



CENTRAL NOVA AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS

January 28, 2018

Page 5 Never Alone, Nothing to Fear and Nature of Recovery – Finance Section to be updated **please note, after checking, Never Alone changes have been made, finances were not submitted for Nothing to Fear and there were no finances in the particular categories noted for Nature of Recovery**

Starting Point – report submitted Page 1

Just for Today – report submitted and Norval present Page 1

Phoenix Group Page 9 should state Sunday 7 – 8 and Friday 8 – 9, Heritage Church

Page 7 Sharing the Message, remove Cole Harbour

AREA SERVICE COMMITTEE EXECUTIVE OFFICERS

RCM	John B	Absent
Alt. RCM	Absent	Absent
Chair	Mary R	Present
Vice-Chair	Jim F	Absent
Secretary	Julee A	Present
Alt. Secretary	Travis L	Absent
Treasurer	Supriya D	Absent
Alt. Treasurer	Doug S	Present
Activities Committee Chair	David C	Present
Literature Committee Chair	Dave B	Present
PR Committee Chair	Danielle P	Absent

HOME GROUPS – GSR'S, ALTERNATES OR REPS – ATTENDANCE

(If there is an asterisk beside the GSR's name it means they were present but left before voting and was therefore marked absent.)

Group	Rep	Present	Report	Vote
1. 90 in 90	Philip M	No	No	No
2. A New Way to Live	Kathleen T	No	No	No
3. Breaking Free	Darren B	Yes	Yes	Yes
4. Get Honest or Die	Jennifer M	Yes	Yes	Yes
5. I Can't We Can	Wade M	Yes	Yes	Yes
6. Just for Today	Stephane C	Yes	Yes	Yes
7. Last Chance	Julie C	No	Yes	Yes
8. Liberation	Cindy	No	Yes	Yes
9. Nature of Recovery	Matt W	Yes	Yes	Yes
10. Never Alone	Kelly M	Yes	Yes	Yes
11. Nothing to Fear	Steven G	No	No	Yes
12. Open Arms Recovery	Crystal M	No	No	No
13. Pride in Our Recovery	Patty W	Yes	Yes	Yes

14. Road to Recovery	Jamie S	Yes	Yes	Yes
15. Serenity Seekers	Devin W	Yes	Yes	Yes
16. Sharing the Message	Anne Marie H	No	Yes	Yes
17. Shelter from the Storm	Sierra B	Yes	Yes	Yes
18. Starting Point	Laurie G	Yes	Yes	Yes
19. Strength in Numbers	Darrell A	No	Yes	No
20. Survivors	Danni R	No	No	Yes
21. You Have a Choice Today	Pete B	No	Yes	Yes
22. Young and Free	Danielle P	No	No	Yes

GROUPS OUTSIDE HRM - GSR'S, ALTERNATES OR REPS - ATTENDANCE

Group	Rep.	Present	Report	Vote
Circle of Hope	Joilta L	No	No	Yes
Clean if You Want to Be		No	No	Yes
Love Life	Grant M	Yes	Yes	Yes
New Vision	Jim S	Yes	Yes	Yes
Pathway to Peace	Georges N	No	No	Yes
Phoenix Group	Jim Y	Yes	Yes	Yes
Talking Circle		No	No	Yes
Taking Care of Business	Mark S	No	No	Yes
You're Not Alone	Ernie C	No	No	Yes
Super Nova	Mary F	No	No	Yes

CNA web-site: www.centralnovaarea.ca

CNA e-mail address: centralnovaarea@gmail.com

The meeting opened with the 'we version' of the Serenity Prayer at 2:15pm. The 12 Traditions, 12 Concepts, Service Prayer and 'A Vision for NA Service' were read by the group. After corrections to last month's minutes were given: No errors or omissions. Minutes adopted by Julee A and seconded by Dani R.

Attendance was taken with 11 voting Groups present and 3 out of town group equaling a quorum of out of 18 total voting Groups.

New Group asking to be Seated: n/a

Group Reports: For the sake of consistency, the end balance will NOT include the group's prudent reserve or the total GSR fund.

