



CENTRAL NOVA AREA SERVICE COMMITTEE
OF NARCOTICS ANONYMOUS
January 27, 2019

Committee Executive, Sub-Committee Chairs, and Region Representatives

Position	Officer	Present
RCM	Stephane C.	Yes
Alt. RCM	Open	
Chair	Jim F	Yes
Vice-Chair	John B	Yes
Secretary	Open (Supriya sat in)	Yes
Alt. Secretary	Open (Vacant)	
Treasurer	Open	
Alt. Treasurer	Doug D	Yes
Activities Committee Chair	Pete B.	Yes
Literature Committee Rep	Dave B	Yes
PR Committee Chair	Danielle P	Yes

HOME GROUPS – GSR’S, ALTERNATES OR REPS – ATTENDANCE

(If there is an asterisk beside the GSR’s name it means they were present but left before voting and was therefore marked absent.)

Group	Representative	Present	Report	Vote
1. 90 in 90	Ken W	P P	Yes	V
2. A New Way to Live		A A	No	V
3. Breaking Free	Darren B	P P	Yes	V
4. Get Honest or Die	Kevin M	A A	Yes	V
5. I Can’t We Can	Wade M.	P P	Yes	V
6. Just for Today	Carrie L	P P	Yes	V
7. Last Chance	Julie C	P P	Yes	V
8. Liberation	Louise G	A A	Yes	V
9. Nature of Recovery	Matt W	P P	Yes	V
10. Never Alone	Kelly M	P P	Yes	V
11. Nothing to Fear	Steven G	A A	No	NV
12. Open Arms Recovery		A A	No	NV
13. Pride in Our Recovery	Patty W	P P	Yes	V

Group	Representative	Present	Report	Vote
14. Road to Recovery	Angela B	P P	Yes	NV
15. Serenity Seekers	Dolores F	P P	Yes	V
16. Sharing the Message	Jennifer B	P P	Yes	NV
17. Shelter from the Storm	Joey B	P P	Yes	V
18. Starting Point	Daryl G (temp)	P P	Yes	V
19. Strength in Numbers	Billy G	P P	Yes	V
20. Survivors	Shelley D.	P P	Yes	V
21. You Have a Choice Today		A A	Yes	V
22. Young and Free	Rachael T	A A	Yes	V
23. Live Clean Or Die	Jamie S.	P P	Yes	V
24. We Do Recover	Nelson S	P P	Yes	V

GROUPS OUTSIDE HRM - GSR'S, ALTERNATES OR REPS - ATTENDANCE

Group	Representative	Present	Report	Vote
Circle of Hope	Lacey Y	P P	No	Yes
Clean if You Want to Be		A A	No	Yes
Love Life	Grant M	A A	No	Yes
New Vision	Brittany (Rep)	P P	Yes	Yes
Pathway to Peace	Georges N	A A	No	Yes
Phoenix Group	Jim Y	P P	No	Yes
Talking Circle		A A	No	Yes
Taking Care of Business	Mark S	A A	No	Yes
You're Not Alone	Ernie C	A A	No	Yes
Super Nova	Mary F	A A	No	Yes
NA Hope	Jess	A A	No	Yes

CNA web-site: www.centralnovaarea.ca CNA e-mail address: centralnovaarea@gmail.com

The meeting opened with the 'we version' of the Serenity Prayer at 2:05pm. The 12 Traditions, 12 Concepts and 'A Vision for NA Service' were read. A motion was made by Dolores F and seconded by Shelley to adopt November 25, 2018 minutes with noted amendments.

Attendance was taken and quorum established:

Voting Groups Present	15
Out of Town Groups	3
Total Voting Groups	20
Quorum	Yes

New Groups asking to be seated? Spirit of Recovery Group at the Senior Centre, 841 Willow St. in Melbrook every other Saturday starting Feb 2 at 1pm. Live Clean or Die Group will give their Starter Kit to Spirit of Recovery as they are closing their meeting.

Group Reports: *For the sake of consistency, the end balance will NOT include the group's prudent reserve or the total GSR fund.*

90 in 90

Sunday 7:30-8:30 pm, Brunswick United Church, 2107 Brunswick Street, Halifax
GSR: Ken W Alt GSR: Open

Beginning Balance: \$0 **7th Tradition:** \$76 **Literature Sold:** \$15 **Other:** \$0.00 **Total Income:** \$91
Rent: \$30 **Literature Order:** \$34.25 **Other:** \$0 **GSR Fund:** \$0 **ASC Contribution:** \$26.75 **Total Expenses:** \$0 **Prudent Reserve:** \$30 **Total GSR Fund:** \$0 **Ending Balance:** \$0

Home Group Members: 6 **Members at Business Meeting:** 5 **Average Attendance:** 10
Other Group Info: Ken W has been elected as our group's GSR.

