind groups that the input deadline for the Spiritual Principle A Day book is Sep 1st. Once the SPAD is out as a draft, the Literature committee will hold a workshop for review feedback to submit to NAWS. The Literature Vice-Chair facilitates this workshop.

New Business

Literature Chair: Lisa A. volunteered, qualified, and answered questions. She has 20 months clean time. The positional requirement was waived via unanimous consensus (10-0-0-0). As she has the unanimous support of the committee, her name is to be forwarded for Area consideration today.

Announcements and Reminders to Groups

1. When submitting literature orders, please ensure you put your group name AND your own name on your order form. We might need to talk to you about your order.
2. Please don't put a dollar amount on your cheque, and don't write the dollar value in the "Pay to the order of" section – where "Literature" should be written. We might be out of stock for an item on your order, so we would fill the dollar amount with the actual value of your order.

Meeting closed at 10:55 am with the Third Step prayer. Next committee meeting: 29 Sep 2019 at 10:00 am at 322 Herring Cove Rd. YIS, Lisa A.

John: What is the amount owed for the Super Nova starter kit owed by Area?

Lisa: \$172.00

Danielle: When was the starter kit issued and why?

Dave B: It was issued in spring. They contacted us asking for help.

Danielle: Ok now I understand. It was more of a replenishing kit not a starter kit, thanks.

PR Committee: Danielle P

Hello from Public Relations,

We met this morning with 7 of 12 voting members in attendance, making quorum.

All of our H & I commitments were met with the exception of one presentation at the Women's Correctional facility. We have a limited pool of Women to draw from and those cleared were away, sick or unavailable. Keep this in mind—we would not only love to have but need more women participating in PR Commitments. We are still struggling with clarifying the need for a Vulnerable Sector check for our members going into the facility but as of now our work there has not been interrupted.

Norval C. and Co. represented NA at this year's Pride Fair. Thank you Norval!

Our Web-servant has received negative feedback for information not being posted on the website that he did not receive information about in the first place. PLEASE take it back to your home groups and subcommittees that we will not post information on our website unless it comes from a member of the home group that the information relates to or the Chair of the Subcommittee of the Committee it relates to. We have voted to participate in the Global BMLT Project. This is the Basic Meeting List Toolkit and will provide a centralized meeting list database that will allow all meeting lists (NAWS, CANA, CARNA and CNA) be updated with one effort.

Chrissy B has stepped down from her position as Phone Line Coordinator but will continue until the next Area until we find a replacement. This position is now open- please take back to your Home Groups. The committee also voted to change the name of our cell phone from the "NA Help Line" to the "NA

Information Line”. This is to help clarify to the public and our carriers that we do not provide counselling services for addicts in crisis.

We have been receiving some pretty significant bills from Freedom Voice ranging from our standard monthly \$11 charge to \$70 (costs are listed below). It appears we have fallen onto calling lists from automated dialers, but I have not done an exhaustive check. We are billed for usage over and above a certain amount and this is pushing us into this field. There is no way to prevent this without blocking their numbers or Area codes which will be more effective at blocking fake callers but will also prevent legitimate calls from being connected. The committee recommends that we try to curb this by blocking calls coming from outside Canada.

Regarding our submission of Guideline changes to the Area, Supriya D suggested starting the work to present to the Area some suggestions about what is and is not considered Housekeeping.

We held Elections for Positions open in August. Rosey K and David C were voted in for second terms as Correctional Panel Leaders. Open positions are: Hospitals and Institution Coordinator, Public Information Coordinator, Outreach Coordinator, Web Coordinator, Withdrawal Management Panel Leaders (Dartmouth and Springhill) and Marguerite Panel Leader. We have coverage for all efforts and some members may want to continue in their position but were not present today. We will post on the website which positions we know for sure are open. The Committee supports Bill H. as the Chair for the election in October.

Yours in Service, Danielle P

Dave B: Is the word help (from “Help Line”) no longer used?

Danielle P: Yes, we’d like to use the name “Information Line” instead because it puts the person answering calls in an awkward position. One has constantly asked for rides to the pharmacy for their meds and another caller said that they want to commit suicide. We’re handling crisis calls as best as we can but some of the carriers are getting more involved than they need to be because they think they’re supposed to help.

Kathy M (Cape Breton): Is that phone number available to outside Halifax?

Danielle P: Yes, it’s open to anyone. For someone who can’t call long distance there is a toll-free number they can call. Also, our 1-800 number has now fallen onto automated call lists and in the last couple months our bill has been increased from our normal cost. We are discussing blocking the number anywhere except Canada. Anyone can go online for information as needed if they are from outside Canada.