90 in 90

Sunday 7:30-8:30 pm, Brunswick United Church, 2107 Brunswick Street, Halifax

GSR: Philip M Alt GSR: None

No Report

A New Way to Live

Monday 11:45 a.m. - 12:45 pm, Main Floor, Boardroom Northwood, 2615 Northwood Terrace, Halifax

GSR: Kathleen T Alt GSR: None

No Report

Breaking Free

Wednesday, 7:30-8:30 pm, Emmanuel Church, 322 Herring Cove Rd., Spryfield

GSR: Nelson S Alt. GSR: Vacant

Beginning Balance: \$123.90 **7th Tradition:** \$174.85 **Literature Sold:** \$14.00 **Other:** \$0.00

Total Income: \$312.75 **Rent:** \$75.00 **Literature Order:** \$45.25 **GSR Fund:** \$140.00

ASC Contribution: \$25.00 **Total Expenses:** \$285.25 **Prudent Reserve:** \$

Total GSR Fund: \$200.00 **Ending Balance:** \$27.50

Home Group Members: 4 **Members at Business Meeting:** 4 **Average Attendance:** 10

Announcements: Darren B celebrates 6 years February 7th, Sharron M celebrates 2 years February 14th, Lester D celebrates 1 year February 28th

Get Honest or Die

Thursday 7:30 – 8:30 p.m., St. Peter's Church Hall, 3 Crichton Avenue, Dartmouth

GSR: Vacant Alt GSR: Vacant

December

Beginning Balance: \$6.79 **7th Tradition:** \$103.35 **Literature Sold:** \$26.50 **Other:** \$0.00 **Total**

Income: \$129.85 **Rent:** \$40.00 **Literature Order:** \$0 **Other:** \$1.95 **BSC GSR Fund:** \$15.00 **ASC**

Contribution: \$0 **Total Expenses:** \$56.95 **Prudent Reserve:** \$0.00

Total GSR Fund: \$125.00 **Ending Balance:** \$79.69

Average Attendance: 15

January 25, 2018

Beginning Balance: \$79.69 **7th Tradition:** \$97.16 **Literature Sold:** \$15.00 **Other:** \$0.00 **Total Income:**

\$ 112.16 **Rent:** \$30.00 **Literature Order:** \$119.10 **Other:** \$1.95 **BSC GSR Fund:** \$15.00 **ASC**

Contribution: \$20.00 **Total Expenses:** \$186.05 **Prudent Reserve:** \$0.00

Total GSR Fund: \$140.00 **Ending Balance:** \$5.80

Home Group Members: 13 **Members at Business Meeting:** **Average Attendance:** 24

Announcements:

Tara J. will be celebrating 2 years on February 8 at Get Honest or Die.

Our group now have an Alternate GSR, Tim I.

Our group will be sending our Alt.GSR to the GSR Assembly. We will not be requiring financial help from Area.

I Can't We Can

Thursday 8-9:00 p.m., St. Matthew's United Church, 1479 Barrington Street, Halifax

GSR: Bill H ALT GSR: Wade M

Beginning Balance: \$155.98 **7th Tradition:** \$77.40 **Literature Sold:** \$0.00 **Other:** \$

Total Income: \$234.38 **Rent:** \$90 **Literature Order:** \$ **GSR Fund:** \$25.00

ASC Contribution: \$40.00 **Total Expenses:** \$90.00 **Prudent Reserve:** \$0.00

Total GSR Fund: \$100.00 **Ending Balance:** \$4.38

Home Group Members: 5 **Members at Business Meeting:** 5 **Average Attendance:** 8

Just for Today

Saturday 11:30 a.m. - 12:30 pm, 2096 Windsor Street (door on Allan St), Halifax

GSR: None Alt. GSR: None

Beginning Balance: \$109.61 7th Tradition: \$269.05 Literature Sold: \$44.50 Other: \$0.00 Total Income: \$313.55 Rent: \$150.00 Literature Order: \$147.65 Other: \$7.50 GSR Fund: \$50.00 ASC Contribution: \$150.00 Total Expenses: \$454.30 Rent Reserve: \$30.00 Total GSR Fund: \$150.00 Ending Balance: \$38.01 Home Group Members: 5 Members at Business Meeting: 2 Average Attendance: 31