A New Way to Live

Monday 11:45 am - 12:45 pm, Main Floor, Boardroom Northwood, 2615 Northwood Terrace, Halifax

No report submitted.

BREAKING FREE

Wednesday, 7:30-8:30 pm, Emmanuel Church, 322 Herring Cove Rd., Spryfield
GSR: Darren B. Alt GSR: Open

Beginning Balance: \$130.50 **7th Tradition:** \$134.90 **Literature Sold:** \$40.00 **Other:** \$0.00 **Total Income:** \$305.40 **Rent:** \$75.00 **Literature Order:** \$60.50 **Other:** \$0.00 **GSR Fund:** \$0.00 **ASC Contribution:** \$144.90 **Total Expenses:** \$280.40 **Prudent Reserve:** \$0.00 **Total GSR Fund:** \$0.00
Ending Balance: \$25.00

Home Group Members: 5 **Members at Business Meeting:** 2 **Average Attendance:** 11
Other Group Info: Collected \$102.65 Dec/05/2018 at an anniversary, donated to IOTC.

GET HONEST OR DIE

Thursday 7:30 – 8:30 p.m., St. Peter's Church Hall, 3 Crichton Avenue, Dartmouth
GSR: None Alt GSR: Kevin M.

Beginning Balance: \$4.50 **7th Tradition:** \$210.45 **Literature Sold:** \$0.00 **Other:** \$0.00 **Total Income:** \$214.95 **Rent:** \$70.00* **Literature Order:** \$0.00 **Other:** \$3.90 (bank fees) **GSR Fund:** \$0.00 **ASC Contribution:** \$130.00 **Total Expenses:** \$203.90 **Prudent Reserve:** \$0.00 **Total GSR Fund:** \$0.00 **Ending Balance:** \$11.05

Home Group Members: 0 **Members at Business Meeting:** 0 **Average Attendance:** 0

I CAN'T WE CAN

Thursday 7:30-8:30 p.m., St. Matthew's United Church, 1479 Barrington Street, Halifax
GSR: Wade M ALT GSR: Bill H

Beginning Balance: \$142.18 **7th Tradition:** \$55 **Literature Sold:** \$0 **Other:** \$0 **Total Income:** \$197.18 **Rent:** \$120 **Literature Order:** \$0 **Other:** \$5 **GSR Fund:** \$0 **ASC Contribution:** \$0
Total Expenses: \$125 **Prudent Reserve:** 72.18 **Total GSR Fund:** \$0 **Ending Balance:** \$0

Home Group Members: 3 **Members at Business Meeting:** 3 **Average Attendance:** 4
Other Group Info: Bill H is now our Alt. GSR. On February 7th, our group will be from 7:30-8:30 pm.

JUST FOR TODAY

Saturday 11:30 a.m. - 12:30 pm, 2096 Windsor Street (door on Allan St), Halifax
GSR: Carrie L Alt. GSR: Justin M

Beginning Balance: \$317.45 **7th Tradition:** \$253.72 **Literature Sold:** \$56.75 **Other:** \$0 **Total Income:** \$310.47 **Literature Order:** \$174.75 **Other:** \$7.50 **GSR Fund:** \$0
ASC Contribution: \$0 **Total Expenses:** \$355.01 **Rent Reserve:** \$150.00 **Total GSR Fund:** \$0.00 **Ending Balance:** \$280.16

Home Group Members: 9 **Members at Business Meeting:** 5 **Average Attendance:** 36

Announcements: We will start a brunch every third Saturday of each month after the meeting. There will be a voluntary contribution of \$2 but no one will be turned away.

LAST CHANCE

Saturday 8:00-9:00 pm, Calvin Presbyterian Church, 3311 Ashburn Avenue Fairview
GSR: Julie C. Alt GSR: Graham L

Beginning Balance: \$15.00 **7th Tradition:** \$204.05 **Literature Sold:** \$33.00 **Other:** \$0.00
Total Income: \$252.05 **Rent:** \$50.00 **Literature Order:** \$52.50 **Other:** \$40.00 **GSR Fund:** \$0.00
ASC Contribution: \$60.00 **Total Expenses:** \$0.00 **Prudent Reserve:** \$40.00 **Total GSR Fund:** \$0.00 **Ending Balance:** \$9.55

Home Group Members: 8 **Members at Business Meeting:** 4 **Average Attendance:** 20-25
Other Group Info: \$40.00 was donated to *Inn Out of the Cold*.

