

Month	Date	Activity/Event
Oct	Sat 30	<p align="center">Fall into Recovery</p> <p align="center">322 Herring Cove Rd., Spryfield – Noon to midnight</p> <p align="center">Speakers – PR presentation – Supper</p> <p align="center">Clean time countdown and Halloween costume dance</p> <p align="center">\$15.00 for all day / \$5.00 Dance only / No cost PR presentation at noon</p> <p align="center">See the poster at centralnovaarea.ca/events</p> <p align="center"><u>NOTE</u></p> <p align="center">NS Health regulations state that Masks ARE required. Proof of Vaccination IS required for the supper and dance portion of the day. Proof is NOT required for the day’s meetings.</p>
Nov	Sat 27	<p>Activities Committee meeting at 10:00 am</p> <p align="center">Zoom ID: 809 117 884. Password: “cnana” all lower case</p>
Dec	Sat 18	<p>Activities Committee meeting at 10:00 am</p> <p align="center">Zoom ID: 809 117 884. Password: “cnana” all lower case</p>
	Sat 25	<p align="center">Inn Out of the Cold</p> <p align="center">Free one-day event.</p> <p align="center">Opens at 10:30 am with a pancake brunch. 5:00 pm supper.</p> <p align="center">Meetings, games, entertainment, and a candlelight meeting at 7:30 pm.</p> <p align="center">Location being finalized</p> <p align="center"><u>NOTE</u></p> <p align="center">NS Health regulations state that Masks ARE required. Proof of Vaccination IS required for the supper portion of the day. Proof is NOT required for the day’s meetings.</p>
	Fri 31	<p align="center">New Year’s Dinner and Dance</p> <p align="center">Plated dinner (not potluck)</p> <p align="center">\$10.00 per person Doors open at 5:45 pm</p> <p align="center">Meal at 6:00 pm / Meeting at 7:30 pm / Dance 9:00 pm to 12:30 am</p> <p align="center">Prizes to be won! Canteen available</p> <p align="center">Location being finalized</p> <p align="center"><u>NOTE</u></p> <p align="center">NS Health regulations state that Masks ARE required. Proof of Vaccination IS required for the supper and dance portion of the day. Proof is NOT required for the day’s meetings.</p>