Last Chance

Saturday 8:00-9:00 pm, Calvin Presbyterian Church, 3311 Ashburn Avenue, Fairview

GSR: Margot D Alt GSR: Julie C

Beginning Balance: \$151.60 **7th Tradition:** \$135.40 **Literature Sold:** \$13.50 **Other:** \$0.00 **Total Income:** \$300.50 **Rent:** \$75.00 **Literature Order:** \$0.00 **Other:** \$0.00 **GSR Fund:** \$ ASC **Contribution:** \$184.00 **Total Expenses:** \$0.00 **Prudent Reserve:** \$40.00 **Total GSR Fund:** \$0.00 **Ending Balance:** \$1.50

Home Group Members: 5 **Members at Business Meeting:** 4 **Average Attendance:** 10-15

Other Group Information: Hello everyone we just paid our rent up to April (3) months' worth \$75.00 and our GSR is unable to go to the GSR assembly so we have passed the funds along to area. We would also like to thank everyone that has been supporting our group.

Liberation

Monday 7:30-8:30 pm, St. Catherine's Church, 6476 Bayers Road, Halifax

GSR: None Alt GSR: None

Beginning Balance: \$ 114.22 7th Tradition: \$ 103.90 Literature Sold: \$ 73.50 Total Income: \$ 177.40 Rent: \$50.00 Literature Order: \$ 41.35 GSR Fund: \$20.00 ASC Contribution: \$ 65.00 Prudent Reserve: \$50.00 Total GSR Fund: \$80.00 Ending Balance: \$ 5.27

Home Group Members: 5 Members at Business Meeting: 3 Average Attendance: 13

Anniversaries: Cindy M – 21 years – February 5

Rick F – 26 years – February 26

Nature of Recovery

Thursday 7:30-8:30 pm, Bethany United Church, 7171 Clinton Street

GSR: Matt W Alt GSR: Ray K

**Financial report not available at this time

Beginning Balance: \$ **7th Tradition:** \$ **Literature Sold:** **Other:**
Total Income: \$ **Rent:** \$40.00 **Literature Order:** \$ **Other:** \$ **GSR Fund:** \$20.00
ASC Contribution: \$20.00

Total Expenses: \$80.00 **Prudent Reserve:** \$120.00 **Total GSR Fund:** \$180.00

Ending Balance: \$0.52

Home Group Members: **Members at Business Meeting:** **Average Attendance:** 10

Announcements: Matt W will be celebrating 11 years February 1st, Tim R will celebrate 13 years February 22nd, Kate 3 will be celebrating 3 years March 8th and Jim F will be celebrating 8 years March 22nd

Group Information: Actively looking for a new meeting space. Any suggestions welcome. Preferably within the Halifax peninsula but will entertain all suggestions.

Never Alone

Tuesday 7:00-8:30 p.m., Dalhousie Student Union, Rm 224, 6136 University Ave, Halifax.

GSR: Kelly M Alt GSR: None

**Beginning Balance:\$38.85 7th Tradition: \$91.65 Literature Sold:\$13.00 Other:
Total Income: \$104.65 Rent: Literature Order:\$20.00 Other: \$3.90 GSR Fund:\$77.60
ASC Contribution: Total Expenses: \$23.90 Prudent Reserve:\$150.00 Total GSR
Fund:\$157.60 Ending Balance:\$42.00)**
Home Group Members: 7 Members at Business Meeting: 5 Average Attendance: 14.79
Group Information: We had a new member join our group welcome Angie H.
Announcements: Judi M. 11 years on February 20th

Nothing to Fear

Sunday 2-3:00 pm, All Nations Church, 2535 Robie Street, Halifax

GSR: Steven G Alt GSR:

No Report

Open Arms Recovery

Saturday 7pm St. Bernard's Catholic Church - 253 Highway 2, Enfield, NS

GSR: Crystal M Alt GSR: Patti A

No Report

Pride In Our Recovery

Tuesday 5:30 - 6:30 pm, Plan B (large back room) 2180 Gottingen St, Halifax

GSR: Patty W Alt GSR: None

**Beginning Balance: \$140.00 7th Tradition: \$137.50 Literature Sold: \$0.00 Total Income:
\$137.50 Rent: \$40.00 Literature Order: \$0 Other: \$0.00 GSR Fund: \$80.00 ASC
Contribution: \$0 Total Expenses: \$54.97 Prudent Reserve: \$40.00 Total GSR Fund: \$180.00
Ending Balance: \$3.03**
Home Group Members: 4 Members at Business Meeting: 0 Average Attendance: 8

Road to Recovery

Saturday 7:30 - 8:30 pm, Holy Trinity Church, 30 Alfred Street, Dartmouth

GSR: Jamie S Alt GSR: None

**Beginning Balance: \$203.40 7th Tradition: \$132.40 Literature Sold: \$0.00 Other: \$5.00 Total
Income: \$137.40 Rent: \$100.00 Literature Order: \$0.00 Other: \$3.90 GSR Fund: \$55.00
ASC Contribution: \$0.00 Total Expenses: \$103.90 Ending Balance: \$1.90 Prudent Reserve:
\$90.00 Rent Reserve: \$0.00 Total GSR Fund: \$145.00**
Home Group Members: 5 Members at Business Meeting: 3 Average Attendance: 19
Group Concerns: Members needed who can hold service positions

Serenity Seekers

Wednesday 7:30 -8:30 pm, Sonlife Church, 152 Windmill Rd, Dartmouth

GSR: Devin W Alt GSR: None

*Treasurer was not present, no formal business meeting

Beginning Balance: \$ 7th **Tradition:** \$ **Literature Sold:**\$ **Other:** \$
Total Income: \$ **Rent:**\$ **Literature Order:**\$43.00 **Other:** \$ **GSR Fund:** \$
ASC Contribution: \$ **Total Expenses:** \$ **Prudent Reserve:** \$ **Total GSR Fund:** \$
Ending Balance: \$

Home Group Members: 8 **Members at Business Meeting:** 3 **Average Attendance:** 18

Group Information: Sending a member to the assembly – we do not need funding.

Announcements: John B 2 years – TBA, Paula R 28 years February 28th

Sharing the Message

Monday 7:30-8:30 pm, Baptist Church, 6 Regal Road, Dartmouth

GSR: Anne-Marie H Alt GSR:

Beginning Bal: \$0.00 7th Trad: \$156.25 Lit Sold: \$42.00 Other: \$0.00 Total Income: \$198.25
 Rent: \$66.00 Lit Order: \$62.10 Other: \$4.50 GSR Fund: \$30.00 ASC Contribution: \$35.65
 Total Expenses: \$198.25 Prudent Reserve: \$0.00 Total GSR Fund: \$135.00 End Bal: \$0.00

Home Group Members: 6 Members at Business Meeting: 2 Average Attendance: 11

Group Concerns / Information: We went over the CAR and looked at all the Regional motions. Some we were in favour of, and some we were not. One we thought should've been ruled out-of-order.

Announcements: Dave B., 29 years on Mar 5th.

Shelter from the Storm

Monday, Wednesday 7:30-8:30 pm, All Nations Church, 2535 Robie Street, Halifax

GSR: Jesse H Alt GSR: Joey B

Beginning Balance: \$ 7th **Tradition:** \$ **Literature Sold:** \$60.70 **Other:** \$
Total Income: \$ **Rent:** \$150.00 (Nov, Dec & Jan) **Literature Order:** \$ **Other:** \$
GSR Fund: \$50.00 **ASC Contribution:** \$ **Total Expenses:** \$ **Prudent Reserve:** \$150.00
Total GSR Fund: \$200.00 **Ending Balance:** \$0.00

Home Group Members: 8 **Members at Business Meeting:** 5 **Average Attendance:** 13

Announcements: Trevor C celebrating 11 years February 28th and Max celebrating 1 years February 21st.