LIBERATION

Monday 7:30-8:30 pm, St. Catherine's Church, 6476 Bayers Road, Halifax
GSR: Louise G Alt GSR: None

Literature Order: \$28.50 **Average Attendance:** 22 **ASC Contribution:** \$0.
Apologies for not providing a treasurer's report. Our treasurer was unable to prepare our financials in time for the ASC. Also note that Liberation lost, misplaced or the 7th was stolen in December. We identified a solution to prevent this from happening again. Yours in Service, Cindy M

LIVE CLEAN OR DIE

GSR: Jamie S **Alt GSR:**

Beginning Balance: -\$4 **7th Tradition:** \$116.50 **Literature Sold:** \$ 0 **Other:** \$0
Total Income: \$116.50 **Rent:** \$90 plus \$10 **Literature Order:** \$ 13.00 **Other:** \$3.90
GSR Fund: \$ 0 **ASC Contribution:** \$ 0 **Total Expenses:** \$65 **Prudent Reserve:** \$0
Total GSR Fund: \$0 **Ending Balance:** -\$57.50

Group Concerns: Jamie S will be requesting \$57.50 from Area to recover rent paid out of pocket.
Other Group Info: The group started on June 11, 2018 at St. Paul's Church in Dartmouth. Because of uncontrollable problems the group had to move to another location. The 7ths collected from June 11th to July 30th were \$27.85. The group had no rent to cover; the only cost was some photocopying and coffee supplies that totaled \$31.85. When we moved to the Holy Trinity Emmanuel Church they agreed we could lower the rent cost from \$30 to \$10. Our 7th Traditions from September to January were \$116.50. No literature was sold and supplies were \$55. The group is closed owing \$57.50 and we will give our Startup Kit from Area to the new group starting up in Millbrook.

NATURE OF RECOVERY

Thursday 7:30-8:30 pm, Bethany United Church, 7171 Clinton Street
GSR: Matt W Alt GSR: Darrell P

Beginning Balance: \$ 0 **7th Tradition:** \$ 97.00 **Literature Sold:** \$ 0 **Other:** \$
Total Income: \$97.00 **Rent:** \$ 80.00 **Literature Order:** \$ 13.00 **Other:** \$3.90
GSR Fund: \$ 0 **ASC Contribution:** \$ 0 **Total Expenses:** \$83.90 **Prudent Reserve:** \$ 120.00
Total GSR Fund: \$ **Ending Balance:** \$

Home Group Members: 4 **Members at Business Meeting:** 3 **Average Attendance:** 12
Other Group Info: this is a 2 month report.

NEVER ALONE

Tuesday 7:00-8:30 p.m., Dalhousie Student Union, Rm 224, 6136 University Ave, Halifax
GSR: Kelly M. Alt GSR:

Beginning Balance: 89.96 **7th Tradition:** 84.30 **Literature Sold:** Other: **Total Income:** \$174.26

Rent: Literature Order: Other: \$3.90 GSR Fund:\$40.00 ASC Contribution: 150.00 Total Expenses: \$3.90 Prudent Reserve:\$150.00 Total GSR Fund: 40.00 Ending Balance:\$20.36 (for the sake of consistency, your end balance does NOT include the group's prudent reserve OR the total GSR fund)

Home Group Members: 6 Members at Business Meeting: 4 Average Attendance: 8

NOTHING TO FEAR

Sunday 2-3:00 pm, All Nations Church, 2535 Robie Street, Halifax

No Report submitted.

PRIDE IN OUR RECOVERY

Tuesday 5:30 - 6:30 pm, Plan B (large back room) 2180 Gottingen St, Halifax

GSR: Patty W Alt GSR: Patrick M.

Beginning Balance: \$50 7th Tradition: \$79.20 Literature Sold: \$34.50 Other: \$0 Total Income: \$113.70 Rent: \$50(jan/feb) Literature Order: \$62.25 Other: \$3.90 GSR Fund: \$0 ASC Contribution: \$74.35 Total Expenses: \$66.15 Prudent Reserve: \$50 Total GSR Fund: \$0 Ending Balance: \$0

Home Group Members: 4 Members at Business Meeting: 4 Average Attendance: 7

ROAD TO RECOVERY

Saturday 7:30 - 8:30 pm, Holy Trinity Church, 30 Alfred Street, Dartmouth

GSR: Angela B Alt GSR: None

Report covers 10 Week Period from November 18, 2018 to January 26, 2019

Beginning Balance After Reserves: \$0.00 7th Tradition: \$199.30 Literature Sold: \$27.00 Other: \$0.00 Total Income: \$226.30 Rent: \$90.00 Literature Order: \$63.75 Other: \$26.21 GSR Fund: \$0.00 ASC Contribution: \$11.00 Total Expenses: \$190.96 Ending Balance Before Reserves: \$284.99 Prudent Reserve: \$89.99 Rent Reserve: \$90.00 Total GSR Fund: \$105.00 Ending Balance After Reserves: \$0.00

Group Concerns: Members are needed who can hold service positions

Homegroup Members: 5 Members At Business Meeting: 2 Average Attendance: 18

Q: Your rent of \$90 does that cover one or two months?