EXECUTIVE REPORTS

Regional Committee Member (RCM): Stéphane C

Vice-Chair: John B

We did a chair workshop in July and had only about 10 people in attendance. Considering the number of people asking for the workshop, it would’ve been good to see more members there.

Danielle: Summer is difficult to coordinate people to come but would you consider doing another one?

John: I'm going to do one on the alternate service structure.

Danielle: There are a lot of workshops posted online so if there is someone who can't attend, they can reach out to John.

Jewlz: What is the frequency of these workshops?

John: It depends on the groups who ask.

Danielle: In all fairness, the information is all on the website under a guide to local service.

John: Yes, all the information is pulled from our literature.

Jennifer: Sometimes the people in meetings don't hear about it unless it's on the announcements well in advance.

Jim: There is a ton of information on NA.org. The new book on Spiritual Principles has been released.

Area Chair: Jim F

No report submitted.

Treasurer: Doug D

Report attached.

OLD BUSINESS: Tabled proposal

Maker: Danielle P **Seconded** by: Carrie L

Proposal: For the ASC to approve the updated PR Guidelines with a copy sent out to all GSRs and this motion to be voted on at the next ASC.

Intent: Changes were made to more accurately reflect how the committee conducts business, introduce expectations of members that are realistic and fair, and be more inclusive of members with shorter lengths of clean time. Approving the guidelines will allow us to implement these changes.

Discussion:

Dave B: Do any of these changes affect the intent of Area or the groups?

John: Yes, it affects clean time for example.

Anyone opposed or need more information? No Anyone who wants to block it? No

Proposal passed with consensus.

Kelly: I have a question that maybe we should learn more about the consensus-based decision making works.

John: You start out with questions and toward the end, everyone is more informed and able to accept the proposal. Ultimately someone would either block it because it violates our Traditions, or they don't agree with it and they explain why.

Elections

Literature Chair: Lisa A volunteered, and it was taken back to the groups. (The Chair asked if anyone was uncomfortable with Lisa serving as the Literature Chair for the next 14 months. No one objected.)

Dave: Just a note, it will be open in the October elections in case there are other volunteers.
All in favor **Welcome Lisa!**

OPEN FORUM:

Jennifer: We ask that any open Area positions are put into the announcements.

Dave: Your group meeting lists that you got today but it will be amended on the Website.

If you want to know about service, give me your email address or email the secretary and she will forward it to me.

Danielle: James just added a section for open positions on the service page of the website. Also you might consider, we are assisting CANA with a couple events: Canadian society of medicine booth with at least 2 people in attendance at all times. I have a signup sheet if anyone is interested in helping out. I'm passing around a form if you'd like to check it out.

Bill: I find it sad that I Can't We Can group is closing. It's been around for years. In our Area minutes I think it might be helpful if it was listed how many people attend meetings. If I'd known how much they were struggling I might have tried to help.

David: I noticed that groups will report in their minutes that they have so many members and only a few at business meetings. If only 2 members show up out of 11 members is it a true group conscience?

Motion to extend to 4:20 Jennifer Lisa seconded

Cindy: We have what is called voting members. If the others don't come to the business meeting they are still members but don't participate with a vote.

David: Is the women's meeting at Serenity Seekers wheelchair accessible?

Dolores: Yes, it is.

NEW BUSINESS (Bill informed the committee that we take nominations in August and September to take back to the groups for Area elections in October.)

Elections

Nominations or volunteers:

RCM: Open

Alt. RCM: Open

Chair: Jim F

Vice Chair: John B

Secretary: Open

Alt. Secretary: Open

Treasurer: Open

Alt. Treasurer: Open

Activities Chair: Open

PR Chair: Bill H was nominated by the PR Committee

Literature Chair: Lisa A volunteered

PROPOSALS: None

The next Area meeting will be held September 29th at 2:00pm at the Emmanuel Church Hall, 322 Herring Cove Rd. in Halifax. The Literature Committee meets at 10:00am and Public Relations (PR) at 11am at the same location. Anyone attending these committees or arriving before 1:00 are asked to park behind the veterinary hospital due to the church's need for parking at that time. After 1:00 you can park anywhere in the parking lot near the hall which is in the back behind the church. The Activities Committee meets Saturday, September 28th from 3-6pm also at the Emmanuel Church Hall.

Note from the Chair: Due to another engagement at our current facility the October Area will be on the third Sunday of the month, which is October 20th.

Proposal to adjourn by Dolores. All in agreement!

The meeting ended at 4:30pm with the Third Step Prayer.

Yours in Loving Service, Supriya D