Shelter from the Storm is seeking experience members to share their Experience, Strength and Hope for more diversity

Starting Point

Friday 8:00-9:00 pm, St. John the Baptist Church, 26 Purcell's Cove Road, Halifax

GSR: Laurie G Alt GSR: None

Beginning Balance: \$453.15 7th **Tradition:** \$158.70 **Literature Sold:** \$0.00 **Other:** \$0.00 **Total**
Income: \$611.85 **Rent:** \$90.00 **Literature Order:** \$39.00 **Other:** \$100.00 (Bank chqs) **GSR**
Fund: \$0.00 **ASC Contribution:** \$150.00 **Total Expenses:** \$413.18 **Prudent Reserve:** \$48.67
Total GSR Fund: \$150.00 **Ending Balance:** \$11.50

Home Group Members: 10 **Members at Business Meeting:** 7 **Average Attendance:** 25

Strength in Numbers

Sunday 7:30-8:30 pm; St. James Church Hall, 181 Portland Street, Dartmouth

GSR: Darrell A Alt GSR: none

Beginning Balance: \$378.85 **7th Tradition:** \$50.00 (guess) **Literature Sold:** \$ **Other:** \$
Total Income: \$ **Rent:** \$100.00 (4 months) **Literature Order:** \$116.65 **Other:** \$1.95
GSR Fund: \$? **ASC Contribution:** \$50.00 **Total Expenses:** \$218.60 **Prudent Reserve:** \$60.25
Total GSR Fund: \$150.00 **Ending Balance:** \$0.00
Home Group Members: **Members at Business Meeting:** **Average Attendance:**

Survivors

Tuesday 7:30 – 8:30 pm, Knox United Church, 567 Sackville Drive, Sackville

GSR: Danni R Alt GSR: Jimmy P

No Report

You Have a Choice Today

Friday 7:30-8:30 pm, St. James Church Hall, 181 Portland St. Dartmouth

GSR: Pete B Alt GSR:

Beginning Balance: \$225.75 **7th Tradition:** \$165.05 **Literature Sold:** \$ 13.50
Other: \$ **Total Income:** \$405.75 **Rent:** 75.00 (Dec., Jan., and Feb.)
Literature Order: \$ 40.00 **Other:** \$5.00 (bank fees) **GSR Fund:** \$150.00
ASC Contribution: \$55.00 **Total Expenses:** \$ **Total GSR Fund:** \$40.00
Total Prudent Reserve: \$75.00 **Total Group Reserve:** \$150.00
Ending Balance: \$0
Home Group Members: 3 **Members at Business Meeting:** 3 **Average Attendance:** 20
Announcements: Reminder: Living Clean First Friday of the Month YHACT needs home group members.

Young & Free

Tuesday 7:30-8:30 pm, Holy Trinity Church, 30 Alfred Street, Dartmouth

GSR: Vacant GSR Alt: Rachael T

No Report

GROUP REPORTS FROM OUTSIDE HRM

Circle of Hope

Thursday 8:30-9:30 pm, Nepisi Building, 70 Gabriel Street, Eskasoni First Nation, CB

GSR: Jolita L Alt. GSR: Jimmy Y

Absent; No Report

Clean if you Want to Be

Saturday 8-9:00 pm, Holy Trinity Church Hall, 78 Alexandria Avenue, Bridgewater

GSR: None Alt GSR: None

Absent; No Report

Love Life

Wednesday, 8:00 p.m., Northside Learning Centre, 55 King St, Sydney Mines

GSR: Grant M Alt. GSR: Dave C

Beginning Balance: \$-77.35 **7th Tradition:** \$161.90 **Literature Sold:** \$40.00 **Other:** \$0.00

Total Income: \$201.90 **Rent:** \$150.00 **Literature Order:** \$? **Other:** \$ **GSR Fund:** \$0.00