Angela: It's \$90 for 3 months.

SERENITY SEEKERS

Wednesday 7:30 -8:30 pm, Sonlife Church, 152 Windmill Rd, Dartmouth
GSR: Dolores F. Alt GSR:

Beginning Balance: \$87.40 **7th Tradition:** \$102.35 **Literature Sold:** \$0.00
Other: \$0.00 **Total Income:** \$189.75 **Rent:** \$90.00 **Literature Order:** \$28.75 **Other:** \$0
GSR Fund: \$0.00 **ASC Contribution:** \$50.00 **Total Expenses:** \$90.00 **Prudent Reserve:** \$65.00
Total GSR Fund: \$0.00 **Ending Balance:** \$45.85

Other Group Info: Our group has returned to our 1 hour format. We are below our prudent reserve.
Homegroup Members: 8 **Members At Business Meeting:** 3 **Average Attendance:** 15

SHARING THE MESSAGE

Monday 7:30-8:30 pm, Baptist Church, 6 Regal Road, Dartmouth
GSR: Jennifer M Alt GSR:

Beginning Bal: \$20.90 **7th Tradion:** \$135.75 **Literature Sold:** \$8.00 **Other:** \$0.00
Total Income: \$164.65 **Rent:** \$66.00 **Literature Order:** \$52.00 **Other:** \$3.45 **GSR Fund:** \$0.00
ASC Contribution: \$43.20 **Total Expenses:** \$164.65 **Prudent Reserve:** \$0.00 **Total GSR Fund:**
\$60.00 **End Balance:** \$0.00

Home Group Members: 4 **Members at Business Meeting:** 3 **Average Attendance:** 8
Announcements: Dave B., 30 years on March 4th.

SHELTER FROM THE STORM

Monday, Wednesday 7:30-8:30 pm, All Nations Church, 2535 Robie Street, Halifax

GSR: Joey B Alt GSR. Laura C

Beginning Balance: \$355.57 **7th Tradition:** \$128.15 **Literature Sold:** \$83.50 **Other:** \$0
Total Income: \$483.72 **Rent:** \$50.00 **Literature Order:** \$83.50 **Other:** \$0 **GSR Fund:** \$60.00
ASC Contribution: \$50.00 **Total Expenses:** \$224.24 **Prudent Reserve:** \$210.00 (rent & GSR
fund) **Total GSR Fund:** \$ 60.00 **Ending Balance:** \$49.48

Home Group Members: 14 **Members at Business Meeting:** 6 **Average Attendance:** 20

Other Group Information: It Works How and Why on Wednesdays (12 Traditions). If a newcomer is present we share on Step 1.

STARTING POINT

Temporary Rep: Daryl G Alt. GSR: Vacant

Beginning Balance: \$ 224.71 **7th Tradition:** \$ 141.55 **Literature Sold:** \$15.50 **Other:** \$0
Total Income: \$157.05 **Rent:** \$100.00 **Literature Order:** \$ 31.75 **Other:** \$47.95 **GSR Fund:** \$ 0

ASC Contribution: \$75.00 Total Expenses: \$128.30 Prudent Reserve: \$ 87.20 Total GSR Fund: \$ 100.00 Ending Balance: \$ 0.00

Home Group Members: 9-10 Members at Business Meeting: 7 Average Attendance: 25

STRENGTH IN NUMBERS

Sunday 7:30-8:30 pm; St. James Church Hall, 181 Portland Street, Dartmouth
GSR: Billy G. Alt. GSR: Aaron G.

**Beginning Balance: \$ 0 7th Tradition: \$205.30 Literature Sold: \$51.00 Other: \$0
Total Income: \$256.30 Rent: \$75.00 Literature Order: \$120.15 Other: \$0 GSR Fund: \$0
ASC Contribution: \$11.15 Total Expenses: \$206.30 Prudent Reserve: \$50.00 Total GSR Fund: \$0 Ending Balance: \$0**

Home Group Members: 12 Members at Business Meeting: 9 Average Attendance: 31

SURVIVORS

Tuesday 7:30 – 8:30 pm, Knox United Church, 567 Sackville Drive, Sackville
Rep: Shelly M. Alt GSR: Peter F.

**Beginning Balance: \$ 312.50 Rent: \$70.00 Literature Order: \$49.00 ASC Contribution: \$41.00
Prudent Reserve: \$70.00 Total GSR Fund: \$80.00 Ending Balance: \$2.50**

Members at Business Meeting: 8 Average Attendance: 16

Group Concerns: Our group feels the no kids rule at the New Year's Eve dance should be reconsidered.

YOU HAVE A CHOICE TODAY

Friday 7:30-8:30 pm; St. James Church Hall, 181 Portland Street, Dartmouth

Literature Order: \$37.75 Ending Balance: \$0 Average Attendance: 27

Group Concerns: We had to buy lockable boxes as requested by the church which cost \$75.00. Our Dec. 14th 7th Tradition of \$45.00 was donated to Inn Out of the Cold.

YOUNG & FREE

Tuesday 7:30-8:30 pm, Holy Trinity Church, 30 Alfred Street, Dartmouth
GSR: Vacant GSR Alt: Rachael T

Beginning Balance: \$73.75 7th Tradition: \$141.90 Literature Sold: \$30.00 Other: \$0.00 Total Income: \$171.90 Rent: \$30.00 Literature Order: \$171.75 Other: \$0.00 GSR Fund: \$0.00 ASC Contribution: \$40.00 Total Expenses: \$241.75 Prudent Reserve: \$60.00 Total GSR Fund: \$0.00 Ending Balance: \$3.90

Home Group Members: 7 Members at Business Meeting: 4 Average Attendance: 25

WE DO RECOVER

12:05 -12:55 pm Tuesday – Friday Saint George Round Church 2222 Brunswick St.
Please use Cornwallis Entrance
GSR: Nelson S. Alt GSR:

Rent: \$0 **Literature Order:** \$53.50

Home Group Members: 10 **Members at Business Meeting:** 2 **Average Attendance:** 20

Group Concerns: Due to a temporary Treasurer replacement, we will have a complet detailed report next month. We are in the positive financially and the group is doing well. Our attendance has doubled as well as our group members.

Other Group Info: We will meet upstairs until further notice.

GROUP REPORTS FROM OUTSIDE HRM

CIRCLE OF HOPE

Thursday 8:30- 9:30 pm Nepisi Building 70 Gabriel St. Eskasoni First Nation CB
GSR: Lacey Alt GSR: Jimmy Y.

CLEAN IF YOU WANT TO BE

Saturday 8:00-9:00 pm Hold Trinity Church Hall 78 Alexandria Avenue Bridgewater
GSR: Alt GSR

LOVE LIFE

Wednesday 8:00 pm Northside Learning Centre 55 King St. Sydney Mines
GSR: Grant M Alt. GSR: Dave C

NEW VISION

Sunday Tuesday Thursday 8:00-9:00 pm St Andrews Church 55 King St. Truro
GSR: Emma C Alt GSR: Brittany R

Beginning Balance: \$242 **7th Tradition:** \$101.60 **Literature Sold:** \$0 **Other:** \$46.85
Total Income: \$390.45 **Rent:** \$100.00 **Literature Order:** \$8.50 **Other:** \$0 **GSR Fund:** \$0
ASC Contribution: \$31.50 **Total Expenses:** \$280.65 **Prudent Reserve:** \$200
Total GSR Fund: \$40.00 **Ending Balance:** \$40.65

Home Group Members: 14 **Members at Business Meeting:** 8 **Average Attendance:** 6

Group Concerns: Low attendance

Other Group Info: Our group had to shut down our Friday night meeting due to lack of attendance and finances. After today’s Area our Tuesday and Thursday meetings will be changing from 8 to 7pm which will hopefully help single moms attend with their kids. Also, our group elected Brittany R as our new Alt. GSR.

PATHWAY TO PEACE

Tuesday 6:30 – 7:30 pm 120 Ninian St. Ninian's Cathedral Antigonish

PHOENIX GROUP

GSR: James Y Alt GSR: Kathy M

TALKING CIRCLE

Tuesday 8:00 – 9:00 pm Theresa Cremo Health Ctr 93 Reservation Rd Waycobah First Nation CB

TAKING CARE OF BUSINESS

Sunday 8:00 -9:00 pm Trinity United Church 151 Temperance St. (side entrance) New Glasgow

YOU'RE NOT ALONE

Saturday, 7-8:00 pm, Alano Club Rear, 10 McKeen St., Glace Bay

SUPER NOVA

Sunday 7:00 – 8:00 pm 25 Beacon St. Beacon Church Yarmouth

NA HOPE

8:00 - 9:00 pm Baptist Church 411 King St. Windsor NS
GSR: Jessie D

SUB-COMMITTEE REPORTS

Activities Committee Report:

Dear Committee members,

The Activities Committee held our meeting January 26th, at the Dixon building 5th floor and we met quorum with 8 out of 11 voting members. We have 5 open positions on activities which are vice-chair, Registration Coord, Convention Fundraising Coord, Assistant Program Coordinator, and Assistant Fundraising Coordinator. So, please consider coming out and joining the exciting committee of Activities.