ASC Contribution: \$150.00 **Total Expenses:** \$ **Prudent Reserve:** \$150.00

Total GSR Fund: \$450.00 **Ending Balance:** \$

Home Group Members: 8 **Members at Business Meeting:** 6 **Average Attendance:** 28

New Vision

Sunday, Tuesday, Thursday, 8-9 pm, St. Andrews Church, 55 King St. Truro

GSR: Krissy B Alt GSR: Emma

Beginning Balance: \$240.15 **7th Tradition:** \$? **Literature Sold:** \$ **Other:** \$

Total Income: \$240.15 **Rent:** \$100.00 **Literature Order:** \$220.80 **Other:** \$0.00

GSR Fund: \$190.00 **ASC Contribution:** \$0.00 **Total Expenses:** \$ **Prudent Reserve:** \$200.00

Total GSR Fund: \$190.00 **Ending Balance:** \$

Home Group Members: 25 **Members at Business Meeting:** 11 **Average Attendance:** 15

Announcements: Jimmy celebrates 2 years February 18th and Krissy B celebrates 2 years February 25th

Pathway to Peace

Tuesday 6:30-7:30 pm, 120 St. Ninian Street behind St. Ninian's Cathedral, Antigonish

Absent; No Report

Phoenix Group

Sunday 7 – 8pm and Friday 8 – 9pm, Heritage Church 500 Charlotte Street, Sydney

GSR: Jimmy Y Alt GSR: John A

Beginning Balance: \$0.00 **7th Tradition:** \$? **Literature Sold:** \$? **Other:** \$0.00

Total Income: \$0.00 **Rent:** \$1/2 of the 7th collected **Literature Order:** \$? **Other:** \$0.00

GSR Fund: \$ **ASC Contribution:** \$0.00 **Total Expenses:** \$?

Prudent Reserve: \$100.00 **Total GSR Fund:** \$200.00 **Ending Balance:** \$?

Home Group Members: 4 **Members at Business Meeting:** 4 **Average Attendance:** 20 - 25

Announcements: Member from Group will be attending GSR Assembly and do not need financial help. Circle of Hope will need financial help.

John A celebrating 10 years on March 4th

Super Nova

Sunday 7-8:00 pm, 25 Beacon Church, 25 Beacon St. Yarmouth

GSR: Wanda F Alt GSR: None

Absent; No Report

Taking Care of Business

Sunday 8-9:00 pm, Trinity United Church, 151 Temperance St. (Side entrance), New Glasgow

GSR: Mark S Alt GSR: None

Absent; No Report

Talking Circle

Tuesday 8-9:00 pm, Theresa Cremo Health Ctr., 93 Reservation Rd, Waycobah First Nation, CB

GSR: None Alt GSR: None

Absent; No Report

You're Not Alone

Saturday, 7-8:00 pm, Alano Club Rear, 10 McKeen St., Glace Bay

GSR: None Alt GSR: None

Absent; No Report

SUB-COMMITTEE REPORTS

Literature Committee: Dave B (standing in for this month)

Literature Committee Report for ASC – 28 Jan 2018

(To receive the Literature minutes, please email: literaturechaircnana@gmail.com)

Meeting opened at 10:10, with 4 of 7 decision-making members, with 2 members joining, 1 observer.

Reports

Treasurer: We have no Area contribution today, as we are \$105.27 below our prudent reserve. We're not asking Area to top us up.

Bank and Cash

Opening bank	\$1,140.97	Opening cash	\$65.80
Deposited	+ 1,039.55	Cash sales	+ 225.10
NAWS Orders	- 1,243.24	Deposited	- <u>225.90</u>
Bank charges	- 9.90	End cash.....	\$65.00
Copying and supplies	- 92.38		
Nov ASC Contribution.....	- 400.00		
End bank	\$435.00		
Bank and Cash total	\$500.00		