Games days and nights will continue for now and we hope that the members will continue to show up and participate in these fellowship opportunities. We have two confirmed games day dates which are Feb 9th and March 16th and will be held after the 'Just For Today' meeting at 2096 Windsor St. our Scheduled games night on February 23rd will be replaced with a fundraising event for 'The Big Recovery Thing' which will be talked about in upcoming events.

'*Inn Out Of The Cold*' went over really well with a great turnout and lots of food, fun and fellowship. There is always a learning curve to any event but overall, things went well. The New Year's Eve potluck and dance also went over well. We had 60 plus people in attendance with lots of food and spectacular dance moves on the floor. I would like to thank our coordinators, activities committee members, and all the volunteers that helped with these events for all your time and service, it does not go unnoticed.

Upcoming events... first on the list is an exciting fundraising event which we have dubbed ‘Recovery Feud’ on Feb 23rd from 9pm-12am. This evening which I’m sure will prove to be entertaining will consist of teams of 4. Each team can register for the low cost of 15 dollars. Homegroup against homegroup, sponsor against sponsee, let’s see who has the knowledge of our fellowship with NA shirts as prizes. Flyers are being distributed today and will also be online soon.

Next up is our Spring into Recovery event called ‘Our Recovery – Our Fellowship’. This event will take place at 322 Herring Cove Rd on March 30th from 12:30pm-11pm. There will be speaker panels, workshops, supper and a little more feud. This thrilling all day event will cost 15 dollars with no one being turned away. I have a limited supply of these flyers for groups who may not have access to a printer.

With only a couple more Activities Meetings before spring we are looking for a volunteer to coordinate some summer time activities. If you have any new ideas or some old ideas that could be spruced up, this might be the position for you. We are also looking for a softball coordinator for the upcoming season.

John B is doing great as our new Treasurer and after all the events in the last couple of months, Activities has a contribution of \$1,165.10 today. A full treasurer’s report will be submitted to the Area Secretary.

Our next activities meeting will be on Feb 16th at 3:00pm, at the Emmanuel Church Hall, 322 Herring Cove Rd. in Halifax.

Yours in Service, Pete B

Literature Committee Report

(To receive the minutes of the literature committee, email: literaturechaircnana@gmail.com)

Meeting opened at 10:10 am with 9 of 12 decision-makers, with no observers.

Reports

Treasurer: We have no Area contribution today, as we’re \$156.15 below prudent reserve.

Bank and Cash

Opening bank	\$4,491.65	Opening cash	\$60.70
Deposited.....	+ 1,223.75	Cash sales	+ 852.90
NAWS orders	- 1,076.49	Deposited	- 848.60
Bank charges	- 3.20	Supplies	- <u>31.91</u>
Supplies	- <u>93.58</u>	End cash.....	\$65.00
End bank.....	\$4,542.13		
Bank and Cash total	\$4,607.13		

Accounts Receivable

<u>Facility</u>	<u>Date</u>	<u>Invoice</u>	<u>Amount</u>
NS Health			
Withdrawal Management I & II.....	Aug 2018.....	777616.....	3.00
Withdrawal Management I & II.....	Oct 2018.....	298844.....	<u>39.00</u>
			\$42.00
Withdrawal Management III	Jan 2018	231868	47.00
Withdrawal Management III	Aug 2018.....	777615	<u>3.50</u>

\$50.50		50.50
Marguerite Centre	Oct 2018..... 777637	44.00
Public Information	Nov 2018..... CNA112518	<u>30.00</u>
Total Accounts Receivable		\$166.50

Assets

Bank and Cash total	\$4,607.13
Inventory	+ 1,826.73
Inventory in transit	+ 1,076.49
Prudent Reserve	- 7,500.00
Accounts receivable reserve.....	- <u>166.50</u>
Balance.....	- \$156.15

New Business

Nominations or volunteers for Literature Chairperson for Area consideration today: None.
 We discussed 2 proposals, both of which were adopted.

Announcements and Reminders to Groups

1. We need a Chairperson, Vice-Chair, and Alternate Treasurer. For more info, see the Literature guidelines at www.centralnovaarea.ca. Click on SERVICE, and scroll down to CNA RESOURCES.
2. Groups need to look ahead a few months – especially those two times per year when Area does NOT meet (Jul & Dec) – to ensure they have the medallions they need for their members who are celebrating recovery anniversaries. Five times in the past year medallions were provided outside of our committee meeting time. Each trip for your medallion involves a 27 km round trip with two bridge fares to pay. It’s understandable when a member changes groups or is a new arrival to town. It’s an excuse when it’s due to a lack of planning by a group.
3. We ask for group cheques for Literature orders. Cash is good, but please try to keep coins to a minimum.

Next committee meeting: February 17th at 10:00 am at the Emmanuel Church Hall, 322 Herring Cove Rd. in Halifax.

YIS, Dave B.

Q: Accounts receivable are all PR related. Do you need any assistance?

A: No we’ve already addressed the problem, thanks.

PR Committee Report

Hello from Public Relations,

We met this morning with 7 of 11 voting members in attendance, making quorum. Angela B. Returned to the table as a joining member.

All of our H & I commitments were met with no issues. It was suggested by Dartmouth Withdrawal Management Panel Leader Spencer G. that we purchase a literature rack to place in the new facility to keep it organized and available to patients. We voted unanimously to do this. The cost is \$46.50 and will be seeking approval from the Area to do this today. With regard to Corrections, there is a new policy for

all volunteers that a vulnerable sector check is required. For new members wishing to participate this will be done alongside of the Criminal Record check. For existing panel speakers this needs to be completed. There is no charge and Louise G has letters for all individuals to take to HRP or the RCMP. Please contact Louise to get your letter and get this check done so we can continue to carry the message to the Burnside Facility. Ryan H our Panel Leader at Springhill reports an increased turnout and great feedback from patients and staff. He is in conversations with members of the Foundation Group to support this effort as Springhill is a long drive for all who are currently participating.

We have a presentation on January 29th at the Leeds St campus of NSCC open to all faculty and students followed by a booth at their Wellness Fair on January 30th. We also have a secured a presentation to the Tri-County Women's Centre in Shelburne on February 4th. There are 2 large scale conventions that CANA has asked Central Nova to support coming up in 2019; one in May and one in October. More will be revealed.

The Web Servant has requested that event posters please be forwarded to him to post on our website. This is a great way to get the word out and he has not been receiving these recently. We have also become aware that Central Nova's website is paid for by CARNA. In order to fulfill our 7th tradition we would like to earmark \$200 annually from our Regional contributions to cover these costs. We are not asking for more funds to be sent, just to clearly indicate that \$200 of our contributions is to pay for our website.

We welcomed Carrie L today as our Alternate Secretary. Congratulations Carrie! Our open positions at this time are Public Information Coordinator, Hospitals and Information Coordinator and Outreach Coordinator. In February all Panel Leader positions will be elected as well as Secretary and Phone Line Coordinator. Please take it back to your home groups that we have open positions and would love to have more members to help us carry the message of NA recovery to the public.

We had a healthy discussion about our guideline changes and believe we will soon be able to present a finalized version to the Area. Our motivation for the changes was to make our committee more inclusive of members at various stages of recovery. The NA fellowship worldwide is struggling with members coming forward to be a part of service efforts and we see this in Central Nova as well. Let's all think about we are doing to make service attractive to our members.

Yours in Service, Danielle P

What is the \$40 payment to Web Power we are sending every month? Is that different?
Danielle: I will check into it and find out.

EXECUTIVE REPORTS

Regional Committee Member (RCM): Stephane

An oral report was given. No written report was submitted this month.

Vice-Chair: John B

The Vice-Chair gave an oral report regarding the Regional Adhoc Committee for the Big Recovery Thing May 17th-May20th.

Q: Is this replacing our traditional convention? John: Yes

Q: John B, Carrie L and Spencer G have tickets for the NA tapestry from India.

Area Chair: Jim F

Nothing to report at this time.

Break: 4:00 – 4:10

Treasurer's Report:

The Treasurer's report will follow shortly.

Has our cellphone bill been paid?

It's under pre-authorized debit and there is plenty of cash in our account so I'm sure it's come out.

OLD BUSINESS:

In October, 2018 (Aaron G motioned and Jennifer M seconded) made a motion to table voting on the newly developed *Guidelines for Seating New Groups* until the November ASC. In November the GSRs agreed that they would like to keep the motion on the table until groups came back for the January ASC. When the GSRs wanted to table it again in January the Chair explained that the GSRs had 3 months to discuss it with their respective groups. If they hadn't done this by now then we should just go ahead with the vote. Everyone agreed. The following are the results of the tabled motion "To accept the new *Guidelines for Seating New Groups*": 8 in favor: 3 against: 7 Abstained. **Motion Failed.**

Elections

Secretary: Supriya volunteered. Because of past service as Secretary at this body there was no need to qualify. 18 for; 0 against; 0 abstained. All in favor

Treasurer: Doug volunteered. Because of past service as Treasurer at this body there was no need to qualify. 18 for; 0 against; 0 abstained. All in favor

Welcome and congratulations to you both!