Accounts Receivable

Facility	Date	Invoice	Amount
NS Health			
Withdrawal Management I & II.....	Mar 2017	305836	\$32.00
Withdrawal Management I & II.....	Apr 2017	131361	23.50
Withdrawal Management I & II.....	Aug 2017	684125	42.75
Withdrawal Management I & II.....	Sep 2017	519451	3.00
Withdrawal Management I & II.....	Oct 2017	519476	<u>3.00</u>
Total Accounts Receivable			\$104.25

Assets

Bank and Cash total	\$500.00
Inventory on hand	+ 5,998.98
Prudent Reserve	- 6,500.00
Accounts receivable reserve.....	- <u>104.25</u>
Balance after Prudent Reserve	- \$105.27

Old Business

Open positions:

Chairperson: no nominations or volunteers for Area consideration.

Vice-Chair: no nominations or volunteers.

Treasurer: no nominations or volunteers. Rob agreed to serve for another month.

Alternate Treasurer: no nominations or volunteers.

Announcements and Reminders to Groups

Reminders to groups are now handed out to groups with their order. This is done every few months.

Announcements: We need a Chairperson, Vice-Chair, Treasurer, and Alternate Treasurer. For more info, see the Literature guidelines at www.centralnovaarea.ca. Click on SERVICE, and scroll down to CNA RESOURCES.

Next meeting: 25 Feb 2018. Closed at 11:07 with the 3rd Step Prayer. YIS, Dave B.

Activities Committee: David C (standing in for this month)

Greetings friends from Activities,

We met yesterday with 7/8 voting members and 2 observers.

Open positions are as follows: Chair, Vice Chair, Treasurer, Assistant, Programming, Registrar and Assistant Registrar. The position of Hospitality and Assistant Hospitality Coordinator have been filled. Though there is a lot of positions open Activities feels it will be able to successfully fulfil its services for the month of February. Most members are doing what they can to help with the duties of the open positions and all position are duties are being done. David C has volunteered to Chair the next Activities Business Meeting on February 24th and write a report for Area. He will not come to Area and answer questions. The answering of questions at Area is a vital part of this position, because it is how information is transferred from the Groups to the Committee. Having someone step up as a Chair for this duty is important and David is willing to mentor anyone who is interested and meets the requirements.

All Events over the last two months went well. A few differences of opinions on how things could have been done, personality differences but for the most part these have been rectified and are a living process more than a wall hitting experience. Inn Out of the Cold had plenty of the food and plenty of fellowshiping. All in all 89 attendees, breakfast was served and 45 people stayed for dinner. This Event had contributions of \$327 as well as lots of food which was used for this Event or was utilized on New Year's. People's main issue was that it was only one day. We have rectified this for next year and have secured a spot and the Event will be for a duration of three days. A big thank you to Julee A and all of the other volunteers who helped out and to all who attended.

New Year's Eve dinner and dance was well attended with 55 attendees and more than half paying the \$10 suggested contribution to attend. Lots of food, lots dancing and lots of fellowshiping. Thanks to Jennifer M for being the point person and for coordinating a fun, safe Event.

Games Day in January after the Just For Today meeting was well attended and we hope to continue with this location in the future. The next one is February 3rd at 1 p.m. Games Night in Truro went well with 16 attendees. These Events in Truro will be random depending on the travelling for the member coordinating the Event. Next Games Night will be in Dartmouth on Alfred Street on February 24th after the Road to Recovery meeting. Because of members contributing financially to these Events, Activities is above its Prudent Reserve by \$93.82 which will be contributed to Area.

There will be a Valentine's Dance February 10th after the Road to Recovery meeting on Alfred Street. \$7 is the suggested contribution – please give what you can (if you are unable to give, please come anyway).

March 24th Speaker Jam is coming, and fliers will be available soon. Truro Convention is May 18th, 19th and 20th – please see Dave B or David C to pre-register. Preregistration helps with the costs the Committee needs before the Event to pay for travel planning and a lot of other things. What things? Come to the next Activities Business Meeting and find out!

Yours in Service,
David C

Activities Committee Financial Report: Jennifer M

Public Relations Committee: Danielle P

Hello Family –

On behalf of Danielle P and the PR Subcommittee, here are the highlights of our efficient and informative meeting today.