OPEN FORUM:

Jamie S: I'm wondering if I can be reimbursed for the money I spent for our group's rent which could not be reimbursed.

Shelley: I would like to see children be able to come to the New Year's Eve event Jennifer: Also, as soon as the GSR receives the minutes they can send them out to the home group members so they can be well informed for voting.

Kelly: I'm concerned about the guidelines specifying that groups need a GSR and a Treasurer. Some don't have both.

Patty: I just want to clear the air. Pride in Our Recovery has not closed and is not going to close.

Dave: Groups need to consider that there is a timely manner for making decisions. Groups have an entire month to make their decisions. At Area we don't need to continually announce our names. Also, do we need to have our group meeting times and names of groups in our minutes?

Supriya: Asked about the necessity of groups having a GSR fund when the next assembly will be in HRM. Could our money be better spent if contributed to the NA fund flow?

Dolores: Spoke about starter packages saying \$160 is excessive. Also, what happens to the expensive starter package if the group folds?

Carrie: Asked about the protocol for open forum.

John: The Vice Chair gave an explanation of what open forum is for. He went on to explain that if a group is requesting money they need to put a motion in before the start of new business. New business comes after group concerns so there is time to get guidance if needed. And regarding GSR funds, he said some people live further outside the city and need to have some money saved in order to attend.

Nelson motioned to extend 5 minutes; Dolores seconded.

Jamie: I brought this up many times today. I understand how Area works but I wasn't aware of how the procedure works regarding putting motions in. To start up the new group I put forth all the money. Today I need reimbursement for the rent I've been paying myself.

Matt: I asked what happens to groups that close last Area. I think we should amend the motion that failed today. Every group here starts out with zero funds. I've paid the rent many times for my home group.

Dolores motioned to extend 10 more minutes; Brittany seconded.

Nelson: It was mentioned earlier that matters of money, property and prestige will divert us from our primary purpose. It would be more attractive to keep our service body more simple.

Carrie: Regarding the children coming to the NY's Eve dance, I think we should have one event that is just for adults.

Stephane: It took us 2 hours to read the group reports. I think we could minimize our talk.

John: I brought up the procedure about money making motions so members at the table today could get them in today. As far as giving a Starter Package we give it selflessly without expecting something in return. It is up to each group what they want to do with their literature if they decide to close.

Danielle: I think we could save time if we learned about our proposed service structure.

GROUP CONCERNS:

Live Clean or Die: Asked for funds to cover their rent.

Road to Recovery: The Vice Chair asked how can Area help them fill their service positions? He suggested some groups put it in the announcements that they need help.

Shelley: My heart went out to a mother with an infant who could not attend. Our group thinks kids should be able to come.

Danielle: The principles of our fellowship is based on asking for help. Sometimes we need to keep our recovery separate from our children.

Jimmy Y: We had a men's meeting once; two women came and we let them in.

Brittany: I bring my son to meetings and he is very well behaved. But I do agree that there should be one night a year just for adults.

Dave: The New Year's Eve dance is the only thing we have that says no children allowed. The committee will take direction from this body. If anyone wants to bring forth a motion they are welcome to do so.

Matt: I have two kids that have grown up in this fellowship but I would not bring them to the one night reserved for adults on New Year's Eve. It's good to join the committee if you want to have a voice.

Brittany: New Vision needs Outreach please.

NEW BUSINESS

MOTIONS:

#1. Maker: Jamie S Seconded by: Darren B

Motion: To have the rent money returned to Jamie S that he paid out of pocket (\$57.50) with the understanding that the group would pay him back.

Intent: The group closed and can no longer pay Jamie S back the money.

11 for; 2 against; 4 abstentions **Motion passed**

#2. Maker: Dolores F, GSR Seconded by: Danielle P, PR Chair

Motion: To give only what is necessary for Group Starter kits i.e. pamphlets, keytags, Just For Today book, and readings.

Intent: To be prudent with NA funds.

Motion withdrawn

The next **Area meeting** will be held Feb. 17th at 2:00 at the Emmanuel Church Hall, 322 Herring Cove Rd. in Halifax.

The **Literature and Public Relations (PR) Committees** meet at 11am at the same location. Anyone attending these committees or arriving before 1:00 are asked to park behind the veterinary hospital due to the church's need for parking at that time. After 1:00 you can park anywhere in the parking lot near the hall which is in the back behind the church.

The **Activities Committee** meets Saturday, February 16th from 3-6pm also at the same place.

Motion to adjourn by Brittany R; seconded by Dolores F. All in favor.

Area closed 6:00pm with the 3rd Step Prayer.

Yours in Loving Service, Supriya D