All commitments fulfilled by our panel leaders for Withdrawal Management, Men's and Women's Correctional Center and Marguerite Center. There were no outstanding issues reported for December or January.

Interest in poster drives and participating in public information commitments are on the rise and our coordinators for both areas are obtaining names of those interested.

Our phone line coordinator updated the group on call for December (total 39 calls) and January (total 27 calls). The cell phone is being passed along to a local member today – with phone line carrier 101 training to accompany.

The Spring into Recovery Event in March will also have time on the agenda for a PR related workshop / learning. The group has some creative ideas as to how to approach this to engage the fellowship in a meaningful way.

That's all for now – great meeting today. Thank you for the opportunity to serve!

Yours in loving service,
Louise G, for Danielle P

EXECUTIVE REPORTS

Regional Committee Member (RCM): John B

Report not submitted at time of sending minutes

Vice-Chair Report: Jim F

No Report

Area Chair: Mary R

No Report

Treasurer Report: Supriya D

Full report will be submitted before next Area

Alternate Treasurer's Report: Doug

\$893 in contributions

\$708 expenses

Insurance premiums due next month

Full report will be forwarded before next Area

OLD BUSINESS:Nominations for Positions:Literature Chairperson

No nominations or volunteers

Alternate RCM

No nominations or volunteers

Activities Chairperson

No nominations or volunteers

OPEN FORUM

- Request - Nature of Recovery Group, their current location is loud not quite appropriate. Grateful to have it but not quite a good fit. Looking for feedback and other members help. Looking to stay on the Peninsula.
- Merchandise Coordinator, suggestions of merchandise – looking for feedback on previous meetings – meetings that were held in the past – would like to possibly list all the meetings on the back of the t-shirt. Anyone who has information on old Groups/Meeting lists, please provide information to Jamie S.
- When Insurance Policy is available can it be made available to Area Secretary to be sent to all Groups.

GROUP CONCERNS:

- Concern about Survivors Group not being open on December 26th. Survivors Group to provide feedback and this will be followed-up next month.
- If Groups are not present today, how do they go about getting funding for GSR Assembly? Executive met over the break and Circle of Hope will be provided with funding - \$200 to be given to Jim (Phoenix Group) to pass on to Jolita with the understanding that if all is not spent, rest will be returned along with receipts. Area does need to receive an official request – an email can be sent to the Area Secretary by February 4th at the absolute latest. The email will then be forwarded along to the members of Executive for processing cheque
- Snow date for Regional Assembly is February 24th and 25th which runs the same time as Area weekend. Area Secretary will, in the next week contact the hospital to see if the room is available the first weekend in March, in the event of Regional being held on the 24th & 25th. The Area Secretary will be in touch.

MOTIONS:

Motion #1: Area host a workshop regarding the CAR, so that the GSRs/members have a better understanding and knowledge

Intent: To foster unity and in making informed decisions regarding the CAR motions

Maker: Get Honest or Die **Second:** Pride In Our Recovery

Ruled Out of Order

The 7th Tradition collected was \$24.25 Stephane C motioned to adjourn Doug S seconded; All were in favor. The meeting ended at approximately 4:30 p.m. with a closing circle and the 3rd Step Prayer.

Yours in Service,

Julee A,

Area Secretary

(Please see next page for next Area dates and location information)

The next Area meeting will be the last Sunday of the month, February 25, 2017 at the QEII Dickson Building, 5820 University Ave, Halifax

Central Nova Area Committee Meeting Times

Committee	Meeting Time	
Activities Committee (Saturday)	3:00 pm – 6:00 pm	Room 5110
PR Committee (Sunday)	11:00 am – 1:30 pm	Room 5110
Literature Committee (Sunday)	10:00 am – 11:30 am	Room 5132
Literature Sales (Sunday)	11:30 am – 1:00 pm	Room 5132
<i>All Literature orders must be received by 1:00 pm</i>		
Area Service (Sunday)	2:00 pm until finished.	Room 5110